

## ST. IGNATIUS VOLLEYBALL ANNOUNCEMENT

For Immediate Release Wednesday, May 11, 2022



## Saga Vae, Head Women's Volleyball Coach

The St. Ignatius Athletic Department is excited to announce **Saga Vae** as SI's new Head Women's Volleyball Coach.

Saga joins SI with over 20 years of coaching experience at the college and club level. Saga has a proven track record of designing impactful training programs, building successful teams, developing player skills and heavy experience in organizational operations.

Saga prioritizes the following in his profile: effective team builder, creates individualized skill planning, provides motivational leadership, coaches endurance and strength training, develops offensive and defensive strategies, and creates pathways for national recruiting to college.

Since 2009, Saga has been the head women's coach at City College of San Francisco. His team have made multiple state playoff appearances, coached numerous student-athletes who received All-American, All-State, and All-Conference awards, and developed numerous athletes who accepted Division 1 scholarships. Additionally, Saga coached and mentored the CCSF Men's Club Volleyball Team and was an assistant volleyball coach with the University of San Francisco Dons.

At the club level, Saga was the head coach of multiple teams with the SF Tremors Volleyball Club. He coached numerous age groups who qualified for Junior Olympics. In 2017, Saga started the SF Elite Volleyball Club. He is the club director and coaches multiple teams. In a short time, Saga has had several teams qualify for Junior Nationals and helped numerous athletes gain collegiate volleyball offers.

Saga looks forward to developing the character and integrity of each athlete to enable success in life through excellence in volleyball.

Sincerely,

John Mulkerrins Athletic Director

**Contact Information** 

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