

WCAL Swimming & Diving Championships 2005 - 05/05/05 to 05/07/05

Results - WCAL 2005 Championships - Finals

Event 1 Girls 200 Yard Medley Relay Junior Varsity
WCAL Record: 2:00.61 * 2004 Archbishop Mitty High School
J Garcia, V Whitehill, S Collins, T Riess

Team	Relay	Finals Time	
1 SI	A	2:04.09	40
1) Schwartz, Emily 10	2) Hannon, Leah 11		
3) Lind, Jenna 11	4) Conley, Kelly 10		
31.75 36.12	29.68 26.54		
2 SHP	A	2:05.96	34
1) Ceremsak, Kate 9	2) Child, Rebecca 11		
3) Wishart, Carmen-Rosa 11	4) Bohannon, Sarah 9		
32.32 35.85	30.20 27.59		
3 PRES	A	2:06.50	32
1) LaValle, Ali 10	2) Comey, Barbara 11		
3) Malkovich, Kristen 11	4) Ramirez, Melissa 10		
31.58 37.76	29.53 27.63		
4 AMHS	A	2:06.68	30
1) Riess, Tori 11	2) Simonds, Kristen 9		
3) Kearney, Christina 9	4) Baum, Natalie 9		
32.70 36.23	31.10 26.65		
5 SF	A	2:07.67	28
1) Grosso, Julie 10	2) Garner, Mary Catherine 10		
3) Richardson, Edie 9	4) Silver, Allison 9		
33.17 35.44	31.92 27.14		
6 VC	A	2:16.78	26
1) Dennis, Madison 9	2) Stephan, Krista 10		
3) Allen, Katie 10	4) Slavich, Beki 9		
34.95 40.04	31.76 30.03		
7 NDB	A	2:20.02	24
1) Thayer, Brittany 10	2) Celeya, Shayna 9		
3) Hermansen, Wendy 9	4) Idiart, Martine 10		
36.75 40.78	32.48 30.01		
8 SHCP	A	2:26.17	22
1) Platzer, Rosie 10	2) Porter, Vicki 10		
3) Mah, Kimberly 10	4) Chan, Christina 11		
40.23 37.70	36.82 31.42		
--- PRES	B	X2:09.33	
33.64 45.27	22.13 28.29		
--- SHP	B	X2:12.78	
35.13 37.05	31.76 28.84		
--- SI	B	X2:13.56	
34.82 36.88	34.49 27.37		
--- SF	B	X2:13.64	
35.03 35.48	34.25 28.88		
--- SHCP	B	X2:22.59	
40.81 37.30	36.19 28.29		
--- VC	B	X2:22.82	
38.35 38.92	35.21 30.34		
--- NDB	B	X2:32.76	
1) Wood, Jennifer 9	2) Stamm, Beth 9		
3) Guntren, Kelsey 10	4) Scheierling, Suzie 9		
41.85 40.67	37.12 33.12		

Event 2 Boys 200 Yard Medley Relay Frosh-Soph
WCAL Record: 1:43.72 * 2003 Bellarmine College Prep.
S Jackson, M Gartner, M Rico, A MacDonell

Team	Relay	Finals Time	
1 BCP	A	1:43.86	40
1) Garcia, Ryan 9	2) Sonu, James 9		
3) Chan, Chris 10	4) Schmidt, Brian 9		
26.10 29.21	25.33 23.22		
2 SF	A	1:48.43	34
1) Kuo, David 9	2) Healey, Zach 9		
3) Brochier, Tim 9	4) Broom, Conor 10		
28.58 30.87	25.84 23.14		
3 AMHS	A	1:49.71	32
1) Slugocki, Andy 9	2) Gustaveson, Tommy 10		
3) Reynolds, Chris 10	4) Raisch, Mitchell 10		
29.04 29.86	27.38 23.43		
4 SERRA	A	1:54.47	30
1) McEnery, Ryan 10	2) Marymee, Tim 9		
3) Zakula, Nick 10	4) Urich, Will 10		
30.20 31.50	26.06 26.71		
5 SI	A	1:55.00	28
1) Madigan, Fred 10	2) O'Dea, Ryan 10		
3) Leese, Hunter 10	4) Kolenda, David 10		
28.72 33.41	27.67 25.20		
6 SHP	A	1:58.05	26
1) Samuels, Elliott 9	2) Runkel, Rob 9		
3) Chang, Colin 9	4) Parsons, Matt 9		
29.76 33.85	29.11 25.33		
7 VC	A	2:03.18	24
1) Picone, Brandon 9	2) Able, Brian 10		
3) Wagner, Doug 9	4) Gallau, Tyler 9		
34.09 33.03	29.55 26.51		
--- BCP	B	X1:48.74	
1) Orlando, Brian 9	2) Rule, Adam 10		
3) Shields, Matt 10	4) Louie, Jason 9		
28.40 31.09	25.92 23.33		
--- AMHS	B	X1:54.26	
30.20 30.60	27.65 25.81		
--- SF	B	X1:58.78	
30.30 33.34	28.32 26.82		
--- SHP	B	X2:03.19	
32.88 34.58	29.26 26.47		
--- SI	B	X2:07.61	
31.27 36.31	33.29 26.74		
--- VC	B	X2:08.98	
34.60 36.45	30.40 27.53		
--- RIOR	A	DQ	
1) Handley, Spencer 9	2) Franks, Jimmy 9		
3) Chua, Aaron 10	4) Yap, Justin 10		
40.31 36.79	38.52 29.38		

