

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Event 5 Girls 200 Yard Freestyle Junior Varsity

WCAL Record: 2:08.83 * 2003 Sarah Walsh-SI
1:51.80 AAA
1:54.40 AAC
2:05.29 CCS

Name	Yr	School	Prelim Time
Preliminaries			
1 Roddy, Loretta	11	SI	2:10.06
28.64	32.31	34.50	34.61
2 Pedersen, Megan	9	AMHS	2:10.91
30.14	33.70	34.74	32.33
3 Vogt, Adriana	10	SHP	2:12.83
29.06	33.24	35.91	34.62
4 Mansfield, Roxanne	9	SF	2:13.02
30.20	34.48	34.84	33.50
5 Kirchessuer, Kristina	11	SI	2:13.19
30.84	34.22	34.43	33.70
6 Smith, Kim	9	SF	2:13.55
31.52	34.06	34.58	33.39
7 Tarantino, Diana	11	SHP	2:14.35
31.01	33.48	35.01	34.85
8 Ericksen, Kelsea	9	AMHS	2:15.18
30.70	34.32	35.01	35.15
9 Lorion, Marisa	10	PRES	2:16.75
31.45	34.93	35.91	34.46
10 Fisher, Kelsey	10	PRES	2:16.94
31.44	34.32	35.25	35.93
11 Shapero, Sara	9	PRES	2:17.03
32.09	34.81	35.55	34.58
12 Farley, Laura	10	AMHS	2:18.36
31.36	34.81	35.94	36.25
13 Bunzel, Breeana	10	SF	2:19.25
31.99	34.41	36.42	36.43
14 Leung, Cerena	11	AMHS	2:21.41
31.72	34.62	36.79	38.28
15 Rogers, Allison	9	SI	2:21.50
31.26	35.34	37.75	37.15
16 Roe, Jenna	10	PRES	2:21.64
32.67	35.46	36.74	36.77
17 Stephens, Kimi	11	SHP	2:22.10
30.01	35.24	38.19	38.66
18 Trindle, Thea	9	SI	2:22.93
33.18	35.65	37.35	36.75
19 Refy, Monika	9	PRES	2:27.51
32.73	37.09	39.18	38.51
20 Lucitt, Katie	10	PRES	2:29.26
34.10	37.38	39.45	38.33
21 Taylor, McKenzie	10	PRES	2:29.64
34.08	37.41	39.44	38.71
22 Idiart, Martine	10	NDB	2:31.95
35.14	38.68	39.91	38.22
23 Mah, Katherine	11	SHCP	2:34.08
34.63	39.42	41.01	39.02
24 Ruiz, Dominique	10	SF	2:34.14
33.29	39.37	41.94	39.54
25 Lee, Annabelle	11	SHCP	2:41.30
36.51	40.16	42.74	41.89

26 Santiesteban, Mimi	10	VC	2:44.36
34.97	41.41	44.12	43.86
27 Grace, Lauren	10	VC	2:45.52
35.35	41.14	1:29.03	
28 Yaccarine, Alexandra	9	VC	2:47.30
37.02	41.73	1:28.55	
29 Gee, Melinda	9	SHCP	2:48.61
37.92	40.75	44.12	45.82
30 Sato, Tina	10	VC	2:52.86
39.36	45.19	45.56	42.75
31 Baily, Tara	9	VC	2:59.35
36.61			45.76
32 Dupre, Danielle	10	VC	3:01.24
38.70	45.34	1:37.20	
33 Martinez, Marissa	10	NDB	3:02.06
37.77	44.40	51.17	48.72

Event 7 Girls 200 Yard Freestyle Varsity

WCAL Record: 1:56.32 * 2003 Nicole Taheri-Pres
1:51.80 AAA
1:54.40 AAC
2:05.29 CCS

Name	Yr	School	Prelim Time
Preliminaries			
1 Gong, Danielle	9	PRES	1:58.31 CCS
27.83	30.03	30.50	29.95
2 Coetsee, Ciki	9	VC	1:58.59 CCS
27.28	29.12	30.86	31.33
3 Ryan, Mallory	9	SI	1:59.29 CCS
27.76	30.03	30.84	30.66
4 Cisar, Jamie	10	AMHS	1:59.46 CCS
27.61	30.44	30.95	30.46
5 Oreglia, Julie	12	PRES	2:02.09 CCS
28.93	31.16	31.29	30.71
6 Sutherland, Katie	10	SHP	2:02.53 CCS
28.75	31.15	31.86	30.77
7 Wells, Alex	9	VC	2:02.87 CCS
28.29	31.03	31.60	31.95
8 Dellaria, Lyndsie	9	SI	2:03.27 CCS
28.22	31.08	31.93	32.04
9 Oreglia, Kelley	10	PRES	2:03.47 CCS
28.83	30.91	31.96	31.77
10 Gunderson, Jenna	10	SF	2:03.60 CCS
28.96	31.12	31.99	31.53
10 Garcia, Danielle	12	SF	2:03.60 CCS
29.13	31.42	31.63	31.42
12 Bacon, Ruth	11	SHP	2:05.02 CCS
29.92	31.68	32.20	31.22
13 Stephens, Hannah	9	SHP	2:05.51
28.71	31.27	32.60	32.93
14 Ericksen, Kristina	11	AMHS	2:05.64
29.89	31.61	32.01	32.13
15 Thomas, Emily	10	AMHS	2:06.77
29.21	31.55	32.99	33.02
16 Decesare, Diane	12	SF	2:07.90
29.95	32.06	33.17	32.72
17 Sclafani, Emelia	10	VC	2:07.99
29.59	32.24	33.42	32.74

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 7 Girls 200 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time
18 Castagnola, Gina	10	SI	2:12.66
29.21	32.81	34.99	35.65
19 Morris, Kelsey	10	SI	2:14.12
30.99	33.22	35.05	34.86
20 Wing, Kelli	11	PRES	2:14.78
30.68	33.66	34.89	35.55
21 Alderette, Jenn	12	VC	2:17.99
32.16	34.99	35.67	35.17
22 Adams, Taylor	9	SHCP	2:25.70
32.08	37.13	39.05	37.44
23 Lawson, Shannon	12	NDB	2:29.21
32.96	37.59	39.31	39.35
24 Stalder, Julia	12	NDB	2:33.04
34.08	39.76	39.64	39.56
25 Obuhoff, Marie	12	SHCP	2:36.38
37.16	39.74	40.14	39.34
26 Geyton, Dior	11	NDB	2:37.50
35.97	40.31	41.24	39.98

Event 9 Girls 100 Yard IM Junior Varsity

WCAL Record: 1:04.98 * 2004 Darcie Campbell-SI

Name	Yr	School	Prelim Time
Preliminaries			
1 Dayao, Raquel	11	SI	1:07.73
30.74	36.99		
2 Herrerias, Michelle	10	SI	1:08.54
31.19	37.35		
3 Child, Laura	9	SHP	1:09.96
33.49	36.47		
4 Silveria, Marilee	10	AMHS	1:10.34
32.75	37.59		
5 LaValle, Ali	10	PRES	1:10.91
30.76	40.15		
6 Garner, Mary Catherine	10	SF	1:11.20
32.71	38.49		
7 Caine, Lindsey	9	SF	1:11.66
33.59	38.07		
8 Landefeld, Clare	9	SI	1:11.94
33.33	38.61		
9 Child, Rebecca	11	SHP	1:12.06
34.51	37.55		
10 Tran, Jenny	11	PRES	1:12.58
33.85	38.73		
11 Boesiger, Molly	10	SF	1:12.75
33.98	38.77		
12 Chou, Emily	10	PRES	1:13.00
32.58	40.42		
13 Needham, Kim	11	AMHS	1:13.85
34.38	39.47		
14 Ho, Jessica	9	SF	1:14.16
34.88	39.28		
15 Carey, Michelle	10	SHP	1:14.88
35.07	39.81		
16 Hussey, Katelyn	11	AMHS	1:15.14
35.39	39.75		

