

'Cat Track Fans!..

Our 2017 season kicked off with the Soph/Frosh relays hosted at Saint Ignatius. Teams from 7 Bay Area schools competed and our own Wildcat athletes showed their prowess on the track and in the field! Here are the highlights:

The 'cats ruled the jump pits!

Sophomore Hank Thompson was a double winner! He led the field in both the long jump and triple jump events, leaping 19'8" in the long jump and 40' 2.5" in the triple jump! The fact that this was Hank's first competition in the triple jump makes his performance even MORE amazing! I think it's safe to say..."He's a natural!" This mark also places him 9th on the "All Time" SI Soph/Frosh record list and we are just at the beginning of the season! Go Hank! Sophomore, Brittany Mason was also a double winner in the long and triple jump events with marks of 15'3" and 31'2" respectively. High Fives to Brittany! That preseason preparation is already paying off!

'Cats display their quickness and agility on the track!

Freshman hurdler Ryan Barry dominated both the 65 high hurdlers with a time of 11.26 and 300 intermediate hurdles with a time of 49.83! The 300 hurdles is one of the most physically taxing events on the track...Strong work Ryan!!

In the girls' 4x100 relay, the sophomore team of Sydney Cook-Jeffris, Claire Deutsch, Ella McQuaid and Samaya Roberts ran with precision and finished first! They posted an impressive time of 52.20 which is the FOURTH best time on the JV girls' record list! Wow! Well Done ladies!! To finish the meet, in the exciting 4x400 relay event, the SI sophomore girls prevailed once again! Sophomores Sydney Cook-Jeffris, Catriona Hegarty, Samaya Roberts and freshman Madeline Woo won with a time of 4:15.58, which is an average pace of just under 64 seconds/runner for one lap around the track! That's fast folks which is why that time puts this relay team 2nd on the JV girls' record list!! These two performances bode VERY well for this season and the future success of the female Wildcat sprinters!

Coming UP!...

The next meet for the SI track athletes is this Saturday, March 11, at 8am. The Kiwanis/Bellarmino Invitational, also known as the KBell Invitational, will be held at Los Gatos High School. This invitational track meet features over 2000 athletes from throughout Northern California. Come out and root on our Wildcat athletes!