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Event 3 Girls 200 Yard Medley Relay Varsity
WCAL Record: 1:51.23 * 2003 Archbishop Mitty High School
M Liu, E Liu, A Sweeney, L Knott

Team	Relay	Finals Time
1 SI	A	1:52.87 40
1) Dimagmaliw, Ruthie 9	2) Tachibana, Misao 12	
3) Sheppard, JC 11	4) Schwab, Natalie 12	
28.40 33.10	26.93 24.44	
2 PRES	A	1:53.25 34
1) Gong, Danielle 9	2) Peters, Jenni 11	
3) Gong, Jennifer 11	4) Clarke, Emily 10	
29.05 32.79	27.34 24.07	
3 AMHS	A	1:53.87 32
1) Garcia, Jessica 11	2) Isaacs, Dory 10	
3) Garcia, Erin 11	4) Cisar, Jamie 10	
30.35 30.64	28.04 24.84	
4 VC	A	1:54.62 30
1) Yoshida, Kaylee 10	2) Okuda, Kayci 9	
3) Coetsee, Ciki 9	4) Shilling, Christina 11	
29.11 33.65	27.26 24.60	
5 SF	A	1:55.19 28
1) Yau, Audrey 12	2) McGraw, Maura 11	
3) Tansuwan, Melanie 11	4) Garcia, Danielle 12	
28.86 32.38	27.88 26.07	
6 SHP	A	1:55.28 26
1) Yim, Tiffany 10	2) Maurano, Megan 10	
3) McGanney, Shayne 11	4) Jollymour, Lauren 11	
29.03 32.11	28.64 25.50	
7 SHCP	A	2:03.28 24
1) Law, Nicole 11	2) Holden, Marissa 9	
3) Mar, Lauren 12	4) Fong, Natalie 9	
31.91 34.52	27.42 29.43	
8 NDB	A	2:13.41 22
1) Wargo, Toni 11	2) Stalder, Julia 12	
3) Zakula, Katie 9	4) Wilkins, Christine 11	
34.78 39.31	32.65 26.67	
--- SI	B	X1:59.38
29.79 33.42	29.26 26.91	
--- VC	B	X2:00.58
30.87 33.59	29.79 26.33	
--- PRES	B	X2:02.30
32.12 33.71	29.25 27.22	
--- SHP	B	X2:05.17
33.13 35.26	29.68 27.10	
--- SF	B	X2:05.80
32.72 34.90	31.88 26.30	
--- NDB	B	X2:23.05
39.61 38.96	34.15 30.33	

Event 4 Boys 200 Yard Medley Relay Varsity
WCAL Record: 1:37.42 * 2000 Bellarmine College Prep.
C Coble, C Bendetson, M Schubert, E Lee

Team	Relay	Finals Time
1 BCP	A	1:39.36 40
1) Jackson, Scott 11	2) Gartner, Mike 12	
3) McCoid, Scott 12	4) MacDonell, John Paul 11	
24.64 28.19	24.10 22.43	

2 SERRA	A	1:41.15 34
1) Wong, Stephen 12	2) Griffin, Robert 11	
3) Poggetti, Nick 10	4) Chhokar, Aaron 10	
26.77 27.21	24.89 22.28	
3 SHP	A	1:42.18 32
1) Bausback, Ian 12	2) Flores-Maxfield, Kameron 1	
3) Navarro, Alex 9	4) Ang, Randy 11	
27.66 27.24	25.10 22.18	
4 VC	A	1:42.73 30
1) Parizi, Kevin 9	2) Hughes, Chase 12	
3) Kikuta, Andrew 11	4) Maher, Colin 12	
26.08 30.30	23.62 22.73	
5 SF	A	1:42.79 28
1) Whitney, Sean 12	2) Hendrickson, Tom 12	
3) Connors, Patrick 12	4) Carpol, Mike 12	
26.98 28.94	24.77 22.10	
6 SI	A	1:46.20 26
1) Snell, Jason 11	2) Apolinario, Kevin 9	
3) Albinder, Boris 12	4) Yee, Mike 12	
28.88 29.04	25.55 22.73	
7 AMHS	A	1:46.74 24
1) Bugaski, Alex 11	2) Hussey, Ryan 11	
3) DelRio, Joe 9	4) Ridder, Steve 11	
28.11 30.07	25.17 23.39	
8 RIOR	A	1:54.45 22
1) Chow, Raymond 9	2) Ngai, Nathan 12	
3) Courey, Mark 9	4) Lau, Nelson 11	
32.45 30.51	26.42 25.07	
--- BCP	B	X1:47.49
1) Muir, Jonny 11	2) Barsan, Vali 11	
3) Rico, Michael 12	4) Kubalski, Artur 12	
30.30 29.53	25.40 22.26	
--- SHP	B	X1:49.39
28.57 29.18	26.62 25.02	
--- VC	B	X1:49.51
28.65 30.83	25.81 24.22	
--- SI	B	X1:50.78
28.92 31.76	27.16 22.94	
--- SF	B	X1:55.06
30.48 30.53	28.44 25.61	
--- AMHS	B	X2:00.59
31.36 36.23	26.66 26.34	
--- RIOR	B	X2:17.37
35.79 37.16	37.00 27.42	

