



# A.M.D.G.



## St. Ignatius Track and Field Varsity Boys Records revised 10/17

"C" Denotes Hand Time. Electric Time -.24

<u>100 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>1600 Meter Run</u>	<u>Time</u>	<u>Year</u>
Mike Kennedy	10.79	2010	Klaus Hoffman	04:09.64c	1968
Time Alexis	10.83	2010	Brendan Fitzgibbon	04:11.3	1997
Jim Mezzera	10.86	2008	Brad Hansen	04:13.1	1996
Dan Piro	10.7c	1961	Ken Howard	04:14.22c	1964
Xonie Lloyd	10.7c	1973	Mike Porter	04:14.64c	1972
Jerome Williams	10.7c	1974	Ciaran Murphy	04:14.71c	2013
Dan Magee	10.7c	1976	Tony Fotinos	04:14.91c	1973
Bill Ryan	10.7c	1977	Neil McDonagh	04:16.0	2000
Tyrone Taylor	10.8c	1985	Mike Reher	04:16.7	2010
Matt Devine	10.8c	1984	Mark McManus	04:17.0	1992
Ernie Regerio	10.8c	1947			
<u>200 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>3200 Meter Run</u>	<u>Time</u>	<u>Year</u>
Dan Piro	21.38c	1961	Chris Cole	09:09.39c	1972
Xonie Lloyd	21.47c	1973	Klaus Hoffman	09:13.37c	1968
Dan Magee	21.47c	1975	Brad Hansen	09:17.2	1996
Mike Kelly	21.77c	1972	Neil McDonagh	09:17.9	2000
Martin Logue	21.87	1992	Mark McManus	09:18.7	1992
Rob Hickox	21.87c	1972	Paul Wellman	09:23.2	1996
Peter Jeter	21.94c	1983	John McVeigh	09:23.51c	1973
Gil Pacaldo	22.14c	1979	Mike Porter	09:27.79c	1972
Nick Kopec	22.21	2000	Peter Birsinger	09:28.8	2009
Charles Taylor	22.34c	1986	Nick Alvarado	09:29.9	2006
<u>400 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>300 IM Hurdles</u>	<u>Time</u>	<u>Year</u>
Carlos Tan	47.5c	1956	Tom McGuirk	38.04	1989
Paul McCarthy	48.5c	1975	David Swan	38.16	1992
Dan Magee	48.5c	1976	John Young	39.11	1995
Tom Mezzera	48.68	2008	Parker Berling	39.24	2002
Mike Kelly	48.7c	1972	Josh Harris	39.45	2000
Rob Hickox	48.9c	1972	Matt Morse	39.91	1991
Martin Logue	49.26	1992	Brendan Hall	39.97	1997
David Swan	49.49	1992	David Hall	40.03	2001
Ben Daniels	49.91	1997	Ben Ferdon	40.04	1991
Simon Lim	49.99	2003	Jeff Maggioncalda	40.27	1987
<u>800 Meter Run</u>	<u>Time</u>	<u>Year</u>	<u>110m High Hurdles</u>	<u>Time</u>	<u>Year</u>
Neil Fitzgerald	01:50.8	1986	Matt Morse	14.51	1991
Brendan Fitzgibbon	01:52.6	1997	Brendan Hall	14.72	1997
Paul McCarthy	01:53.9	1975	Bill Ryan	14.6c	1977
Tom Loftus	01:54.2	1986	Charles Williams	14.6c	1978
Dennis Burns	01:54.3	1976	Dave Dawson	14.6c	1955
Joe Montoya	01:54.6c	1968	Matt Devine	14.7c	1984
Brian Jeffrey	01:54.7c	1981	Mike Peters	14.7c	1981
Terry Ward	01:55.7c	1963	Mark Wildermuth	14.8c	1972
Kerger Truesdell	01:56.1	2002	Marcel Thompson	14.99	2005
Michael Reher	01:56.2	2010	Bill Barrett	14.9c	1955