17 Murray, Sarah	11	PRES	1:15.31
34.99	40.32		
18 Hannon, Leah	11	SI	1:15.34
35.56	39.78		
19 Brezinski, Maggie	9	SHP	1:15.41
35.60	39.81		
20 Simonds, Kristen	9	AMHS	1:15.60
36.41	39.19		
21 Covarrubias, Casey	10	PRES	1:15.86
33.93	41.93		
22 Weller, Emily	9	PRES	1:16.67
35.84	40.83		
23 Urban, Edie	11	SHP	1:16.74
36.57	40.17		
24 Curtis, Ashley	10	AMHS	1:17.07
37.45	39.62		
25 Resch, Lauren	11	AMHS	1:17.61
35.41	42.20		
26 Solis, Melissa	11	PRES	1:17.74
33.28	44.46		
27 Needham, Jennifer	9	AMHS	1:18.44
38.20	40.24		
28 Sell, Caitlin	9	SF	1:19.80
36.22	43.58		
29 Slotnick, Jenny	10	NDB	1:19.84
37.99	41.85		
30 Fenwick, Emily	9	VC	1:20.75
37.37	43.38		
31 Mah, Kimberly	10	SHCP	1:20.88
32 Pham, Angelina	9	SF	1:21.80
36.96	44.84		
33 Chan, Christina	11	SHCP	1:23.15
36.83	46.32		
34 Guntren, Kelsey	10	NDB	1:23.39
40.14	43.25		
35 Fiorio, Hannah	9	PRES	1:23.43
38.02	45.41		
36 Maki, Jenna	9	SF	1:23.89
38.83	45.06		
37 Bray, Mikaela	10	PRES	1:24.06
37.57	46.49		
38 Bagoje, Andrea	9	SF	1:24.59
39.01	45.58		
39 Mock, Jessica	10	SHCP	1:24.63
40.94	43.69		
40 Hunner, Noelle	10	SF	1:25.19
41.58	43.61		
41 Yoo, Joyce	10	VC	1:25.94
36.55	49.39		
42 Carrillo, Erika	10	PRES	1:26.53
39.19	47.34		
43 Ajlouny, Karissa	10	VC	1:27.85
40.12	47.73		
44 Wood, Jennifer	9	NDB	1:29.61
40.95	48.66		
45 Wolf, Jordie	10	PRES	1:30.16
40.41	49.75		

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 9 Girls 100 Yard IM Junior Varsity)				
Name	Yr	School	Prelim Time	
46 Gluck, Abby	10	NDB	1:30.38	
			41.31	49.07
47 Lunzer, Amanda	9	SF	1:30.72	
			42.06	48.66
48 Harkin, Margaret	9	SF	1:30.93	
			43.46	47.47
49 Frederick, Sarah	9	PRES	1:31.01	
			43.86	47.15
50 VanDomelen, Angie	10	PRES	1:31.32	
			43.69	47.63
51 Datu, Catherine	11	PRES	1:34.17	
			42.95	51.22
52 Forst, Christina	9	PRES	1:34.51	
			44.19	50.32
53 Pisanski, Asia	10	PRES	1:36.13	
			45.72	50.41
54 Yeider, Corinne	9	PRES	1:36.14	
			47.54	48.60
55 McInnis, Lizzie	11	PRES	1:36.33	
			42.63	53.70
56 Larson, Casey	10	PRES	1:36.51	
			45.43	51.08
57 Kreuger, Laura	9	VC	1:36.76	
			46.06	50.70
58 McInnis, Allison	9	PRES	1:42.27	
			49.68	52.59
59 Roque, Camille	9	PRES	1:43.48	
			49.23	54.25
--- Slavich, Beki	9	VC	DQ	

Event 11 Girls 200 Yard IM Varsity

WCAL Record: 2:05.02 * 2004 Erica Liu-Mitty
 2:06.06 AAA
 2:09.16 AAC
 2:23.29 CCS

Name	Yr	School	Prelim Time	
Preliminaries				
1 Simonds, Shannon	12	AMHS	2:10.31 CCS	
			28.76	33.53
			37.20	30.82
2 Gong, Jennifer	11	PRES	2:11.82 CCS	
			29.42	33.48
			38.25	30.67
3 Garcia, Erin	11	AMHS	2:15.19 CCS	
			29.86	35.69
			39.62	30.02
4 Yim, Tiffany	10	SHP	2:15.68 CCS	
			29.62	35.47
			39.40	31.19
5 Power, Kyla	11	VC	2:15.69 CCS	
			29.40	34.28
			41.29	30.72
6 Dimagmaliw, Ruthie	9	SI	2:15.77 CCS	
			29.73	35.44
			38.50	32.10
7 Okuda, Kelsi	11	VC	2:18.96 CCS	
			29.21	37.63
			40.46	31.66
8 Padilla, Lauren	9	SI	2:19.84 CCS	
			29.76	36.40
			40.48	33.20
9 Tachibana, Misao	12	SI	2:20.08 CCS	
			30.69	36.11
			41.08	32.20

10 Miller, Melissa	10	PRES	2:20.31 CCS	
			30.51	37.16
			40.66	31.98
11 Gong, Sheryl	12	SI	2:20.37 CCS	
			30.54	34.24
			42.69	32.90
12 Power, Kelsey	9	VC	2:20.72 CCS	
			31.60	35.81
			42.16	31.15
13 Okuda, Kayci	9	VC	2:20.73 CCS	
			30.85	37.17
			40.30	32.41
14 Law, Nicole	11	SHCP	2:22.93 CCS	
			31.56	36.47
			41.76	33.14
15 Bergis, Christina	9	PRES	2:23.01 CCS	
			32.17	37.84
			39.81	33.19
16 Billiet, Jen	10	SF	2:24.38	
			30.86	37.76
			42.84	32.92
17 Bone, Jennifer	9	SF	2:25.84	
			33.02	36.48
			42.06	34.28
18 Mordell, Melissa	10	SHP	2:26.04	
			31.85	37.73
			44.37	32.09
19 Holden, Marissa	9	SHCP	2:26.24	
			31.24	38.05
			42.49	34.46
20 Peters, Jenni	11	PRES	2:27.28	
			31.26	40.08
			41.04	34.90
21 Maurano, Megan	10	SHP	2:27.94	
			31.77	39.60
			40.54	36.03
22 Collins, Sara	10	AMHS	2:29.00	
			31.30	38.20
			45.95	33.55
23 Argent, Tawni	9	VC	2:31.10	
			33.67	38.06
			44.57	34.80
24 Hoag, Stephanie	10	NDB	2:35.49	
			35.25	40.67
			44.01	35.56

Event 13 Girls 50 Yard Freestyle Junior Varsity

WCAL Record: 26.51 * 2003 Julie Hyrne-Mitty
 23.97 AAA
 24.49 AAC
 26.39 CCS

Name	Yr	School	Prelim Time
Preliminaries			
1 Conley, Kelly	10	SI	26.93
2 Baum, Natalie	9	AMHS	27.06
3 Neagle, Mia	9	SI	27.19
4 Pang, Jinna	9	SI	27.27
5 Lind, Jenna	11	SI	27.53
5 Silver, Allison	9	SF	27.53
7 Bohannon, Sarah	9	SHP	27.62
8 Larwood, Emily	10	SF	28.18
9 Ramirez, Melisa	10	PRES	28.20
10 Silveria, Marilee	10	AMHS	28.27
11 Keane, Delaney	9	AMHS	28.31
12 Hays, Heather	11	PRES	28.46
12 Wishart, Carmen-Rosa	11	SHP	28.46
14 Tobias, Liz	10	PRES	28.50
15 Bunzel, Breeana	10	SF	28.58
16 Darby, Sally	10	SF	J28.86
17 Knapp, Lizzie	10	PRES	J28.86
18 Keane, Meghan	11	AMHS	28.98
19 Dennis, Madison	9	VC	29.03

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 13 Girls 50 Yard Freestyle Junior Vars