Event 5 Girls 200 Yard Freestyle Junior Varsity
WCAL Record: 2:08.83 * 2003 Sarah Walsh-SI

Name	Yr School	Finals Time
Championship Final		
1 Roddy, Loretta	11 SI	2:09.51 20
28.75 32.41	34.21 34.14	
2 Pedersen, Megan	9 AMHS	2:10.76 17
28.39 31.97	35.05 35.35	
3 Smith, Kim	9 SF	2:11.81 16
31.51 33.73	33.82 32.75	
4 Mansfield, Roxanne	9 SF	2:12.34 15
30.19 33.77	34.91 33.47	
5 Vogt, Adriana	10 SHP	2:12.66 14
28.84 33.13	35.50 35.19	

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Championship Final ... (Event 5 Girls 200 Yard Freestyle Juniors)

Name	Yr	School	Finals Time	
6 Ericksen, Kelsea	9	AMHS	2:13.34	13
30.89	33.65	34.47	34.33	
7 Kirchessuer, Kristina	11	SI	2:14.65	12
31.24	33.52	35.46	34.43	
8 Tarantino, Diana	11	SHP	2:15.73	11
31.40	33.66	35.63	35.04	
Consolation Final				
9 Lorion, Marisa	10	PRES	2:14.35	9
30.94	34.31	35.09	34.01	
10 Fisher, Kelsey	10	PRES	2:14.59	7
31.08	33.77	35.00	34.74	
11 Bunzel, Breeana	10	SF	2:16.93	6
31.92	34.40	35.52	35.09	
12 Shapero, Sara	9	PRES	2:16.94	5
31.96	34.83	35.59	34.56	
13 Farley, Laura	10	AMHS	2:17.31	4
31.25	34.03	35.61	36.42	
14 Leung, Cerena	11	AMHS	2:19.20	3
31.79	34.21	35.88	37.32	
15 Rogers, Allison	9	SI	2:20.59	2
31.15	35.51	36.83	37.10	
16 Roe, Jenna	10	PRES	2:21.09	1
33.35	35.60	36.25	35.89	

Event 6 Boys 200 Yard Freestyle Frosh-Soph

WCAL Record: 1:46.73 * 2004 Taylor Smith-Bells

Name	Yr	School	Finals Time	
1 Pollard, Spencer	10	BCP	1:46.30*	20
24.43	26.88	27.37	27.62	
2 Garcia, Ryan	9	BCP	1:49.01	17
25.72	27.04	27.90	28.35	
3 Kuo, David	9	SF	1:50.34	16
25.66	27.61	28.59	28.48	
4 Partin, Chris	10	BCP	1:53.86	15
25.97	28.87	29.60	29.42	
5 Rule, Adam	10	BCP	1:54.19	14
26.64	28.97	29.40	29.18	
6 Krautkramer, Tristan	10	SHP	1:59.05	13
27.61	30.05	31.19	30.20	
7 Kolenda, David	10	SI	2:01.01	12
28.97	30.89	31.16	29.99	
8 Bickham, Travis	10	SF	2:01.96	11
27.63	29.73	32.23	32.37	

Consolation Final

9 Hosking, Doug	10	SHP	2:00.47	9
27.99	30.73	31.48	30.27	
10 Guslani, Ryan	9	SF	2:01.07	7
27.88	30.81	32.08	30.30	
11 Wang, Kevin	10	AMHS	2:02.11	6
27.93	30.58	31.97	31.63	
12 Mahoney, Brendan	10	SI	2:04.50	5
29.22	31.90	32.26	31.12	
13 Kirmse, Matt	10	AMHS	2:04.87	4
28.38	30.98	33.14	32.37	

14 Duhn, Christopher	9	SI	2:04.94	2.5
28.82	31.27	33.07	31.78	
14 Wedig, John	10	SF	2:04.94	2.5
29.35	31.96	32.27	31.36	
16 Magat, Charles	10	SERRA	2:08.65	1
27.53	31.88	34.23	35.01	