<u>High Jump</u>	<u>Height</u>	<u>Year</u>	<u>Long Jump</u>	<u>Length</u>	<u>Year</u>
Colman Conroy	6' 10.25"	1988	Elliot Ferrara	23' 4.75"	2007
Steve Smith	6' 10"	1984	Jason Errico	23' .5"	1991
Peter Imperial	6' 8.5"	1977	Mike Kennedy	23' 0"	2010
Clyde Sadler	6' 8"	1968	Charlton Buckley	22' 10"	1955
Andy Richen	6' 8"	1993	Xonie Lloyd	22' 6"	1973
Tim Crudo	6' 7"	1979	Sean Laughlin	22' 6"	1982
Jim Paver	6"7"	1974	Sydney Roberts	22' 3.5"	1990
Tom Zehnder	6' 6"	1985	Rob Young	22' 3.5"	2002
Steve Flynn	6' 5"	1979	Gil Pacaldo	22' 2.5"	1979
John Turner	6' 4.5"	1982	Mike Gilmore	22' 0"	1973

<u>Pole Vault</u>	<u>Height</u>	<u>Year</u>	<u>Triple Jump</u>	<u>Length</u>	<u>Year</u>
Jason Lueck	15' 7"	1999	Josiah Larkin	46'	1994
Geoff Watson	14' 10"	1988	Steve Bluford	45' 6.5"	1984
Eric Dill	14' 8"	2009	Greg Maggioncalda	45' 4"	1988
Paul Roache	14' 6"	1978	Elliot Ferrara	45' 3.5"	2007
Jim Watson	14' 6"	1993	Julius Yap	44' 11.5"	1973
Matt May	14' 6"	2009	Mike Gilmore	44' 11"	1972
Matt Devine	14'	1984	Bob Beck	44' 10"	1972
Chip Keating	14"	2003	Rene Acosta	44' 4"	1984
Kevin Yip	14"	2006	Hank Thompson	43' 11"	2017
Tom Colton	13' 7.5"	1955	Jeff Bipes	43' 10"	1972

<u>Discus Throw</u>	<u>Length</u>	<u>Year</u>	<u>Shot Put</u>	<u>Length</u>	<u>Year</u>
Chris DeMartini	195' 6"	1994	Bruce Parker	62' 7"	1978
Ivan Zasimczuk	175' 10"	1992	Dave Gherardi	62' 1.5"	1972
Peter DiMartini	173' 11.5"	1976	Chris DeMartini	61' .5"	1994
Dave Gherardi	172' 7.5"	1972	Peter Downey	58' 8"	1961
Mike Gravelle	171' 4"	1983	Jason Dossey	56' 11"	1992
Jason Dossey	166' 7"	1992	Brian Wilhelm	56' 10.25"	2004
John Garvey	165' 3"	1980	Tom Hally	56' 4"	1963
John Antonini	163' 4"	1996	Aaron Lewis	56' 3"	1994
Aaron Lewis	163' 1"	1994	Hosea Nelson	55' 10"	1994
Kevin Shannon	162' 6"	1974	Jack Cremen	55' 7"	1979

<u>4x100 Meter Relay</u>	<u>Time</u>	<u>Year</u>	<u>4x400 Meter Relay</u>	<u>Time</u>	<u>Year</u>
Mike Kennedy	42.31	2010	Mark D'Acquisto	03:18.9	1992
Zac Schuller			Rick McAllister		
Will Bello			David Swan		
Time Alexis			Martin Logue		
John Garcia	42.59	1999	Tom Loftus	03:19.8	1986
Nick Kopec			Brad Roldan		
Steve Lee			Greg Gamp		
Chris Byrd			Neil Fitzgerald		
Chadid Conley	42.8	2008	Mark D'Acquisto	03:20.6	1991
Mike Kennedy			Rick McAllister		
Tom Mezzera			David Swan		
Jim Mezzera			Martin Logue		



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## St. Ignatius Track and Field Soph/Frosh Boys Records revised 10/17

("C" Denotes Hand-Timed Results)