Name	Yr School	Prelim Time
19 Halla, Shannon	10 PRES	29.03
21 Soares, Jennifer	9 SF	29.08
21 Villamil, Katie	11 PRES	29.08
23 Thayer, Brittany	10 NDB	29.09
24 Martin, Maria	11 SI	29.69
25 Konecny, Ally	10 SF	30.05
26 Gonia, Lisa	9 SF	30.08
27 Tencati, Megan	10 VC	30.43
28 Hargis, Victoria	10 SF	30.71
29 Chapa, Rachel	9 AMHS	30.76
29 O'Neil, Megan	11 AMHS	30.76
31 Needham, Jennifer	9 AMHS	30.81
32 Spano, Kellie	9 PRES	30.87
33 Slavich, Beki	9 VC	31.12
34 Dewitt, Bailey	9 SF	31.18
35 Guntren, Kelsey	10 NDB	31.33
36 Grant, Molly	9 PRES	31.48
37 Koehane, Christina	9 SF	31.60
38 Seadler, Lauren	11 PRES	31.74
39 Emmitt, Nicole	10 AMHS	31.98
40 Brooks, Bree	11 PRES	32.00
41 Kulusich, Breanna	9 SF	32.06
42 Albertsen, Kelsey	11 PRES	32.30
43 Hansen, Annmarie	9 SI	32.32
43 Rivera, Ashley	9 AMHS	32.32
45 Freschet, Danielle	10 SF	32.45
46 Pleiss, Katie	9 SHP	32.51
47 Santos, Francesca	9 SI	32.58
48 McTaggart, Megan	9 NDB	32.76
49 Adams, Sarah	9 AMHS	32.96
50 Perry, Alexandra	10 SF	33.00
51 Buncke, Sara	9 SHP	33.13
52 Lugonja, Jenna	10 SF	33.31
53 Leaf, Christine	9 AMHS	33.80
54 Larson, Casey	10 PRES	33.96
55 Crockett, Meagan	10 VC	34.04
56 Frederick, Sarah	9 PRES	34.08
57 Hummel, Lauren	11 PRES	34.21
58 Powers, Taryn	10 SF	34.25
59 Wood, Avery	10 SHP	34.27
60 Hoffman, Patrice	10 AMHS	34.50
61 Plummer, Michelle	9 SF	34.56
62 Castillo, Stephanie	9 PRES	34.63
62 Mitchell, Kelly	11 PRES	34.63
64 Hooper, Katherine	9 AMHS	34.64
65 Scheierling, Suzie	9 NDB	34.74
66 Powell, Christina	9 SHP	34.98
67 Razzak, Zaireen	10 NDB	34.99
68 Datu, Catherine	11 PRES	35.35
69 Chan, Catherine	9 SHCP	35.64
70 Stern, Molly	9 SF	35.87
71 Nguyen, Amanda	9 SF	36.19
72 Sanford, Laura	9 NDB	36.29
73 Arreola, Amy	10 SF	36.35
74 Naumann, Elizabeth	9 SF	36.59
75 Yeider, Corinne	9 PRES	36.89
76 VanDomelen, Angie	10 PRES	37.03

77 Chan, Irene	9 SHCP	37.04
78 Nunes, Kelly	10 SF	37.68
79 Figlia, Francesca	10 SF	37.73
80 Khoury, Tamara	9 NDB	38.06
81 Branch, Ashley	9 PRES	39.24
82 Pham, Tiffany	10 PRES	39.41
83 Austin, Cherie	11 PRES	40.20
84 Alvarez, Rebecca	10 PRES	40.43
85 Ghadiri, Katrina	9 VC	40.51
86 Roque, Camille	9 PRES	40.53
87 Nasraty, Neelaab	10 PRES	40.59
88 Desai, Shivani	11 PRES	40.86
89 Halstead, Chloe	10 SF	41.44
90 Pushkarna, Prakriti	9 SF	41.47
91 Valdovinos, Marisa	9 PRES	41.61
92 Zabini, Rosha	9 VC	41.62
93 Iaconis, Andrea	9 PRES	43.56
94 McNatt, Jenny	11 PRES	46.73
95 Martell, Bianca	10 PRES	50.36
96 O'Dowd, Stephanie	9 NDB	51.00
--- Kelly, Genevieve	9 AMHS	DQ

Event 15 Girls 50 Yard Freestyle Varsity

WCAL Record: 24.45 * 2004 Francesca Lollini-SI

23.97 AAA

24.49 AAC

26.39 CCS

Name	Yr School	Prelim Time
Preliminaries		
1 Lollini, Francesca	12 SI	24.38* AAC
2 Shilling, Christina	11 VC	24.86 CCS
3 Mar, Lauren	12 SHCP	25.03 CCS
4 Clarke, Emily	10 PRES	25.17 CCS
5 Campbell, MacKenzie	10 SI	25.20 CCS
6 Isaacs, Dory	10 AMHS	25.21 CCS
7 Schwab, Natalie	12 SI	25.51 CCS
8 Yau, Audrey	12 SF	25.60 CCS
9 Tansuwan, Melanie	11 SF	25.65 CCS
10 Campbell, Darcie	10 SI	25.80 CCS
11 Cutler, Lauren	9 VC	26.19 CCS
12 Jollymour, Lauren	11 SHP	26.20 CCS
13 Culpan, Kim	10 SHP	26.39 CCS
14 Wilkins, Christine	11 NDB	26.61
15 Hyrne, Julie	12 AMHS	26.62
16 Syres, Amy	12 VC	26.74
17 Tipton, Amanda	12 SF	26.78
18 Clark, Christie	11 SHP	26.82
19 Gamlen, Victoria	9 SF	26.84
19 McGraw, Maura	11 SF	26.84
21 Slugocki, Katie	12 AMHS	26.91
22 Weber, Mattie	10 SF	26.92
23 Garcia, Jessica	11 AMHS	27.00
24 McGanney, Shayne	11 SHP	27.13
25 O'Connor, Karen	12 AMHS	27.58
26 Sheridan, Kirsten	9 SHP	27.60
27 Mordell, Melissa	10 SHP	27.64
28 Gause, Kelley	10 PRES	27.76
29 Zakula, Katie	9 NDB	27.90

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 15 Girls 50 Yard Freestyle Varsity)

Name	Yr School	Prelim Time
30 Rudolph, Lynn	12 SHP	27.92
31 Rogers, Rachel	11 SI	28.05
32 Isaacs, Gina	12 SI	28.31
33 Byrnes, Rebecca	12 SI	28.35
34 Wargo, Toni	11 NDB	28.42
35 Semplinski, Katrina	12 PRES	28.43
36 Blenn, Michelle	10 VC	28.50
37 Heinisch, Amanda	11 SF	28.54
38 Koike, Michelle	11 SHCP	28.61
39 Baxter, Hali	10 SF	28.64
40 Berry, Andrea	11 SF	29.01
41 Nielson, Megan	10 NDB	29.22
42 Chaplin, Lauren	11 VC	29.38
43 Fenwick, Liz	11 VC	29.64
44 Groh, Maxie	11 SI	29.71
45 Merino, Gabby	10 SHCP	29.83
46 Roland, Tamara	11 VC	29.86
47 Atwood, Lisa	11 SF	30.62
48 MacIntosh, Megan	11 SF	30.68
49 Smith, Blair	11 SF	30.85
50 Hann, Deanna	10 VC	30.89
51 Castello, Amy	11 SF	31.68
52 Micotti, Kelly	11 VC	31.96
52 Cave, Kelly	11 SF	31.96
54 Baxter, Cameron	11 SF	31.98
55 Garagozzo, Katie	11 SF	32.20
56 Rivas, Andrea	11 NDB	32.60
57 Strangis, Jennifer	12 PRES	33.38
58 Thomas, Emily	11 SF	35.51
59 Rice, Julie	11 NDB	36.03
60 Espinosa, Corinne	11 SF	36.12
61 Drago, Jennifer	11 SF	36.57
62 Jordan, Aubrey	11 SF	38.36
--- Hedlund, JJ	12 SF	X27.14
--- Garagozzo, Melitta	12 SF	X27.57
--- Rouleau, Lizzie	12 SF	X27.90
--- Barden, Audrey	12 SF	X27.97
--- Harnett, April	12 SF	X28.28
--- Chrisman, Natalie	12 SF	X28.93
--- O'Farriell, Natalie	12 SF	X28.96
--- Grave, Yumi	12 SF	X30.09
--- Hildebrand, Mary	12 SF	X30.65
--- Rosario, Lauren	12 SF	X30.86
--- Lunzer, Christina	12 SF	X32.30