Event 7 Girls 200 Yard Freestyle Varsity

WCAL Record: 1:56.32 * 2003 Nicole Taheri-Pres

Name	Yr	School	Finals Time	
Championship Final				
1 Gong, Danielle	9	PRES	1:55.79*	20
27.78	29.19	29.62	29.20	
2 Coetsee, Ciki	9	VC	1:57.52	17
27.64	29.20	29.93	30.75	
3 Cisar, Jamie	10	AMHS	1:57.82	16
27.31	29.93	30.37	30.21	
4 Ryan, Mallory	9	SI	1:58.15	15
27.12	29.90	30.73	30.40	
5 Oreglia, Julie	12	PRES	2:00.13	14
28.26	30.39	30.90	30.58	
6 Wells, Alex	9	VC	2:01.40	13
28.58	30.66	31.33	30.83	
7 Sutherland, Katie	10	SHP	2:01.94	12
28.40	30.76	31.74	31.04	
8 Dellaria, Lyndsie	9	SI	2:02.62	11
27.66	31.03	32.23	31.70	

Consolation Final

9 Gunderson, Jenna	10	SF	2:02.51	9
29.32	31.11	31.47	30.61	
10 Garcia, Danielle	12	SF	2:02.60	7
28.86	31.13	31.65	30.96	
11 Oreglia, Kelley	10	PRES	2:03.11	6
28.92	31.07	31.64	31.48	
12 Ericksen, Kristina	11	AMHS	2:03.41	5
29.28	31.35	31.22	31.56	
13 Stephens, Hannah	9	SHP	2:04.32	4
29.53	31.66	32.11	31.02	
14 Thomas, Emily	10	AMHS	2:04.39	3
29.23	31.72	32.16	31.28	
15 Bacon, Ruth	11	SHP	2:05.35	2
29.74	31.65	32.40	31.56	
16 Sclafani, Emelia	10	VC	2:07.80	1
29.89	32.34	32.86	32.71	

Event 8 Boys 200 Yard Freestyle Varsity

WCAL Record: 1:40.97 * 2004 Chris Talbott-Bells

Name	Yr	School	Finals Time	
Championship Final				
1 Smith, Taylor	10	BCP	1:43.23	20
24.19	25.92	26.61	26.51	
2 Navarro, Alex	9	SHP	1:45.02	17
24.97	26.69	27.30	26.06	
3 Kubalski, Artur	12	BCP	1:45.05	16
24.42	26.21	27.49	26.93	
4 Lynch, Eric	12	BCP	1:45.69	15
24.98	26.37	27.24	27.10	
5 Vo, Cory	11	SF	1:46.44	14
25.33	27.17	27.28	26.66	

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Championship Final ... (Event 8 Boys 200 Yard Freestyle Vars)

Name	Yr	School	Finals Time	
6 Mix, Zach	11	BCP	1:47.00	13
24.82	27.11	27.81	27.26	
7 Parizi, Kevin	9	VC	1:47.56	12
25.12	27.00	27.69	27.75	
8 Connors, Patrick	12	SF	1:49.63	11
25.12	27.79	28.35	28.37	

Consolation Final

9 Coetsee, Abram	11	VC	1:48.74	9
25.55	27.27	28.49	27.43	
10 McKernan, Kent	12	AMHS	1:50.08	7
26.42	28.02	28.04	27.60	
11 Cawley, Ryan	11	SI	1:51.33	6
25.54	27.69	29.21	28.89	
12 Grizzle, Mike	12	VC	1:51.49	5
25.19	27.42	29.24	29.64	
13 Hermansen, David	11	SERRA	1:52.37	4
25.65	28.51	29.57	28.64	
14 Hendler, Steven	12	SI	1:53.20	3
27.07	27.99	28.91	29.23	
15 Ausich, Royce	11	SF	1:54.39	2
26.08	29.38	30.31	28.62	
16 Yam, Robert	11	SI	1:54.40	1
26.07	28.11	29.58	30.64	

Event 9 Girls 100 Yard IM Junior Varsity

WCAL Record: 1:04.98 * 2004 Darcie Campbell-SI

Name	Yr	School	Finals Time	
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Championship Final

1 Dayao, Raquel	11	SI	1:07.74	20
30.59	37.15			
2 Herrerias, Michelle	10	SI	1:09.22	17
31.55	37.67			
3 Silveria, Marilee	10	AMHS	1:10.11	16
32.73	37.38			
4 Garner, Mary Catherine	10	SF	1:10.18	15
32.58	37.60			
5 LaValle, Ali	10	PRES	1:10.36	14
31.51	38.85			
6 Child, Laura	9	SHP	1:10.71	13
34.76	35.95			
7 Caine, Lindsey	9	SF	1:11.04	12
32.86	38.18			
8 Landefeld, Clare	9	SI	1:12.10	11
33.80	38.30			

Consolation Final

9 Child, Rebecca	11	SHP	1:10.89	9
34.03	36.86			
10 Tran, Jenny	11	PRES	1:11.63	7
33.78	37.85			
11 Chou, Emily	10	PRES	1:12.76	6
32.75	40.01			
12 Ho, Jessica	9	SF	1:13.42	5
34.97	38.45			
13 Boesiger, Molly	10	SF	1:13.46	4
33.70	39.76			

14 Hussey, Katelyn	11	AMHS	1:13.70	3
34.75	38.95			
15 Carey, Michelle	10	SHP	1:14.29	2
35.30	38.99			
--- Needham, Kim	11	AMHS	DQ	

