

**Athletic Recruiting**

If you are interested in playing sports in college as a recruited athlete, speak with your current coach to help determine your skill level and the reality of playing sports at the college level. Keep your counselor informed to ensure that you have a well rounded college list with a wide range of college options.

It is important to understand that the lifestyle of a college athlete can be very different from a typical college student. Of course, this depends on the athletic division of your sport. Make sure you are aware of the expectations placed by specific colleges on recruited athletes. If you attend a college as a recruited athlete, the expectation is that you will play your sport with the team while in college.

**For more information about the general recruiting process, please consult the Planning Guide for College Bound Student Athletes, which may be found on the SI website. A link for the Planning Guide is also included below: [http://www.siprep.org/counseling/documents/SIStudent-AthletePlanningGuide-numbered\\_003.pdf](http://www.siprep.org/counseling/documents/SIStudent-AthletePlanningGuide-numbered_003.pdf)**