Event 21 Girls 50 Yard Butterfly Junior Varsity

WCAL Record: 29.42 * 2004 Sara Collins-Mitty

Name	Yr School	Prelim Time
Preliminaries		
1 Malkovich, Kristen	11 PRES	29.71
2 Schwartz, Emily	10 SI	29.75
3 Wishart, Carmen-Rosa	11 SHP	30.07
4 Lind, Jenna	11 SI	30.35
5 Bohannon, Sarah	9 SHP	30.50
6 Hays, Heather	11 PRES	30.82
7 Moscone, Zea	9 SI	31.20
8 Pang, Jinna	9 SI	31.36

9 Richardson, Edie	9 SF	31.41
10 Kearney, Christina	9 AMHS	31.56
11 Ceremsak, Kate	9 SHP	31.57
12 Hermansen, Wendy	9 NDB	31.70
13 Larwood, Emily	10 SF	31.77
14 Carey, Michelle	10 SHP	32.24
15 Chou, Emily	10 PRES	32.25
16 Keane, Meghan	11 AMHS	32.45
17 Knapp, Lizzie	10 PRES	32.93
18 Fouts, Betsy	10 SF	34.19
19 Hallagan, Erin	9 AMHS	34.72
20 Ruan, Alexandra	9 SF	35.16
21 Arthun, Charlotte	9 SF	35.31
22 Mah, Kimberly	10 SHCP	35.86
23 Yoo, Joyce	10 VC	35.87
24 Montanari, Kristin	9 SF	36.05
25 Comey, Barbara	11 PRES	36.21
26 Bray, Mikaela	10 PRES	36.67
27 Chan, Christina	11 SHCP	36.68
28 Fenwick, Emily	9 VC	36.97
29 Grace, Lauren	10 VC	37.07
30 Riley, Jane	9 PRES	37.24
31 Mansker, Kaitlyn	9 PRES	37.34
32 Lugonja, Jenna	10 SF	37.98
33 Carrillo, Erika	10 PRES	38.00
34 Brooks, Bree	11 PRES	38.12
35 Schuman, MARRISSA	10 VC	39.25
36 Lunzer, Amanda	9 SF	40.31
37 McInnis, Lizzie	11 PRES	41.37
38 Dutkiewicz, Madeline	10 PRES	43.06
39 Sato, Tina	10 VC	43.44
40 Castillo, Stephanie	9 PRES	46.66
41 Nunes, Kelly	10 SF	49.03
42 Austin, Cherie	11 PRES	49.40
43 Alvarez, Rebecca	10 PRES	50.46
44 Martell, Bianca	10 PRES	54.85
45 McNatt, Jenny	11 PRES	1:01.84
--- Murray, Sarah	11 PRES	X33.13
--- Solis, Melissa	11 PRES	X34.16

Event 23 Girls 100 Yard Butterfly Varsity

WCAL Record: 57.97 * 2003 Carlene Takaki-Pres

57.14 AAA

58.39 AAC

1:04.69 CCS

Name	Yr School	Prelim Time
Preliminaries		
1 Liu, Michelle	11 AMHS	57.16* AAC
26.70	30.46	
2 Sheppard, JC	11 SI	1:00.01 CCS
28.20	31.81	
3 Coetsee, Ciki	9 VC	1:01.31 CCS
29.03	32.28	
4 Yoshida, Kaylee	10 VC	1:01.91 CCS
29.11	32.80	
5 Oreglia, Julie	12 PRES	1:02.34 CCS
29.54	32.80	

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 23 Girls 100 Yard Butterfly Varsity)				
Name	Yr	School	Prelim Time	
6 Tansuwan, Melanie	11	SF	1:02.91	CCS
29.80	33.11			
7 Garcia, Erin	11	AMHS	1:03.41	CCS
29.54	33.87			
8 Peirona, Tessa	9	SI	1:03.74	CCS
29.23	34.51			
9 Canonica, Kandis	10	SI	1:04.40	CCS
30.16	34.24			
10 Hyrne, Julie	12	AMHS	1:04.66	CCS
30.35	34.31			
11 Billiet, Jen	10	SF	1:04.86	
30.84	34.02			
12 Wing, Kelli	11	PRES	1:05.95	
30.88	35.07			
13 Sclafani, Emelia	10	VC	1:06.03	
31.32	34.71			
14 Oreglia, Kelley	10	PRES	1:06.81	
31.74	35.07			
15 McCanney, Shayne	11	SHP	1:08.17	
30.61	37.56			
16 Castagnola, Gina	10	SI	1:08.60	
31.56	37.04			
17 Rudolph, Lynn	12	SHP	1:10.15	
31.64	38.51			
18 Strangis, Jennifer	12	PRES	1:34.68	
42.26	52.42			
--- Cottrell, Rebecca	12	SF	X1:04.56	
30.36	34.20			
--- O'Farriell, Natalie	12	SF	X1:10.68	
32.43	38.25			

Event 25 Girls 100 Yard Freestyle Junior Varsity
WCAL Record: 58.41 * 2003 Julie Hyrne-Mitty
51.91 AAA
52.93 AAC
57.39 CCS

Name	Yr	School	Prelim Time	
Preliminaries				
1 Lohrey, Sasza	9	SI	57.12*	CCS
27.60	29.52			
2 Herrerias, Michelle	10	SI	59.61	
28.33	31.28			
3 Pedersen, Megan	9	AMHS	59.63	
28.92	30.71			
4 Conley, Kelly	10	SI	59.99	
28.70	31.29			
5 Mansfield, Roxanne	9	SF	1:00.68	
29.43	31.25			
6 Henderson, Hannah	9	SHP	1:01.59	
29.96	31.63			
7 Baum, Natalie	9	AMHS	1:01.81	
30.23	31.58			
7 Dayao, Raquel	11	SI	1:01.81	
29.04	32.77			

9 Ericksen, Kelsea	9	AMHS	1:02.03	
29.72	32.31			
10 Ramirez, Melisa	10	PRES	1:02.49	
30.99	31.50			
11 Farley, Laura	10	AMHS	1:03.40	
30.09	33.31			
12 Proceviat, Laina	9	SF	1:03.41	
31.03	32.38			
13 Caine, Lindsey	9	SF	1:03.51	
30.84	32.67			
14 Darby, Sally	10	SF	1:04.04	
31.28	32.76			
15 Tobias, Liz	10	PRES	1:04.19	
30.50	33.69			
16 Brezinski, Maggie	9	SHP	1:04.40	
31.25	33.15			
17 Child, Rebecca	11	SHP	1:04.76	
30.88	33.88			
18 Villamil, Katie	11	PRES	1:05.00	
31.26	33.74			
19 Soares, Jennifer	9	SF	1:05.09	
32.34	32.75			
20 Keane, Delaney	9	AMHS	1:05.21	
32.23	32.98			
21 Doudell, Christine	11	PRES	1:05.43	
31.86	33.57			
22 Thayer, Brittany	10	NDB	1:05.50	
31.89	33.61			
23 Martin, Maria	11	SI	1:05.58	
30.68	34.90			
24 Adams, Hannah	10	SHP	1:07.20	
32.14	35.06			
25 Konecny, Ally	10	SF	1:07.22	
32.20	35.02			
26 Sun, Jiapei	10	VC	1:07.35	
32.29	35.06			
27 Refy, Monika	9	PRES	1:07.53	
32.38	35.15			
28 Simard, Christina	9	PRES	1:07.80	
32.19	35.61			
29 O'Neil, Megan	11	AMHS	1:07.96	
33.43	34.53			
30 Hargis, Victoria	10	SF	1:08.37	
33.66	34.71			
31 Stephan, Krista	10	VC	1:09.18	
32.68	36.50			
32 Ruiz, Dominique	10	SF	1:09.19	
33.24	35.95			
33 Emmitt, Nicole	10	AMHS	1:09.22	
34.08	35.14			
34 Chapa, Rachel	9	AMHS	1:09.45	
33.71	35.74			
35 Maki, Jenna	9	SF	1:09.68	
33.32	36.36			
36 Gonia, Lisa	9	SF	1:09.74	
32.63	37.11			
37 Refy, Amanda	11	PRES	1:09.87	
33.27	36.60			