Event 10 Boys 100 Yard IM Frosh-Soph

WCAL Record: 54.23 * 2003 Nick Buonfiglio-Bells

Name	Yr	School	Finals Time	
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Championship Final

1 Chan, Chris	10	BCP	57.63	20
26.79	30.84			
2 Sonu, James	9	BCP	57.67	17
27.18	30.49			
3 Vu, Matt	10	BCP	58.22	16
27.23	30.99			
4 Gustaveson, Tommy	10	AMHS	59.83	15
27.95	31.88			
5 Brochier, Tim	9	SF	1:00.25	14
27.36	32.89			
6 Healey, Zach	9	SF	1:00.82	13
28.75	32.07			
7 Marymee, Tim	9	SERRA	1:02.13	12
28.12	34.01			
8 McMillan, Ernie	9	SF	1:02.59	11
28.55	34.04			

Consolation Final

9 Keifer, Bob	10	BCP	1:02.67	9
28.58	34.09			
10 Slugocki, Andy	9	AMHS	1:03.50	7
27.84	35.66			
11 Soghoyan, Greg	10	AMHS	1:03.91	6
30.47	33.44			
12 Samuels, Elliott	9	SHP	1:04.21	5
28.88	35.33			
13 Nicholas, Denzel	9	SI	1:05.14	4
30.82	34.32			
14 Hofstetter, Doug	9	AMHS	1:05.87	3
30.00	35.87			
15 Petromilli, Matt	9	SF	1:06.15	2
31.43	34.72			
16 Yam, Johnny	10	SI	1:08.79	1
32.16	36.63			

Event 11 Girls 200 Yard IM Varsity

WCAL Record: 2:05.02 * 2004 Erica Liu-Mitty

Name	Yr	School	Finals Time	
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Championship Final

1 Gong, Jennifer	11	PRES	2:07.86	20
28.57	32.85	36.07	30.37	
2 Simonds, Shannon	12	AMHS	2:11.18	17
28.83	33.52	37.53	31.30	
3 Yim, Tiffany	10	SHP	2:13.91	16
29.38	35.70	38.28	30.55	
4 Dimagmaliw, Ruthie	9	SI	2:14.69	15
29.43	34.90	39.06	31.30	
5 Power, Kyla	11	VC	2:15.78	14
29.49	34.07	40.75	31.47	

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Championship Final ... (Event 11 Girls 200 Yard IM Varsity)

Name	Yr	School	Finals Time	
6 Garcia, Erin	11	AMHS	2:17.71	13
29.58	35.79	40.41	31.93	
7 Padilla, Lauren	9	SI	2:19.62	12
29.75	35.54	40.90	33.43	
8 Okuda, Kelsi	11	VC	2:21.79	11
29.52	38.22	41.03	33.02	

Consolation Final

9 Tachibana, Misao	12	SI	2:18.37	9
30.45	35.30	40.30	32.32	
10 Okuda, Kayci	9	VC	2:18.94	7
30.52	37.76	38.93	31.73	
11 Miller, Melissa	10	PRES	2:18.98	6
30.39	36.51	40.05	32.03	
12 Power, Kelsey	9	VC	2:19.21	5
30.93	35.55	41.73	31.00	
13 Gong, Sheryl	12	SI	2:20.64	4
29.95	33.88	43.28	33.53	
14 Billiet, Jen	10	SF	2:22.24	3
30.42	37.56	42.10	32.16	
15 Law, Nicole	11	SHCP	2:22.30	2
30.90	35.88	42.54	32.98	
16 Bergis, Christina	9	PRES	2:22.67	1
32.36	37.64	39.90	32.77	

Event 12 Boys 200 Yard IM Varsity

WCAL Record: 1:52.30 * 1997 Rob Canales-Bells

Name	Yr	School	Finals Time	
1 Weltz, Scott	12	BCP	1:54.12	20
24.40	28.96	33.73	27.03	
2 Flores-Maxfield, Kameror	10	SHP	1:57.63	17
25.22	30.49	34.04	27.88	
3 Kikuta, Andrew	11	VC	1:59.19	16
24.85	29.00	36.09	29.25	
4 Chhokar, Aaron	10	SERRA	2:02.68	15
25.74	31.12	36.76	29.06	
5 DelRio, Joe	9	AMHS	2:05.57	14
26.29	32.17	37.37	29.74	
6 Gartner, Mike	12	BCP	2:07.61	13
27.61	34.02	35.20	30.78	
7 Rico, Michael	12	BCP	2:10.19	12
27.11	34.40	37.94	30.74	
8 Yarranton, Chis	9	SERRA	2:14.22	11
27.89	33.83	39.97	32.53	