<u>100 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>1600 Meter Run</u>	<u>Time</u>	<u>Year</u>
Andy Gonzalez	10.95	1994	Neil McDonagh	04:23.9	1998
Gil Pacaldo	10.8c	1977	Ciaran Murphy	04:24.0	2011
Charles Taylor	11	1986	Kevin Lehr	04:24.7	2014
Mike Kennedy	11.11	2008	Brad Hansen	04:25.6	1994
Spencer Becerra	11.2	2013	Mark McManus	04:26.5	1990
Nick Kopec	11.21	1999	Klaus Hoffman	04:26.74c	1966
Chris Byrd	11.26	1997	Mike Porter	04:27.44c	1970
DiMarco Hoskins	11.26	2003	Greg Innes	04:28.4	2007
Bernard Wright	11.26c	1971	Brad Glosser	04:28.4	1990
Bill Buchar	11.26c	1975	Chris Cole	4:29.43c	1970

  

<u>200 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>3200 Meter Run</u>	<u>Time</u>	<u>Year</u>
Charles Taylor	22.1c	1986	Brad Hansen	09:23.2	1994
Bill Ryan	22.1c	1975	Neil McDonagh	09:31.8	1997
Damien Rand	22.39	1994	Dave Schmidt	09:42.1	1972
DiMarco Hoskins	22.69	2003	Chris Cole	09:42.3	1970
Simon Lim	22.9	2001	Nick Alvarado	09:46.6	2004
Sean Laughlin	22.7c	1980	Mark McManus	09:49.0	1990
Cesar Contreras	22.9	1989	Brad Glosser	09:50.2	1990
Martin Logue	22.9	1989	John McVeigh	09:50.4	1971
Terry Ward	22.97c	1961	J.P. Bergez	10:02.0	1991
Bill Carle	22.97c	1970	Raymond Breault	10:02.1	2014

  

<u>400 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>300 IM Hurdles</u>	<u>Time</u>	<u>Year</u>
Dan Magee	50.4c	1974	Tom McGuirk	39.6	1987
Terry Ward	50.6c	1961	David Swan	40.6	1990
Tom McGuirk	50.8	1987	Jeff Maggioncalda	41.2	1985
Martin Logue	50.9	1990	Nick Kopec	41.58	1999
Damien Rand	51.28	1994	John Young	42.13	1993
Rick McAllister	51.1	1990	Steven Ma	42.95	2007
Tom Mezzera	51.44	2006	David Hall	43.17	1999
Simon Lim	51.46	2001	Joe Strizich	43.49	2007
Rob Hickox	51.6c	1970	Marcel Thompson	44.33	2003
Josh Harris	51.89	1998	Andre DeLeon	44.65	2013

  

<u>800 Meter Run</u>	<u>Time</u>	<u>Year</u>	<u>65m High Hurdles</u>	<u>Time</u>	<u>Year</u>
Neil Fitzgerald	1:57.8	1984	Nick Kopec	9.15	1998
Mike Reher	01:57.8	2008	Jeff Maggioncalda	9.0c	1985
Neil McDonagh	01:58.2	1998	Juan Mitchell	9.1c	1973
Ciaran Murphy	01:58.2	2011	John Kang	9.1c	1987
Paul McCarthy	1:58.4c	1973	Jim Tierney	9.1c	1976
Terry Ward	1:59.1c	1961	Greg Corvi	9.1c	1980
Ben Osipow	01:59.3	2013	Andre DeLeon	9.4	2013
Brian Jeffrey	01:59.9	1979	Marcel Thompson	9.69	2003
Kevin Lehr	02:00.4	2013	David Hall	9.82	1999
<b>Matt Fisher</b>	<b>02:00.9</b>	2016	Ryan Barry/William Bello	9.89	2017/2007