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 25 Girls 100 Yard Freestyle Junior Var			
Name	Yr	School	Prelim Time
38 Tencati, Megan	10	VC	1:09.94
32.59	37.35		
39 Lucitt, Katie	10	PRES	1:10.12
33.81	36.31		
40 Santos, Francesca	9	SI	1:11.04
34.50	36.54		
41 Celeya, Shayna	9	NDB	1:11.24
33.73	37.51		
42 Lee, Annabelle	11	SHCP	1:11.97
34.79	37.18		
43 McTaggart, Megan	9	NDB	1:12.97
35.34	37.63		
44 Koehane, Christina	9	SF	1:13.61
34.35	39.26		
45 Rivera, Ashley	9	AMHS	1:13.64
34.43	39.21		
46 Adams, Sarah	9	AMHS	1:13.94
34.13	39.81		
47 Salciccia, Ally	9	SF	1:14.03
35.51	38.52		
48 Seadler, Lauren	11	PRES	1:14.07
35.13	38.94		
49 Pleiss, Katie	9	SHP	1:14.35
35.40	38.95		
50 Mansker, Kaitlyn	9	PRES	1:14.46
36.73	37.73		
51 Freschet, Danielle	10	SF	1:14.70
34.40	40.30		
52 Buncke, Sara	9	SHP	1:14.83
34.81	40.02		
53 Baily, Tara	9	VC	1:16.17
54 Naumann, Elizabeth	9	SF	1:16.26
36.65	39.61		
55 Wood, Avery	10	SHP	1:16.44
35.65	40.79		
56 Scheierling, Suzie	9	NDB	1:17.20
34.96	42.24		
57 Hoffman, Patrice	10	AMHS	1:17.32
36.70	40.62		
58 Crockett, Meagan	10	VC	1:17.35
38.24	39.11		
59 Gee, Melinda	9	SHCP	1:17.96
38.35	39.61		
60 Spratt, Hillary	9	VC	1:18.94
37.56	41.38		
61 Leaf, Christine	9	AMHS	1:19.06
35.85	43.21		
62 Razzak, Zaireen	10	NDB	1:19.28
35.98	43.30		
63 Powell, Christina	9	SHP	1:19.58
38.95	40.63		
64 Kelly, Genevieve	9	AMHS	1:19.83
36.58	43.25		
65 Hummel, Lauren	11	PRES	1:20.27
38.04	42.23		
66 Sanford, Laura	9	NDB	1:20.38
38.33	42.05		

67 Ferdon, Alex	9	SF	1:21.75
38.41	43.34		
68 Goulet, Elizabeth	9	NDB	1:21.88
39.58	42.30		
69 Arreola, Amy	10	SF	1:23.04
39.08	43.96		
70 Plummer, Michelle	9	SF	1:23.15
39.63	43.52		
71 Chan, Catherine	9	SHCP	1:25.18
39.57	45.61		
72 Nguyen, Amanda	9	SF	1:25.40
39.84	45.56		
73 Gahagan, Claire	9	PRES	1:26.48
39.43	47.05		
74 Khoury, Tamara	9	NDB	1:28.17
42.95	45.22		
75 Pushkarna, Prakriti	9	SF	1:33.86
42.96	50.90		
76 Desai, Shivani	11	PRES	1:34.89
42.20	52.69		
77 Valdovinos, Marisa	9	PRES	1:35.49
46.73	48.76		
78 Fisher, Theresa	9	SF	1:38.00
44.18	53.82		
--- Moscone, Zea	9	SI	X1:03.41
30.83	32.58		
--- Leung, Cerena	11	AMHS	X1:03.48
30.36	33.12		

Event 27 Girls 100 Yard Freestyle Varsity

WCAL Record: 52.45 * 2004 Michelle Liu-Mitty
51.91 AAA
52.93 AAC
57.39 CCS

Name	Yr	School	Prelim Time	
Preliminaries				
1 Clarke, Emily	10	PRES	53.78	CCS
26.22	27.56			
2 Lollini, Francesca	12	SI	54.60	CCS
25.64	28.96			
3 Campbell, MacKenzie	10	SI	54.75	CCS
26.20	28.55			
4 Shilling, Christina	11	VC	54.90	CCS
26.46	28.44			
5 Cisar, Jamie	10	AMHS	55.04	CCS
26.62	28.42			
6 Dellaria, Lyndsie	9	SI	56.51	CCS
26.85	29.66			
7 Gamlen, Victoria	9	SF	56.67	CCS
27.37	29.30			
8 Gunderson, Jenna	10	SF	56.86	CCS
27.75	29.11			
9 Cutler, Lauren	9	VC	56.90	CCS
27.72	29.18			
10 Campbell, Darcie	10	SI	57.09	CCS
27.26	29.83			
11 Jollymour, Lauren	11	SHP	57.54	
27.53	30.01			

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 27 Girls 100 Yard Freestyle Varsity)				
Name	Yr	School	Prelim Time	
12 Collins, Sara	10	AMHS	57.66	
			28.04	29.62
12 Weber, Mattie	10	SF	57.66	
			27.84	29.82
14 Stephens, Hannah	9	SHP	57.89	
			28.43	29.46
15 Culpán, Kim	10	SHP	57.99	
			28.08	29.91
16 Menon, Pallavi	9	SHP	59.00	
			28.41	30.59
17 Power, Kelsey	9	VC	59.11	
			28.72	30.39
18 Tipton, Amanda	12	SF	59.17	
			27.85	31.32
19 Slugocki, Katie	12	AMHS	59.99	
			29.35	30.64
20 Sheridan, Kirsten	9	SHP	1:00.59	
			28.69	31.90
21 Byrnes, Rebecca	12	SI	1:01.26	
			29.82	31.44
22 Mort, Allison	10	AMHS	1:01.27	
			29.13	32.14
23 Clark, Christie	11	SHP	1:02.77	
			29.47	33.30
24 Isaacs, Gina	12	SI	1:03.38	
			29.66	33.72
25 Wilkins, Christine	11	NDB	1:03.50	
			30.45	33.05
26 Heinisch, Amanda	11	SF	1:03.77	
			31.37	32.40
27 Koike, Michelle	11	SHCP	1:05.23	
			31.40	33.83
28 Nielson, Megan	10	NDB	1:05.60	
			31.67	33.93
29 Fong, Natalie	9	SHCP	1:05.62	
			31.20	34.42
30 Berry, Andrea	11	SF	1:06.34	
			31.35	34.99
31 Roland, Tamara	11	VC	1:06.49	
			30.96	35.53
32 Chaplin, Lauren	11	VC	1:06.57	
			31.95	34.62
33 Merino, Gabby	10	SHCP	1:07.32	
			32.34	34.98
34 Micotti, Kelly	11	VC	1:09.67	
			33.40	36.27
35 Richards, Alexa	11	NDB	1:10.60	
			33.84	36.76
36 Baxter, Cameron	11	SF	1:11.23	
			34.67	36.56
37 Cave, Kelly	11	SF	1:13.16	
			34.79	38.37
38 Smith, Blair	11	SF	1:13.47	
			34.22	39.25
39 Rivas, Andrea	11	NDB	1:14.57	
			34.49	40.08