Consolation Final

9 Muir, Jonny	11	BCP	2:07.94	9
25.92	34.42	38.27	29.33	
10 Apolinario, Kevin	9	SI	2:08.70	7
28.86	33.06	36.64	30.14	
11 Hendrickson, Tom	12	SF	2:09.66	6
29.47	34.44	34.45	31.30	
12 Hussey, Ryan	11	AMHS	2:16.85	5
30.33	35.70	38.12	32.70	
13 Courey, Mark	9	RIOR	2:17.89	4
28.38	35.82	43.14	30.55	

14 Langdon, Jonathan	10	VC	2:19.38	3
30.79	35.29	40.22	33.08	
15 Wengert, Dylan	11	SHP	2:19.85	2
31.27	34.98	41.47	32.13	
16 Chow, Raymond	9	RIOR	2:32.10	1
31.90	39.71	43.12	37.37	

Event 13 Girls 50 Yard Freestyle Junior Varsity

WCAL Record: 26.51 * 2003 Julie Hyrne-Mitty

Name	Yr	School	Finals Time	
Championship Final				
1 Conley, Kelly	10	SI	26.72	20
2 Neagle, Mia	9	SI	26.94	17
3 Baum, Natalie	9	AMHS	27.21	16
4 Pang, Jinna	9	SI	27.44	15
5 Bohannon, Sarah	9	SHP	27.86	14
6 Silver, Allison	9	SF	27.87	13
7 Lind, Jenna	11	SI	27.99	12
--- Larwood, Emily	10	SF	DQ	

Consolation Final

9 Ramirez, Melisa	10	PRES	27.64	9
10 Silveria, Marilee	10	AMHS	27.89	7
11 Bunzel, Breeana	10	SF	28.39	6
12 Tobias, Liz	10	PRES	28.48	5
13 Hays, Heather	11	PRES	28.50	4
14 Wishart, Carmen-Rosa	11	SHP	28.71	3
15 Keane, Delaney	9	AMHS	28.85	2
16 Darby, Sally	10	SF	28.88	1

Event 14 Boys 50 Yard Freestyle Frosh-Soph

WCAL Record: 21.86 * 1998 Eric Lee - Bells

Name	Yr	School	Finals Time	
Championship Final				
1 Talbott, Patrick	9	BCP	22.30	20
2 McCoid, Bryan	10	BCP	22.75	17
3 Wasson, Grant	10	BCP	23.61	16
4 Schmidt, Brian	9	BCP	23.81	15
5 Murray, Shane	10	SF	24.20	14
6 Broom, Conor	10	SF	24.27	13
7 Raisch, Mitchell	10	AMHS	24.32	12
8 Leese, Hunter	10	SI	24.54	11

Consolation Final

9 Kutzscher, Michael	9	SI	24.76	9
10 O'Dea, Ryan	10	SI	25.00	7
11 Hendrickson, Tim	10	SF	25.23	6
12 Mullin, Tyler	10	SF	25.56	5
13 McFarland, Kevin	10	SHP	25.92	4
14 Parsons, Matt	9	SHP	25.99	3
15 Gallau, Tyler	9	VC	26.14	2
16 Andersen, Mark	9	AMHS	26.15	1

Event 15 Girls 50 Yard Freestyle Varsity

WCAL Record: 24.38 * 2005 Francesca Lollini-SI

Name	Yr	School	Finals Time	
Championship Final				
1 Lollini, Francesca	12	SI	24.47	20
2 Shilling, Christina	11	VC	24.69	17
3 Clarke, Emily	10	PRES	24.74	16
4 Mar, Lauren	12	SHCP	25.06	15

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Championship Final ... (Event 15 Girls 50 Yard Freestyle Vars

Name	Yr School	Finals Time		
5 Isaacs, Dory	10 AMHS	25.10	14	
6 Campbell, MacKenzie	10 SI	25.32	13	
7 Schwab, Natalie	12 SI	25.41	12	
8 Tansuwan, Melanie	11 SF	25.59	11	

Consolation Final

9 Cutler, Lauren	9 VC	25.67	9	
10 Campbell, Darcie	10 SI	25.78	7	
11 Culpan, Kim	10 SHP	25.92	6	
12 Hyrne, Julie	12 AMHS	26.04	5	
13 Jollymour, Lauren	11 SHP	26.28	4	
14 Clark, Christie	11 SHP	26.52	3	
15 Wilkins, Christine	11 NDB	26.59	2	
16 Syres, Amy	12 VC	26.91	1	

Event 16 Boys 50 Yard Freestyle VarsityWCAL Record: 20.70 * 1998 **Leffie Crawford-Serra**

Name	Yr School	Finals Time		
1 Watts, Tim	12 BCP	21.85	20	
2 Buonfiglio, Nick	11 BCP	21.95	17	
3 MacDonell, Andrew	12 BCP	22.15	16	
4 Ang, Randy	11 SHP	22.62	15	
5 MacDonell, John Paul	11 BCP	22.67	14	
6 Carpol, Mike	12 SF	22.70	13	
7 Maher, Colin	12 VC	23.04	12	
8 Griffin, Robert	11 SERRA	23.13	11	

