



# how to use FLASHCARDS

**LEVEL 1** Write the term on one side and the definition on the other. Quiz yourself. Start with the definition and see if you can remember the term, then switch.

**LEVEL 2** Pick up a term. On a separate sheet of paper, write down the definition. Do this for a handful of cards and then grade yourself on your answer. Don't be "close" - be right on!

**LEVEL 3** Make your cards, but create separate cards for the term and the definition. Stick the terms to one side of your room/classroom/study location. Select the definition that best fits one of the terms. While walking to other side of the room, read it and talk to yourself about what you are reading. Try and "teach yourself" the concept. Then switch; try and match the terms with the posted definitions.

**TAKEAWAY** The more you interact with the information you're studying, the better prepared you will be for an exam. Flashcards help you implement "active studying," as opposed to "passive studying" (i.e. staring at a textbook).

## TERM

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## DEFINITION

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