40 Garagozzo, Katie	11	SF	1:15.91	
			35.46	40.45
41 Thomas, Emily	11	SF	1:22.18	
			39.14	43.04
42 Espinosa, Corinne	11	SF	1:22.68	
			38.93	43.75
43 Jordan, Aubrey	11	SF	1:28.92	
			42.10	46.82
--- Rouleau, Lizzie	12	SF	X1:01.12	
			29.09	32.03
--- Hedlund, JJ	12	SF	X1:01.47	
			29.62	31.85
--- Harnett, April	12	SF	X1:05.27	
			31.10	34.17
--- Grave, Yumi	12	SF	X1:06.00	
			32.03	33.97
--- Lunzer, Christina	12	SF	X1:13.35	
			35.36	37.99

Event 29 Girls 500 Yard Freestyle Junior Varsity
WCAL Record: 5:44.91 * 2003 **Tori Riess- Mitty**
4:58.15 AAA
5:05.34 AAC
5:36.59 CCS

Name	Yr	School	Prelim Time	
Preliminaries				
1 Roddy, Loretta	11	SI	5:50.66	
			30.94	34.06
			36.69	36.40
			34.99	33.12
2 Smith, Kim	9	SF	5:51.62	
			32.72	35.43
			36.67	36.23
			34.02	32.81
3 Vogt, Adriana	10	SHP	5:56.48	
			30.98	34.08
			36.91	37.09
			36.68	34.85
4 Kirchessuer, Kristina	11	SI	5:58.63	
			31.45	35.54
			36.22	36.18
			36.40	35.19
5 Riess, Tori	11	AMHS	6:02.31	
			31.80	35.24
			36.74	36.74
			36.74	37.46
			36.71	35.41
6 Allen, Katie	10	VC	6:02.63	
			30.82	34.79
			37.17	36.96
			38.18	35.24
7 Shapero, Sara	9	PRES	6:04.22	
			32.49	35.98
			37.12	37.49
			36.59	34.72
8 Urban, Edie	11	SHP	6:07.43	
			33.07	35.73
			37.37	37.72
			38.07	36.79

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 29 Girls 500 Yard Freestyle Junior Var				
Name	Yr	School	Prelim Time	
9 Gallagher, Cassandra	9	SI	6:07.74	
			31.65	35.72
			37.39	37.07
			37.36	37.75
			37.97	38.07
			37.81	36.95
10 Fisher, Kelsey	10	PRES	6:08.33	
			33.15	35.64
			36.91	37.44
			38.17	37.75
			37.49	37.92
			37.44	36.42
11 Lorion, Marisa	10	PRES	6:09.24	
			32.83	36.04
			36.93	37.10
			38.03	37.94
			37.67	37.81
			1:14.89	
12 Villeneuve, Nicole	10	SHP	6:12.14	
			33.26	36.70
			37.63	38.08
			37.83	37.79
			38.15	38.66
			38.00	36.04
13 Malkovich, Kristen	11	PRES	6:13.05	
			31.99	35.46
			37.59	37.95
			38.40	38.65
			38.00	38.08
			38.76	38.17
14 Needham, Kim	11	AMHS	6:13.92	
			33.07	36.36
			37.25	37.60
			37.77	38.41
			38.66	38.69
			38.62	37.49
15 Kidd, Natalie	10	AMHS	6:23.14	
			34.48	37.11
			38.52	40.03
			40.13	39.00
			39.60	39.02
			39.03	36.22
16 Kilbourn, Kathryn	10	AMHS	6:27.11	
			35.03	37.80
			39.34	39.86
			39.32	40.21
			39.30	39.65
			38.99	37.61
17 Boesiger, Molly	10	SF	6:28.56	
			34.42	38.10
			39.37	39.42
			40.29	40.32
			39.92	40.14
			39.53	37.05
18 Hermansen, Wendy	9	NDB	6:31.15	
			35.01	39.29
			40.34	41.03
			39.32	40.12
			39.19	40.25
			39.03	37.57
19 Trindle, Thea	9	SI	6:31.81	
			34.12	36.68
			38.57	39.69
			39.97	40.58
			40.63	40.52
			40.83	40.22
20 Idiart, Martine	10	NDB	6:54.60	
			35.85	39.61
			41.49	42.01
			42.36	43.31
			42.73	42.84
			42.43	41.97
21 Mah, Katherine	11	SHCP	7:01.28	
			34.87	41.20
			43.50	43.04
			44.34	44.13
			43.94	44.31
			43.90	38.05
22 Slotnick, Jenny	10	NDB	7:06.96	
			35.87	39.10
			42.15	43.35
			44.27	44.79
			45.37	45.54
			44.72	41.80

23 Martinez, Marissa	10	NDB	8:07.01	
			38.74	50.72
			51.61	51.95
			50.68	49.77
			49.77	47.36
--- Doudell, Christine	11	PRES	X6:23.50	
			33.72	36.43
			37.89	38.00
			38.50	39.30
			40.50	40.87
			40.50	37.79

Event 31 Girls 500 Yard Freestyle Varsity

WCAL Record: 5:08.29 * 2004 Jennifer Gong-Pres
4:58.15 AAA
5:05.34 AAC
5:36.59 CCS

Name	Yr	School	Prelim Time	
Preliminaries				
1 Simonds, Shannon	12	AMHS	5:10.61 CCS	
			29.18	31.47
			32.19	31.94
			31.55	31.22
			31.09	31.15
			30.86	29.96
2 Ryan, Mallory	9	SI	5:14.83 CCS	
			28.98	31.25
			31.88	32.06
			31.85	32.13
			31.88	31.80
			31.77	31.23
3 Gong, Danielle	9	PRES	5:17.84 CCS	
			29.72	32.21
			32.48	32.02
			31.99	31.82
			32.22	32.20
			32.13	31.05
4 Wells, Alex	9	VC	5:18.75 CCS	
			29.09	31.04
			31.85	32.13
			32.10	32.17
			32.37	32.61
			33.07	32.32
5 Power, Kyla	11	VC	5:22.94 CCS	
			29.67	32.51
			33.35	32.65
			32.85	32.98
			32.19	32.73
			32.30	31.71
6 Still, Julia	9	PRES	5:24.06 CCS	
			29.99	32.23
			32.55	33.00
			32.87	32.91
			32.93	32.72
			32.82	32.04
7 Sutherland, Katie	10	SHP	5:24.09 CCS	
			29.15	32.21
			32.88	32.74
			33.19	32.75
			33.03	33.14
			32.91	32.09
8 Garcia, Danielle	12	SF	5:28.08 CCS	
			30.12	32.71
			32.95	33.18
			33.00	33.01
			33.27	33.36
			33.49	32.99
9 Bacon, Ruth	11	SHP	5:34.24 CCS	
			30.86	33.15
			33.94	33.76
			33.58	34.11
			34.27	34.52
			33.92	32.13
10 Smith, Helen	12	PRES	5:36.93	
			31.44	34.23
			34.20	34.22
			34.03	33.93
			33.98	33.98
			34.09	34.09
			33.77	33.04

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 31 Girls 500 Yard Freestyle Varsity)				
Name	Yr	School	Prelim Time	
11 Thomas, Emily	10	AMHS	5:41.14	
			30.47	33.10
			34.21	34.47
			34.15	34.43
			35.05	35.77
			35.19	34.30
12 Micotti, Kristina	9	VC	5:41.29	
			31.29	34.05
			34.55	34.53
			34.62	34.73
			35.08	34.53
			34.27	33.64
13 Shorrock, Micaela	11	SI	5:47.60	
			30.52	34.24
			34.86	35.01
			35.50	35.60
			36.27	35.82
			35.32	34.46
14 Enriquez, Nicolyna	10	SF	5:47.74	
			30.64	33.98
			35.16	35.67
			35.69	35.59
			35.96	35.58
			35.67	33.80
15 Alderette, Jenn	12	VC	5:47.97	
			31.70	34.09
			35.62	35.62
			35.40	35.26
			35.98	35.54
			35.04	33.72
16 Morris, Kelsey	10	SI	5:53.94	
			31.98	34.74
			35.21	35.91
			35.99	36.19
			36.64	36.47
			36.37	34.44
17 Smith, Danielle	9	AMHS	6:06.52	
			31.93	35.66
			36.86	37.12
			37.80	37.51
			37.79	38.18
			37.84	35.83
18 Hoag, Stephanie	10	NDB	6:10.69	
			32.29	36.21
			37.57	38.01
			38.13	38.07
			38.23	38.48
			38.10	35.60
19 Adams, Taylor	9	SHCP	6:25.46	
			33.93	38.36
			39.05	39.99
			39.48	39.48
			39.32	39.02
			39.72	37.11
20 Hoag, Blaise	10	NDB	6:32.95	
			33.05	37.87
			40.62	40.13
			40.40	41.40
			40.50	40.97
			39.09	38.92
21 Obuhoff, Marie	12	SHCP	6:55.10	
			38.53	41.26
			41.45	41.48
			41.93	42.18
			42.81	42.75
			42.42	40.29
22 Atwood, Lisa	11	SF	7:02.37	
			34.36	39.46
			41.44	42.92
			43.90	44.23
			45.04	44.81
			44.07	42.14
23 Geyton, Dior	11	NDB	7:12.13	
			37.15	42.78
			44.57	44.56
			44.12	44.75
			44.01	40.52
--- Decesare, Diane	12	SF	X5:38.64	
			30.72	33.56
			34.39	34.38
			34.53	34.26
			34.50	34.72
			34.05	33.53