Consolation Final

9 Young, Jacob	12 VC	22.73	9	
10 Benedetti, Brian	11 SF	22.91	7	
11 Bruno, John	11 SI	22.96	6	
12 Browne, Campbell	11 SHP	23.23	5	
13 Whitney, Sean	12 SF	23.30	4	
14 Yee, Mike	12 SI	23.38	3	
15 Afjei, Aria	10 SERRA	23.39	2	
16 Gunderson, Matt	12 SF	23.75	1	

Event 17 Girls 1 mtr Diving Junior VarsityWCAL Record: 177.95 * 2003 **Amanda McDonnell-Mitty**

Name	Yr School	Finals Score		
1 Joyce, Kelly	9 SF	177.95*	20	
2 Bagoje, Andrea	9 SF	165.50	17	
3 Pitman, Becca	9 VC	164.65	16	
4 Matson, Lauren	9 SF	142.05	15	
5 Arthun, Charlotte	9 SF	141.75	14	
6 Barulich, Kathryn	9 SI	141.25	13	
7 Bidegainberry, Aimee	9 SI	131.60	12	
8 Ferdon, Alex	9 SF	x122.50		
9 Allen, Katie	10 VC	119.30	11	
10 Rey, Jamie	11 SI	118.40	9	
11 Mills, Monica	9 AMHS	107.70	7	
12 Roos, Emily	9 SI	106.65	6	
13 McClarney, Katelyn	9 AMHS	103.75	5	
14 Wong, Alisa	9 SI	x101.55		
15 Salah, Michelle	9 AMHS	98.40	4	

Event 18 Boys 1 mtr Diving Frosh-SophWCAL Record: 181.75 * 2005 **Brendan Healey-SF**

Name	Yr School	Finals Score		
1 Healey, Brendan	10 SF	181.75*	20	
2 Knochenhauer, Jay	10 SF	131.00	17	
3 Freedman, Alex	9 SI	92.55	16	

Event 19 Girls 1 mtr Diving VarsityWCAL Record: 479.35 * 2004 **Michelle Morikawa-SF**

Name	Yr School	Finals Score		
1 Ivester, Hallie	10 SF	417.80	20	
2 Bogart, Amy	10 SF	342.25	17	
3 Brennan, Danielle	10 SF	311.05	16	
4 D'Hondt, Aimee	11 VC	290.35	15	
5 Walitsch, Cassie	11 VC	272.65	14	
6 Cunningham, Jillian	11 SI	267.65	13	
7 Ferrante, Ashleigh	11 VC	264.15	12	
8 Hirose, Courtney	9 AMHS	247.55	11	
9 Hann, Deanna	10 VC	229.95	9	
10 Holcomb, Katie	11 AMHS	224.00	7	
11 Strutner, Diane	10 AMHS	212.65	6	
--- Rasco, Brittany	10 VC	DQ		
--- DiCarlo, Bea	12 SI	DQ		

Event 20 Boys 1 mtr Diving VarsityWCAL Record: 585.90 * 2001 **Adam Peterson-SF**

Name	Yr School	Finals Score		
1 Taylor, Robert	9 BCP	436.40	20	
2 Scott, Chris	10 SI	334.30	17	
3 Simms, Jason	11 VC	255.40	16	
4 Mark, Ross	10 VC	207.30	15	
5 O'Donnell, Daniel	11 SI	204.20	14	

Event 21 Girls 50 Yard Butterfly Junior VarsityWCAL Record: 29.42 * 2004 **Sara Collins-Mitty**

Name	Yr School	Finals Time		
1 Malkovich, Kristen	11 PRES	29.60	20	
2 Schwartz, Emily	10 SI	29.84	17	
3 Lind, Jenna	11 SI	29.86	16	
4 Hays, Heather	11 PRES	30.14	15	
5 Wishart, Carmen-Rosa	11 SHP	30.19	14	
6 Bohannon, Sarah	9 SHP	30.72	13	
7 Moscone, Zea	9 SI	30.89	12	
8 Pang, Jinna	9 SI	31.38	11	

Consolation Final

9 Kearney, Christina	9 AMHS	30.84	9	
10 Larwood, Emily	10 SF	31.13	7	
11 Hermansen, Wendy	9 NDB	31.31	6	
12 Ceremsak, Kate	9 SHP	31.36	5	
13 Richardson, Edie	9 SF	31.60	4	
14 Carey, Michelle	10 SHP	31.92	3	
15 Chou, Emily	10 PRES	32.04	2	
16 Keane, Meghan	11 AMHS	32.17	1	

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Event 22 Boys 50 Yard Butterfly Frosh-Soph

WCAL Record: 24.32 * 2005 Bryan McCoid-Bells

Name	Yr	School	Finals Time
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Championship Final

1	McCoid, Bryan	10	BCP	24.37	20
2	Pollard, Spencer	10	BCP	25.61	17
3	Shields, Matt	10	BCP	26.38	16
4	Brochier, Tim	9	SF	26.54	15
5	Muir, Jake	9	BCP	26.67	14
6	Madigan, Fred	10	SI	26.77	13
7	Leese, Hunter	10	SI	27.81	12
8	Reynolds, Chris	10	AMHS	28.14	11

