

Bem Androgyny Test

This test is a way of judging how masculine or feminine you are. Answer questions as the term best fits you according to the following scale: (put the *scale number* next to the *question number* below)

1 = Never or almost never true
2 = Usually not true
3 = Sometimes but infrequently true
4 = Occasionally true
5 = Often true
6 = Usually true
7 = Always or almost always true

Questions:

- | | | |
|-----------------------------------|--------------------------------------|-----------------------------|
| 1. Acts as a Leader | 21. Feminine | 41. Makes decisions easily |
| 2. Adaptable | 22. Inefficient | 42. Shy |
| 3. Affectionate | 23. Defends own beliefs | 43. Masculine |
| 4. Conceited | 24. Flatterable | 44. Solemn |
| 5. Aggressive | 25. Dominant | 45. Soft-spoken |
| 6. Cheerful | 26. Jealous | 46. Tactful |
| 7. Ambitious | 27. Gentle | 47. Self-reliant |
| 8. Conscientious | 28. Likable | 48. Sympathetic |
| 9. Childlike | 29. Forceful | 49. Self-sufficient |
| 10. Conventional | 30. Gullible | 50. Theatrical |
| 11. Analytical | 31. Has leadership abilities | 51. Tender |
| 12. Compassionate | 32. Moody | 52. Truthful |
| 13. Assertive | 33. Loves children | 53. Strong personality |
| 14. Friendly | 34. Reliable | 54. Understanding |
| 15. Does not use harsh language | 35. Independent | 55. Willing to take a stand |
| 16. Happy | 36. Loyal | 56. Unpredictable |
| 17. Athletic | 37. Individualistic | 57. Warm |
| 18. Eager to soothe hurt feelings | 38. Secretive | 58. Unsystematic |
| 19. Competitive | 39. Sensitive to the needs of others | 59. Willing to take risks |
| 20. Helpful | 40. Sincere | 60. Yielding |

Answers:

- | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|
| 1. _____ | 2. _____ | 3. _____ | 4. _____ | 5. _____ | 6. _____ |
| 7. _____ | 8. _____ | 9. _____ | 10. _____ | 11. _____ | 12. _____ |
| 13. _____ | 14. _____ | 15. _____ | 16. _____ | 17. _____ | 18. _____ |
| 19. _____ | 20. _____ | 21. _____ | 22. _____ | 23. _____ | 24. _____ |
| 25. _____ | 26. _____ | 27. _____ | 28. _____ | 29. _____ | 30. _____ |
| 31. _____ | 32. _____ | 33. _____ | 34. _____ | 35. _____ | 36. _____ |
| 37. _____ | 38. _____ | 39. _____ | 40. _____ | 41. _____ | 42. _____ |
| 43. _____ | 44. _____ | 45. _____ | 46. _____ | 47. _____ | 48. _____ |
| 49. _____ | 50. _____ | 51. _____ | 52. _____ | 53. _____ | 54. _____ |
| 55. _____ | 56. _____ | 57. _____ | 58. _____ | 59. _____ | 60. _____ |

-
- | | | | | | |
|----------|----------|----------|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ | 4. _____ | 5. _____ | 6. _____ |
|----------|----------|----------|----------|----------|----------|
-

Bem Androgyny Test Scoring

1. ADD UP EACH COLUMN

- a. Add up the scores next to the 1, 7, 13, and down to 55. This is the first column.
- b. Repeat this for the other 5 columns.

2. ADD THE MASCULINE TRAITS

- a. Add the total of column 1 to the total of column 5. (Ignore columns 2, 3, & 4.)
- b. This is your Masculine Score

3. ADD THE FEMININE TRAITS

- a. Add the total of column 3 to the total of column 6. (Ignore columns 1, 2, & 5.)
- b. This is your Feminine Score.

4. ADD THE BEM SCORE

- a. Subtract your Feminine Score from your Masculine Score.
- b. "Masculine traits - Feminine traits = Bem score"

Masculine traits: _____ minus **Feminine traits:** _____ equals **Bem score:** _____

5. INTERPRET YOUR BEM SCORE

- a. Compare your Bem score to the androgyny scale below to see which category corresponds to your score.

Androgyny scale:

<=-20	-19 to -10	-9 to 0 to +9	+10 to +19	>=+20
Feminine	"Nearly Feminine"	Androgynous	"Nearly Masculine"	Masculine

For Your Information:

Columns 1 and 5 are the "Masculine" traits.

Columns 3 and 6 are the "Feminine" traits.

Columns 2 and 4 are the "Neutral" traits.

<http://www.velocity.net/~galen/androgyn.html>