--- McKinney, Heather	12	VC	X5:50.69	
			30.96	33.68
			34.65	35.28
			35.57	35.68
			36.07	36.43
			36.66	35.71
Event 37 Girls 100 Yard Backstroke Junior Varsity				
WCAL Record: 1:03.92 * 2004 Jessica Garcia-Mitty				
57.89 AAA				
59.58 AAC				
1:06.09 CCS				
Name	Yr	School	Prelim Time	
Preliminaries				
1 Lohrey, Sasza	9	SI	1:06.24	
			32.46	33.78
2 Schwartz, Emily	10	SI	1:07.28	
			33.43	33.85
3 Gallagher, Cassandra	9	SI	1:08.19	
			32.75	35.44
4 LaValle, Ali	10	PRES	1:08.63	
			33.43	35.20
5 Rogers, Allison	9	SI	1:10.44	
			34.28	36.16
6 Silver, Allison	9	SF	1:11.04	
			34.31	36.73
7 Grosso, Julie	10	SF	1:11.91	
			34.78	37.13
8 Tarantino, Diana	11	SHP	1:12.48	
			35.26	37.22
9 Ceremsak, Kate	9	SHP	1:12.55	
			35.05	37.50
10 Roe, Jenna	10	PRES	1:13.61	
			35.64	37.97
11 Stephens, Kimi	11	SHP	1:13.68	
			35.06	38.62
12 Henderson, Hannah	9	SHP	1:15.16	
			36.48	38.68
13 Resch, Lauren	11	AMHS	1:15.53	
			36.02	39.51
14 Kearney, Christina	9	AMHS	1:15.69	
			36.99	38.70
15 Covarrubias, Casey	10	PRES	1:15.88	
			36.58	39.30
16 Sell, Caitlin	9	SF	1:18.84	
			38.02	40.82
17 Wolf, Jordie	10	PRES	1:19.93	
			1:26.24	
18 Draeger, Christina	10	SF	1:20.81	
			37.99	42.82
19 Salciccia, Ally	9	SF	1:23.97	
			41.09	42.88
20 Santiesteban, Mimi	10	VC	1:24.32	
			1:24.68	
21 Stamm, Beth	9	NDB	1:25.02	
			1:25.02	
22 Platzer, Rosie	10	SHCP	1:25.25	
			41.97	43.28
23 Sun, Jiapei	10	VC	1:26.08	
			40.29	45.79

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 37 Girls 100 Yard Backstroke Junior V)			
Name	Yr School	Prelim Time	
24 Albertsen, Kelsey	11 PRES	1:27.04	
41.88	45.16		
25 Refy, Amanda	11 PRES	1:27.10	
26 Montanari, Kristin	9 SF	1:30.28	
44.89	45.39		
27 Gluck, Abby	10 NDB	1:31.35	
43.39	47.96		
28 Lee, Matti	10 SHCP	1:32.46	
43.52	48.94		
29 Forst, Christina	9 PRES	1:33.98	
44.24	49.74		
30 Wood, Jennifer	9 NDB	1:35.60	
44.13	51.47		
31 Nasraty, Neelaab	10 PRES	1:36.28	
47.06	49.22		
32 Dupre, Danielle	10 VC	1:37.89	
47.28	50.61		
33 Perry, Alexandra	10 SF	1:37.96	
46.62	51.34		
34 Kreuger, Laura	9 VC	1:40.06	
35 Ghadiri, Katrina	9 VC	1:40.52	
44.89	55.63		
36 Pisanski, Asia	10 PRES	1:44.06	
49.29	54.77		
37 DeLara, Stephanie	9 SHCP	1:44.10	
45.02	59.08		
38 Branch, Ashley	9 PRES	1:57.16	
54.04	1:03.12		
--- Villeneuve, Nicole	10 SHP	X1:18.95	
37.74	41.21		
--- Taylor, McKenzie	10 PRES	X1:20.43	
38.88	41.55		

Event 39 Girls 100 Yard Backstroke Varsity

WCAL Record: 57.66 * 2004 Michelle Liu-Mitty
 57.89 AAA
 59.58 AAC
 1:06.09 CCS

Name	Yr School	Prelim Time	
Preliminaries			
1 Liu, Michelle	11 AMHS	57.99 AAC	
28.36	29.63		
2 Dimagmaliw, Ruthie	9 SI	1:01.35 CCS	
29.91	31.44		
3 Yim, Tiffany	10 SHP	1:01.65 CCS	
30.13	31.52		
4 Mar, Lauren	12 SHCP	1:01.78 CCS	
29.94	31.84		
5 Yoshida, Kaylee	10 VC	1:03.19 CCS	
30.39	32.80		
6 Canonica, Kandis	10 SI	1:03.87 CCS	
31.27	32.60		
7 Peirona, Tessa	9 SI	1:04.09 CCS	
31.20	32.89		
8 Still, Julia	9 PRES	1:04.50 CCS	
32.02	32.48		

9 Gong, Sheryl	12 SI	1:04.82 CCS	
31.32	33.50		
10 Syres, Amy	12 VC	1:05.40 CCS	
31.05	34.35		
11 Garcia, Jessica	11 AMHS	1:07.23	
31.78	35.45		
11 Law, Nicole	11 SHCP	1:07.23	
33.03	34.20		
13 Bone, Jennifer	9 SF	1:07.70	
33.43	34.27		
14 Smith, Helen	12 PRES	1:08.62	
33.42	35.20		
15 O'Connor, Karen	12 AMHS	1:09.06	
33.78	35.28		
16 Gause, Kelley	10 PRES	1:09.49	
33.59	35.90		
17 Zakula, Katie	9 NDB	1:09.61	
33.55	36.06		
18 Fong, Natalie	9 SHCP	1:13.08	
35.53	37.55		
19 Micotti, Kristina	9 VC	1:14.74	
35.72	39.02		
20 MacIntosh, Megan	11 SF	1:15.54	
36.65	38.89		
21 Fenwick, Liz	11 VC	1:15.97	
36.21	39.76		
22 Lawson, Shannon	12 NDB	1:16.15	
36.58	39.57		
23 Wargo, Toni	11 NDB	1:17.11	
37.89	39.22		
--- Yau, Audrey	12 SF	X1:01.96	
29.37	32.59		
--- Shorrock, Micaela	11 SI	X1:05.61	
31.90	33.71		
--- Barden, Audrey	12 SF	X1:06.59	
32.73	33.86		
--- Rogers, Rachel	11 SI	X1:07.25	
33.01	34.24		

Event 41 Girls 100 Yard Breaststroke Junior Varsity

WCAL Record: 1:14.53 * 2003 Vickie Whitehill-Mitty
 1:05.58 AAA
 1:07.24 AAC
 1:13.59 CCS