<u>High Jump</u>			<u>Long Jump</u>		
	<u>Height</u>	<u>Year</u>		<u>Length</u>	<u>Year</u>
Colman Conroy	6' 4"	1986	Jason Errico	22' 3"	1990
John Turner	6' 4"	1978	Marcus Sweeney	21' 8.5"	2017
Tim Crudo	6' 3"	1978	DiMarco Hoskins	21' 6"	2003
Clyde Sadler	6' 2.5"	1966	Hank Thompson	21' 4.75"	2017
Chinedu Anyiam	6' 2"	2001	James Wong	21' 4.5"	1993
Phil O'Reilly	6' 2"	1984	Giovanni Galaread	21' 4"	2003
Joe Strizich	6' 2"	2006	Jerome Williams	21' 4"	1973
Parker Berling	6' 2"	2000	Elliot Ferrara	21' 0.5"	2005
Gil Pacaldo	6' 1"	1977	Luke Brugnara	21' 0"	1979
Matt Teupel	6' 0"	2017	Francis DeLaCruz	20' 10.5"	1995
Phil Otto/Ithan Babb	6' 0"	2010			
<u>Pole Vault</u>			<u>Triple Jump</u>		
	<u>Height</u>	<u>Year</u>		<u>Length</u>	<u>Year</u>
Jason Lueck	13' 6"	1997	Hank Thompson	43' 11"	2017
Paolo DiGiovanni	13' 0"	2008	Damon Pierson	43' 8.5"	1986
Sam Carhart	13' 0"	2014	Elliot Ferrari	43' 8.5"	2005
Jason Tully	12' 8"	1990	Julius Yap	43' .05"	1972
Matt May	12' 6"	2007	James Wong	43' 0"	1992
Rob Mascheroni	12' 6"	1979	Tasar Curry	42' 11"	1986
Paul Roache	12' 6"	1976	Ramon Pena	42' 11"	1997
Nick Jose	12' 0"	2007	Mike Gilmore	41' 11"	1971
Rian Lynch	12' 0"	2011	Nic Cashman	40' 6"	2006
Dylan Sabalvaro	12' 0"	2016	Brian Martin	40' 3"	1978
Nick Zabit	12' 0"	2015			
<u>Discus Throw</u>			<u>Shot Put</u>		
	<u>Length</u>	<u>Year</u>		<u>Length</u>	<u>Year</u>
Kevin Blohm	161' 10"	2011	Aaron Lewis	55' 11.5"	1993
Chris DeMartini	160-10.5"	1992	Bruce Parker	55' 6.5"	1976
Igor Olshansky	153' 6"	1998	Alex Karakozoff	55' 1"	1971
Jaedon Roberts	151' 11"	2017	Igor Olshansky	55' .5"	1998
Alex Karakozoff	147' 10"	1971	Kevin Shannon	53' 9"	1972
John Garvey	143' 7"	1978	Dave Gherardi	53' 3.5"	1970
Pete DeMartini	143' 3"	1974	Ivan Zasimczuk	51' 4"	1990
Mike Lawlor	135' 7"	1970	Dom Pasquali	51' 1"	2007
Kelly Turbin	133' 7"	1998	Chris Blohm	51'	2005
Dan Lang	133' 7"	1984	Hosea Nelson	51'	1993
<u>4x100 Meter Relay</u>			<u>4x400 Meter Relay</u>		
	<u>Time</u>	<u>Year</u>		<u>Time</u>	<u>Year</u>
Cesar Contreras	43.87	1990	Rick McAllister	03:28.6	1990
David Swan			David Swan		
Jason Errico			Jason Errico		
Martin Logue			Martin Logue		
Chaz Morales	44.65	2003	Al Robinson	03:29.9	1970
Marcel Thompson			Paul Kenney		
Simon Lim			Carl Perez		
DiMarco Hoskins			Rob Hickox		
Ken Hom	44.82	1994	Kerger Truesdell	03:31.6	1999
Andy Gonzalez			Aaron Hines		
Francis Delacruz			Parker Berling		
Damien Rand			Nick Kopec		



