



WILDCAT FOOTBALL

St. Ignatius College Preparatory * 2001 37th Avenue, San Francisco, Ca 94116 * (415) 731-7500 * www.siprep.org

June 2021

Dear Parent(s),

Welcome to the Saint Ignatius community! As you prepare for the coming 2021-2022 academic year, we would like to share some important information about freshman try-outs for the Saint Ignatius Freshman Football team. **Tryouts begin Monday, August 9, 2021.** Please review and read through **ALL** of the following information:

MEDICAL CLEARANCE FORM – Submitted online prior to August 1, 2021

Before any prospective player can participate in tryouts, they **MUST** have their medical clearance form on file with the athletic department. Please register your athlete through **Family ID** with the link below to upload your medical clearance form.

<https://www.familyid.com/st-ignatius-college-preparatory>

Once your medical clearance form is submitted online through FAMILY ID, you will receive a clearance email from the Athletic Department. You must receive this approval prior to August 1st. For questions regarding medical clearance, email Josh Pendleton, St. Ignatius Head Athletic Trainer (email below).

SIGN UP TO TRYOUT – Sign Up by August 1, 2021

Use this [LINK](#) to reserve a spot on the tryout list by **August 1st** so we can get a head count for equipment needed. When you sign up you will pick a time slot of 11:00 / 12:00 / 1:00 or 2:00 to take your ImPact Test (there will be 20 students per time slot). Depending on what time slot you pick, you also need to get fitted and pick up your equipment either before or after your ImPact test.

Bring a snack, lunch, water, and summer homework to stay productive during down time.

FOOTBALL EQUIPMENT & HELMET DISTRIBUTION – Monday, August 9, 2021

Athletes will try-out in **full pads**. Prospective players are required to report to the football equipment room at SI to get fitted for their pads and equipment on **Monday, August 9th during the time you signed up for**. Once fitted by our staff, both the pad distribution and ImPact testing should conclude by 3:00 pm (there may be some waiting around between getting pad/helmets and waiting for ImPact testing so bring a book or iPad so you have something to do). There will be a break from 3:00 to 3:30 for lunch before you practice from 3:30 to 5:45. Plan the day accordingly.

All St. Ignatius football players must use the helmets and shoulder pads distributed by the SI football program.

ImPACT TESTING – Monday, August 9, 2021

All freshman football players **must participate** in an ImPact computerized test administered and provided by UCSF measuring a baseline for each athlete. This must be completed on **Monday, August 9th** in order for all athletes to be eligible to tryout for the team. Each athlete **must have a filled out consent form and questionnaire** (included with this letter) and bring \$30 for the cost of the test (if you are paying by check, make it out to Saint Ignatius).

TRYOUT INFORMATION

Attached with this letter is a calendar with the exact times for tryouts and the first week of practice for the athletes that make the team.

SI SUMMER PADDED FOOTBALL SKILLS CAMP INFORMATION

We encourage all freshmen wanting to play football in the fall to come out to our SI summer football padded camp the week of July 19th. This football camp is offered through Championship Performance Athletics and assistant coach Mike Clark. Those players that attend the padded camp will be issued their football equipment they will use when we start our season August 9th. Email Coach Mike Clark for information and registration – cpatraining16@gmail.com

Our program and coaching staff look forward to meeting the athletes and families and having an outstanding season of Wildcat Football! If you have any questions, let us know (contact information below).

Go Cats!

Matt Stecher
 Head Freshman Coach, St. Ignatius Football
mstecher@siprep.org

Jason Pendleton
 Head Athletic Trainer, St. Ignatius
jpendleton@siprep.org

CHECK LIST for Monday, August 9th, 2021:

- Medical Clearance APPROVED prior to August 1st.
- Sign up for a tryout spot & ImPact test time – Click this [LINK](#)
- ImPact Testing Consent form – Click this [LINK](#)
(NO PARENT CONSENT FORM = NOT ABLE TO TAKE ImPACT)
- Check for \$30.00 made to St. Ignatius (for ImPact Testing)

August 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8	9 Pads/ImPact Testing: 11:00 – 3:00p 3:30 – 5:45p	10 3:30 – 5:45p	11 3:30 – 5:45p	12 3:30 – 5:45p	13 3:30 – 5:45p Final Roster posted, 7pm	14 9:00am – 12:00pm Practice (Full Pads)
15 Freshman Student & Family Orientation	16 3:00 – 5:45p Practice (Full Pads)	17 3:00 – 5:45p Practice (Full Pads)	18 3:00 – 5:45p Practice (Full Pads)	19 3:00 – 5:45p Practice (Full Pads)	20 3:00 – 5:45p Practice (Full Pads) 1 st Day of School	21 Football Media Day / Team Pictures / Parents Meeting Time, TBA
22	23 3:30 – 5:45p Practice (Full Pads)	24 3:30 – 5:45p Practice (Full Pads)	25 3:30 – 5:45p Practice (Full Pads)	26 3:30 – 5:45p Practice (Full Pads)	27 3:30 – 5:45p Practice (Full Pads)	28 WCAL Jamboree @ Bellarmine, TBA

The first day of try-outs will be on **Monday, August 9th**. The first day is **without pads**; players will meet in the East Football Stands (Home Stands). Tryouts will resume on Tuesday, August 10th in **full pads** and will continue through Friday, August 13th. The final roster will be set by the end of try-outs on Friday, August 13th.

Monday, August 9th will be the only day of try-outs without pads. Players should wear a school-color t-shirt with LAST NAME written clearly on the front & back, shorts, and athletic shoes (cleats). From Tuesday, August 10th to Friday, August 13th, players will be expected to wear the proper practice attire; helmet with athletic tape on the front and back with their LAST NAME printed on the tape, a **molded** mouth piece (purchased on your own), all provided pads, their practice uniform, and non-metal cleats. Missing equipment will result in the prospective player sitting out the tryout day. **ALL PRACTICES WILL END BEFORE THE 6 PM BUS HOME.**

All players planning on trying out for Football must be present for the full tryout week. Tryouts are only for the players and coaches. Families are asked to respect the program expectation that tryouts and practices are closed.

PLAYERS WILL BE EVALUATED IN THE FOLLOWING AREAS DURING TRYOUTS & THROUGH THE DURATION OF THE SEASON:

- 1) **ATTITUDE:** Coach-ability, work ethic, expecting success, work WITH teammates.
- 2) **DESIRE:** to learn, to play, to improve football I.Q. Desire ALL of what comes with SI Football – Our SI Football Culture.
- 3) **COMMITMENT:** willingness to put personal needs aside for the team. Believe in Our SI Football Culture.
- 4) **COMPETITIVE MINDSET:** confidence to compete at a high level within abilities. Ready, Respond, Refocus in competitive situations regardless of the result.
- 5) **SERVANT LEADERSHIP:** Working to make an IMPACT in the lives of the people around them. Awareness of more than self.
- 6) **ATTENDANCE & PUNCTUALITY:** Be on time for all team activities. Be present to your teammates.
- 7) **KNOWLEDGE:** offense, defense and special teams schemes, responsibilities and assignments
- 8) **ATHLETIC ABILITY:** Strength, Speed & Athleticism
- 9) **FOOTBALL FUNDAMENTALS:** Football Skills and Football ability