Name	Yr School	Prelim Time	
Preliminaries			
1 Simonds, Kristen	9 AMHS	1:18.11	
36.96	41.15		
2 Ho, Jessica	9 SF	1:18.21	
36.61	41.60		
3 Riess, Tori	11 AMHS	1:18.71	
37.93	40.78		
4 Hannon, Leah	11 SI	1:19.04	
37.50	41.54		
5 Garner, Mary Catherine	10 SF	1:20.16	
37.93	42.23		
6 Landefeld, Clare	9 SI	1:20.46	
37.44	43.02		

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 41 Girls 100 Yard Breaststroke Junior)			
Name	Yr	School	Prelim Time
7	Comey, Barbara	11 PRES	1:20.89
	38.26 42.63		
8	Porter, Vicki	10 SHCP	1:22.12
	38.55 43.57		
9	Tran, Jenny	11 PRES	1:22.32
	39.23 43.09		
10	Dennis, Madison	9 VC	1:22.39
	38.65 43.74		
11	Neagle, Mia	9 SI	1:22.41
	38.73 43.68		
12	Child, Laura	9 SHP	1:22.45
	38.83 43.62		
13	Curtis, Ashley	10 AMHS	1:23.34
	40.05 43.29		
14	Ruan, Alexandra	9 SF	1:23.45
	40.01 43.44		
15	Weller, Emily	9 PRES	1:23.49
	39.87 43.62		
16	Richardson, Edie	9 SF	1:23.75
	39.21 44.54		
17	Kidd, Natalie	10 AMHS	1:24.18
	40.22 43.96		
18	Adams, Hannah	10 SHP	1:26.12
	40.60 45.52		
19	Hallagan, Erin	9 AMHS	1:26.52
	42.78 43.74		
20	Riley, Jane	9 PRES	1:28.48
	41.23 47.25		
21	Stephan, Krista	10 VC	1:29.13
	40.51 48.62		
22	Hunner, Noelle	10 SF	1:29.24
	41.54 47.70		
23	Celeya, Shayna	9 NDB	1:29.41
	42.47 46.94		
24	Spano, Kellie	9 PRES	1:30.28
	43.00 47.28		
25	Simard, Christina	9 PRES	1:30.81
	43.16 47.65		
26	Halla, Shannon	10 PRES	1:31.21
	42.76 48.45		
27	Stamm, Beth	9 NDB	1:31.37
	42.70 48.67		
28	Harkin, Margaret	9 SF	1:31.92
	43.57 48.35		
29	Dewitt, Bailey	9 SF	1:32.15
	42.68 49.47		
30	Grant, Molly	9 PRES	1:32.62
	43.51 49.11		
31	Kulusich, Breanna	9 SF	1:33.19
	43.48 49.71		
32	Fiorio, Hannah	9 PRES	1:33.39
	43.91 49.48		
33	Mitchell, Kelly	11 PRES	1:33.67
	44.37 49.30		

33	Mock, Jessica	10 SHCP	1:33.67
	44.00 49.67		
35	Dutkiewicz, Madeline	10 PRES	1:34.03
	45.13 48.90		
36	Fisher, Theresa	9 SF	1:34.72
	45.10 49.62		
37	Stern, Molly	9 SF	1:34.84
	44.59 50.25		
38	Custodio, Alyssa	9 NDB	1:35.27
	45.32 49.95		
39	Spratt, Hillary	9 VC	1:38.34
	46.33 52.01		
40	Goulet, Elizabeth	9 NDB	1:38.59
	46.86 51.73		
41	Yaccarine, Alexandra	9 VC	1:43.54
	47.78 55.76		
42	Figlia, Francesca	10 SF	1:44.46
	46.72 57.74		
43	McInnis, Allison	9 PRES	1:44.52
	50.47 54.05		
44	Gahagan, Claire	9 PRES	1:50.78
	50.56 1:00.22		
45	Pham, Tiffany	10 PRES	1:51.16
	52.72 58.44		
46	Schuman, MARRISSA	10 VC	1:53.69
	51.70 1:01.99		
47	Iaconis, Andrea	9 PRES	2:02.36
	56.82 1:05.54		
---	Proceviat, Laina	9 SF	X1:24.15
	39.92 44.23		
---	Hussey, Katelyn	11 AMHS	X1:24.22
	39.59 44.63		

Event 43 Girls 100 Yard Breaststroke Varsity

WCAL Record: 1:03.21 * 2004 Erica Liu-Mitty

1:05.58 AAA

1:07.24 AAC

1:13.59 CCS

Name	Yr	School	Prelim Time	
Preliminaries				
1	Isaacs, Dory	10 AMHS	1:09.77	CCS
	32.56 37.21			
2	Maurano, Megan	10 SHP	1:09.95	CCS
	32.81 37.14			
3	Gong, Jennifer	11 PRES	1:11.03	CCS
	33.94 37.09			
4	Okuda, Kelsi	11 VC	1:12.73	CCS
	34.32 38.41			
5	Tachibana, Misao	12 SI	1:13.23	CCS
	33.90 39.33			
6	Sheppard, JC	11 SI	1:13.84	
	35.09 38.75			
7	Okuda, Kayci	9 VC	1:14.03	
	35.09 38.94			
8	Smith, Danielle	9 AMHS	1:14.53	
	35.22 39.31			
9	Schwab, Natalie	12 SI	1:14.70	
	34.61 40.09			

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Girls Trials

Preliminaries ... (Event 43 Girls 100 Yard Breaststroke Varsity

Name	Yr	School	Prelim Time
10 Miller, Melissa	10	PRES	1:15.07
35.28	39.79		
11 Peters, Jenni	11	PRES	1:15.08
35.63	39.45		
12 Bergis, Christina	9	PRES	1:15.25
36.33	38.92		
13 Mort, Allison	10	AMHS	1:15.26
34.90	40.36		
14 Holden, Marissa	9	SHCP	1:15.84
36.25	39.59		
15 Ericksen, Kristina	11	AMHS	1:15.90
36.38	39.52		
16 Padilla, Lauren	9	SI	1:15.93
35.77	40.16		
17 Baxter, Hali	10	SF	1:16.48
35.16	41.32		
18 Enriquez, Nicolyna	10	SF	1:16.85
36.99	39.86		
19 Argent, Tawni	9	VC	1:16.99
36.34	40.65		
20 Groh, Maxie	11	SI	1:19.75
37.41	42.34		
21 Menon, Pallavi	9	SHP	1:20.18
37.37	42.81		
22 Blenn, Michelle	10	VC	1:20.74
37.93	42.81		
23 Chrisman, Natalie	12	SF	1:21.49
38.18	43.31		
24 Maung, Ashley	9	SHCP	1:23.18
39.59	43.59		
25 Stalder, Julia	12	NDB	1:25.22
40.05	45.17		
26 Hoag, Blaise	10	NDB	1:26.18
40.73	45.45		
27 Castello, Amy	11	SF	1:28.53
41.69	46.84		
28 Richards, Alexa	11	NDB	1:32.40
43.98	48.42		
29 Rice, Julie	11	NDB	1:37.38
45.78	51.60		
30 Drago, Jennifer	11	SF	1:45.01
48.70	56.31		
--- Cottrell, Rebecca	12	SF	X1:11.86
34.79	37.07		
--- McGraw, Maura	11	SF	X1:13.03
33.95	39.08		
--- Garagozzo, Melitta	12	SF	X1:17.55
36.20	41.35		
--- Rosario, Lauren	12	SF	X1:20.25
37.44	42.81		

3. Archbishop Mitty High School	24
4. St. Ignatius College Prep.	14

Men - Varsity - Team Rankings - Through Event 43

1. Valley Christian High School	31
1. St. Ignatius College Prep.	31
3. Bellarmine College Prep High	20

Women - Junior Varsity - Team Rankings - Through Event 43

1. St. Francis High School	66
2. St. Ignatius College Prep.	40
3. Valley Christian High School	27
4. Archbishop Mitty High School	16

Men - Frosh-Soph - Team Rankings - Through Event 43

1. St. Francis High School	37
2. St. Ignatius College Prep.	16

Women - Varsity - Team Rankings - Through Event 43

1. St. Francis High School	53
2. Valley Christian High School	49