# A.M.D.G.



## St. Ignatius Track and Field Varsity Girls Records revised 6/17

<u>100 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>1600 Meter Run</u>	<u>Time</u>	<u>Year</u>
Sommer Washington	12.21	1993	Ciara Viehwig	04:54.3	2004
Skylar Fenton	12.24	2014	Katy Daly	04:58.6	2007
Jasmine Washington	12.34	1997	Kendall Hacker	05:01.3	2013
Carol Trauner	12.35	1994	Ann Baldelli	05:01.3	1994
Kaela Lee	12.47	2017	Katie Appenrodt	05:03.1	1998
Samaya Roberts	12.48	2017	Emilia Janiczek	05:05.6	2015
Regina Juarez	12.54	2015	Marielle Schlueter	05:08.0	1997
Lakeeja Roberts	12.62	1995	Brianna Bilter	05:10.0	2014
Karla Bugtong	12.67	2013	Katie O'Dea	05:11.4	2015
Kelly Roberts	12.77	2007	Erin Smith	05:13.0	2014

  

<u>200 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>3200 Meter Run</u>	<u>Time</u>	<u>Year</u>
Skylar Fenton	25.31	2012	Ciara Viehwig	10:32.3	2003
Jasmine Washington	25.45	1999	Katy Daly	10:32.8	2007
Raquel Whiting	25.94	2014	Laura Sandoval	10:35.3	1994
Sommer Washington	26.04	1993	Katie Appenrodt	10:41.0	1998
Rachel Mikulsky	26.14	2005	Marielle Schlueter	10:58.8	1997
Fiona Smith	26.15	2014	Danielle Dekker	11:00.3	1994
Danielle Smith	26.37	2005	Eileen Grove	11:08.2	1996
Samaya Roberts	26.45	2017	Shana Driscoll	11:12.4	1996
Delaney Peranich	26.58	2017	Kendall Hacker	11:13.0	2013
Sydney Cook-Jeffris	26.63	2017	Emilia Janiczek	11:21.4	2015

  

<u>400 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>300 IM Hurdles</u>	<u>Time</u>	<u>Year</u>
Jasmine Washington	56.34	1999	Delaney Peranich	45.01	2017
Erin Lapping	58.78	1997	Mina Alexis	45.23	2010
Skylar Fenton	59.15	2012	Stella Hall	45.62	2003
Fiona Smith	59.45	2012	Mollie Caselli	45.98	2000
Candy Janachowski	59.54	2011	Alexa Lim	47.92	2017
Delaney Peranich	59.73	2017	Laura Werschky	48.05	1997
Raquel Whiting	59.77	2014	Kelsey Wiegmann	48.2	2000
Sydney Cook-Jeffris	59.87	2017	Ashley Werner	48.37	2003
Maddy Sirianni	59.87	2015	Kelly O'Rourke	48.81	2009
Jazzmontai Gentry	59.88	2004	Mathilda Sullivan	49.63	2017

  

<u>800 Meter Run</u>	<u>Time</u>	<u>Year</u>	<u>100M Hurdles</u>	<u>Time</u>	<u>Year</u>
Ciara Viehwig	02:15.3	2004	Mina Alexis	14.96	2009
Brianna Bilter	02:16.5	2015	Delaney Peranich	15.1	2017
Katie Spence	02:17.1	2013	Stella Hall	15.43	2003
Ann Baldelli	02:18.8	1992	Tiffany Grimes	15.52	2001
Erin Lapping	02:19.2	1999	Mollie Caselli	15.68	2016
Katie Appenrodt	02:19.4	1997	Mika Tanimoto	16.09	2001
Stephanie Libien	02:21.8	1996	Liza Lozovatskaya	16.1	2004
Kendall Hacker	02:22.0	2013	Ashley Werner	16.28	2003
Erin Smith	02:22.7	2013	Alexa Lim	16.3	2016
Megan Mullen	02:24.7	2004	Annie Reis	16.4	1992

<u>High Jump</u>	<u>Height</u>	<u>Year</u>	<u>Long Jump</u>	<u>Length</u>	<u>Year</u>
Jenna Grimaldi	6'0"	2001	Candy Janachowski	18' 6"	2014
Aoife Keane	5' 8"	2001	Kaela Lee	18' 5.75"	2016
M. McDonald-O'Brien	5'7"	2012	Tiffany Grimes	17' 11.5"	2011
Kelsey Wiegmann	5' 7"	2002	Jazzmontai Gentry	17' 8"	2004
Tiffany Grimes	5' 6.25"	2001	Elena Lewis	17' 6"	2017
Devon Tracy	5' 6.25"	2001	Carol Trauner	17' 5"	<b>1994</b>
Delaney Peranich	5" 6.14"	2017	Jessie Balsham	17' 4"	2005
Chelsa Tonelli	5'4"	2006	Cherie Chan	17' 2.75"	2011
Jenny Lee	5' 4"	1997	Sophie Harrison	17' 2"	2003
Ginny Hodges	5' 2"	2009	Erin Young	17' 2"	2003
Indiana Peters	5' 2"	2016			
<u>Pole Vault</u>	<u>Height</u>	<u>Year</u>	<u>Triple Jump</u>	<u>Length</u>	<u>Year</u>
Cyrena Giordano	12' 6"	2007	Devon Tracy	37' 3"	2001
Liza Lozovatskaya	12' 4"	2006	Candy Janachowski	37' 1.5"	2014
Carly Rayburn	11' 6"	2004	Nicole Dobroski	36' 5.5"	1993
Rachel Chen	10' 6"	2002	Kestrel Pon	36' 4"	2016
Karen Errkila	10' 0"	1998	Josie Chan	36' 3.5"	2015
Christie Olsson	10' 0"	1998	Lakeeja Roberts	35' 11"	1996
Allison Sparrow	10' 0"	2004	Laura Deely	35' 2"	2004
Kristen Teupel	10' 0"	2015	Maggie Mattson	34' 10.5"	2009
Amanda Varni	9' 10"	2017	Mimi Mulhern	34' 9.5"	1996
Adrienne Johnson	9' 9"	2016	Jessie Balsham	34' 8.5"	2005
<u>Discus Throw</u>	<u>Length</u>	<u>Year</u>	<u>Shot Put</u>	<u>Length</u>	<u>Year</u>
Jennifer Wilhelm	115' 6"	2006	Talia DeMartini	42' 0"	2006
Francesca Puccinelli	114' 4"	2012	Paige Waters	35' 6"	2015
Megan Dickerson	114' 1"	2013	Lindsey Chen	33' 11"	2015
Talia DeMartini	109' 4"	2006	Jacquilin Hontalas	33' 10"	1999
Paige Waters	108' 2"	2015	Molly Ryan	33' 10"	2009
Alexandra Congi	104' 6"	2006	Maddie Ennis	33' 9"	2016
Nina Anguiano	103' 6'	2007	Sara DeMartini	33' 6"	2007
Frances Valido	103'5"	2001	Mattie Loyce	33' 4"	2007
Adrianna Creese	103' 1"	2009	Jennifer Wilhelm	33' 1"	2006
Monette Benitez	101' 2"	1993	Francesca Puccinelli	33' 0"	2011
<u>4x100 Meter Relay</u>	<u>Time</u>	<u>Year</u>	<u>4x400 Meter Relay</u>	<u>Time</u>	<u>Year</u>
Erica Labson	48.49	1992	Erin Lapping	03:53.7	1997
Carol Trauner			Erica Lipton		
Nicole Dobroski			Katie Appenrodt		
Sommer Washington			Jasmine Washington		
Fiona Smith	48.74	2014	Fiona Smith	03:56.3	2014
Raquel Whiting			Claire Tramontozzi		
Karla Bugtong			Raquel Whiting		
Skylar Fenton			Skylar Fenton		
Erica Labson	48.91	1993	Leslie Hurley	03:57.4	1999
Carol Trauner			Kelsey Wiegmann		
Nicole Dobroski			Erin Lapping		
Sommer Washington			Jasmine Washington		



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## St. Ignace Track and Field Soph/Frosh Girls Records revised 6/17

<u>100 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>1600 Meter Run</u>	<u>Time</u>	<u>Year</u>
Sommer Washington	12.21	1993	Ciara Viehwig	004:56.39	2003
Jasmine Washington	12.34	1997	Katy Daly	04:58.6	2007
Skylar Fenton	12.37	2012	Emilia Janiczek	05:05.6	2015
Samaya Roberts	12.48	2017	Brianna Bilter	05:10.0	2014
Regina Juarez	12.54	2015	Katie O'Dea	05:11.4	2015
Raquel Whiting	12.56	2014	Kate Abbene	05:20.8	1998
Lexi Toliver	12.84	2017	Katie Spence	05:22.9	2012
Karla Bugtong	12.87	2012	Jenny Power	05:28.1	2003
Wing See-Leung	12.96	1993	Erin Smith	05:28.8	2012
Claire Tramontozzi	13.04	2012	Orla Lynagh-Shannon	05:35.2	2015

  

<u>200 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>3200 Meter Run</u>	<u>Time</u>	<u>Year</u>
Skylar Fenton	25.31	2012	Ciara Viehwig	10:32.3	2003
Raquel Whiting	25.94	2014	Katy Daly	10:32.8	2007
Jasmine Washington	25.97	1997	Laura Sandoval	10:35.3	1994
Samaya Roberts	26.45	2017	Danielle Dekker	11:00.3	1994
Sydney Cook-Jeffris	26.63	2017	Eileen Grove	11:08.2	1996
Madeline Woo	26.72	2017	Emilia Janiczek	11:21.4	2015
Aine McGover	26.79	2011	Katie O'Dea	11:23.3	2016
Rachel Mikulsky	26.86	2003	Zoe Unruh	11:44.3	2003
Regina Juarez	26.9	2015	Eliza Gaenger	11:51.5	1994
Claire Tramontozzi	27.14	2012	Marielle Schlueter	11:56.1	1995

  

<u>400 Meter Dash</u>	<u>Time</u>	<u>Year</u>	<u>300 IM Hurdles</u>	<u>Time</u>	<u>Year</u>
Erin Lapping	58.78	1997	Stella Hall	45.86	2001
Skylar Fenton	59.15	2012	Delaney Peranich	46.75	2016
Fiona Smith	59.45	2012	Mollie Caselli	48	1998
Candy Janachowski	59.54	2011	Kelsey Wiegmann	48.52	2000
Raquel Whiting	59.77	2014	Alexa Lim	48.62	2016
Sydney Cook-Jeffris	59.87	2017	Laura Werschky	48.81	1996
Jazzmontai Gentry	59.88	2004	Jacyln Kurtela	50.37	2004
Claire Tramontozzi	60.97	2012	Cora Morrison	50.38	2017
Maddy Sirianni	62.08	2013	Kelly O'Rourke	50.99	2008
Kristy Cahill	62.23	1996	Ashley Werner	51.04	2002

  

<u>800 Meter Run</u>	<u>Time</u>	<u>Year</u>	<u>100M Hurdles</u>	<u>Time</u>	<u>Year</u>
Brianna Bilter	02:16.5	2015	Mina Alexis	14.96	2009
Katie Spence	02:17.3	2012	Stella Hall	15.8	2001
Ciara Viehwig	02:18.6	2003	Delaney Peranich	15.84	2016
Katie Appenrodt	02:22.0	1996	Liza Lozovatskaya	16.1	2004
Megan Mullen	02:23.0	2003	Alexa Lim	16.3	2016
Erin Smith	02:23.4	2012	Annie Reis	16.4	1992
Hunter Fairman	02:23.5	2003	Mollie Caselli	16.66	1998
Emilia Janiczek	02:24.75	2015	Cora Morrison	16.77	2017
Katie Daly	02:27.0	2007	Erin Wilk	17.15	2003
Katie O'Dea	02:27.1	2015	Anisha Kohli	17.19	2014

<u>High Jump</u>	<u>Height</u>	<u>Year</u>	<u>Long Jump</u>	<u>Length</u>	<u>Year</u>
Jenna Grimaldi	5' 8.87"	1999	J. Gentry	17' 8"	2004
Devon Tracy	5' 6.25"	2001	Sophie Harrison	17' 2"	2014
Delaney Peranich	5' 6"	2016	Erin Young	17' 2"	2003
Michellie M. O'Brien-	5' 5"	2010	Kaela Lee	16' 9.5"	2015
Aoifa Keane	5' 4"	1999	Amanda Varni	16' 8.75"	2017
Indiana Peters	5' 2"	2016	Candy Janachowski	16' 8"	2012
Kelsey Wiegmann	5' 2"	2000	Brittany Mason	16' 8"	2017
Ginny Navarro	5' 0"	2007	Guilia Gualco-Nelson	16' 6.5"	2007
Elena Lewis	5' 0"	2014	Jessie Balsham	16' 5.75"	2007
Ginny Hodges	5' 0"	2007	Maggie Mattson	16' 5.5"	2006
Amanda Varni	5' 0"	2016			

<u>Pole Vault</u>	<u>Height</u>	<u>Year</u>	<u>Triple Jump</u>	<u>Length</u>	<u>Year</u>
Liza Lozovatskaya	11' 6"	2004	Devon Tracy	37' 3"	2001
Cyrena Giordano	11' 0"	2005	Candy Janachowski	36' 1"	2012
Carly Rayburn	10' 0"	2002	Josie Chan	36' 0"	2013
Amanda Varni	9' 10"	2017	Kestrel Pon	35' 6"	2015
Callie Welsh	9' 3"	2012	Mimi Mulhern	34' 10"	1996
Adrienne Johnson	9' 0"	2014	Amanda Varni	34' 3.75"	2017
Katie Buntic	9' 0"	2017	Maggie Mattson	33' 8"	2007
Cora Morrison	9' 0"	2017	Brittany Mason	33' 3.75"	2017
Kaela Lee	9' 0"	2015	Jessie Balsham	33' 3.5"	2004
Lois Quilitan	9' 0"	2015	Gina Gualco-Nelson	32' 8.5"	2006

5 others 9' 0"

<u>Discus Throw</u>	<u>Length</u>	<u>Year</u>	<u>Shot Put</u>	<u>Length</u>	<u>Year</u>
Paige Waters	107' 4"	2013	Talia DeMartini	38' 7"	2004
Alexandra Congi	102' 2"	2004	Paige Waters	33' 11.5"	2013
Talia DeMartini	101' 7.5"	2004	Jacquelin Hontalas	33' 10"	1999
Adrianna Creese	100' 9"	2007	Maddie Ennis	33' 9"	2016
Christina Wong	100' 1"	2017	Francesca Puccinelli	33' 0"	2011
Megan Dickerson	99' 5"	2012	Adrianna Creese	32' 6"	2007
Andrea DeMartini	97' 5"	2008	Lindsey Chen	32' 2.5"	2013
Mattie Loyce	97' 2"	2005	Megan Dickerson	31' 6"	2012
Nina Anguiano	93' 7"	2005	Mattie Loyce	31' 4.5"	2006
Krissy Hansell	91' 10.5"	2000	Alexandra Congi	31' 0"	2004

<u>400 Relay</u>			<u>1600 Relay</u>		
Sydney Cook-Jeffris	50.91	2017	Sydney Cook-Jeffris	04:13.5	2017
Madeline Woo			Alex Marquez		
Alex Marquez			Madeline Woo		
Samaya Roberts			Samaya Roberts		

Lexi Toliver	51.24	2017	Raffie Cobb	04:14.6	2004
Claire Deutsch			Caroline Lopuck		
Faith Peterson-Bailey			Cayley Johnson		
Madeline Woo			Brianna Loughridge		

Maddie Hughes	51.6	2016	Sydney Cook-Jeffris	04:15.6	2017
Claire Deutsch			Catriona Hegarty		
Ella McQuaid			Samaya Roberts		
Samaya Roberts			Madeline Woo		