Consolation Final

9	Lopiccolo, Adam	9	AMHS	27.02	9
10	Meadows, Jeff	9	SF	28.57	7
11	Parsons, Matt	9	SHP	28.87	6
12	Alford-Lago, Jay	10	SF	28.91	5
13	Chang, Colin	9	SHP	29.61	4
14	Wagner, Doug	9	VC	29.86	3
15	Harn-Oram, David	9	VC	29.90	2
16	Glass, Ken	9	AMHS	30.16	1

Event 23 Girls 100 Yard Butterfly Varsity

WCAL Record: 57.16 * 2005 Michelle Liu-Mitty

Name	Yr	School	Finals Time
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Championship Final

1	Liu, Michelle	11	AMHS	56.32*	20
	26.45	29.87			
2	Sheppard, JC	11	SI	59.61	17
	27.90	31.71			
3	Coetsee, Ciki	9	VC	1:00.64	16
	28.90	31.74			
4	Tansuwan, Melanie	11	SF	1:01.38	15
	29.41	31.97			
5	Yoshida, Kaylee	10	VC	1:01.67	14
	28.86	32.81			
6	Oreglia, Julie	12	PRES	1:02.50	13
	29.56	32.94			
7	Peirona, Tessa	9	SI	1:03.66	12
	29.47	34.19			
8	Garcia, Erin	11	AMHS	1:05.18	11
	30.13	35.05			

Consolation Final

9	Hyne, Julie	12	AMHS	1:03.57	9
	29.33	34.24			
10	Billiet, Jen	10	SF	1:04.44	7
	30.70	33.74			
11	Canonica, Kandis	10	SI	1:04.46	6
	30.01	34.45			
12	Sclafani, Emelia	10	VC	1:05.28	5
	30.44	34.84			
13	Oreglia, Kelley	10	PRES	1:05.34	4
	30.98	34.36			
14	Wing, Kelli	11	PRES	1:05.64	3
	30.74	34.90			
15	McGanney, Shayne	11	SHP	1:06.89	2
	30.17	36.72			

16	Castagnola, Gina	10	SI	1:07.52	1
	31.02	36.50			

Event 24 Boys 100 Yard Butterfly Varsity

WCAL Record: 51.25 * 1997 Leffie Crawford-Serra

Name	Yr	School	Finals Time
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Championship Final

1	Buonfiglio, Nick	11	BCP	51.78	20
	24.80	26.98			
2	Kikuta, Andrew	11	VC	52.69	17
	25.08	27.61			
3	Muir, Jonny	11	BCP	54.33	16
	25.24	29.09			
4	Rico, Michael	12	BCP	55.35	15
	25.83	29.52			
5	Poggetti, Nick	10	SERRA	55.39	14
	25.31	30.08			
6	DelRio, Joe	9	AMHS	56.00	13
	26.37	29.63			
7	Albinder, Boris	12	SI	56.62	12
	26.79	29.83			
8	Ostler, Jack	9	SI	56.83	11
	26.39	30.44			

Consolation Final

9	Yarranton, Chis	9	SERRA	55.45	9
	25.60	29.85			
10	Courey, Mark	9	RIOR	56.81	7
	27.41	29.40			
11	Smith, Matt	10	VC	57.18	6
	27.00	30.18			
12	Roller, Ryan	12	BCP	57.21	5
	26.55	30.66			
13	Hvidt, Scott	11	SF	57.64	4
	26.65	30.99			
14	Ausich, Royce	11	SF	58.12	3
	27.46	30.66			
15	Soghoyan, Kengo	11	AMHS	59.29	2
	27.56	31.73			
16	Marino, Michael	11	SHP	59.86	1
	27.69	32.17			

Event 25 Girls 100 Yard Freestyle Junior Varsity

WCAL Record: 57.12 * 2005 Sasza Lohrey

Name	Yr	School	Finals Time
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Championship Final

1	Lohrey, Sasza	9	SI	57.14	20
	27.20	29.94			
2	Dayao, Raquel	11	SI	59.15	17
	28.11	31.04			
3	Pedersen, Megan	9	AMHS	59.44	16
	28.33	31.11			
4	Conley, Kelly	10	SI	59.53	15
	28.64	30.89			
5	Herrerias, Michelle	10	SI	59.69	14
	28.68	31.01			
6	Mansfield, Roxanne	9	SF	59.96	13
	29.02	30.94			
7	Baum, Natalie	9	AMHS	1:00.06	12
	29.35	30.71			

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Championship Final ... (Event 25 Girls 100 Yard Freestyle Jun)

Name	Yr	School	Finals Time	
8 Henderson, Hannah	9	SHP	1:02.30	11
			29.42	32.88

Consolation Final

9 Ericksen, Kelsea	9	AMHS	1:00.75	9
			29.36	31.39
10 Ramirez, Melisa	10	PRES	1:00.81	7
			29.87	30.94
11 Caine, Lindsey	9	SF	1:02.04	6
			30.29	31.75
12 Farley, Laura	10	AMHS	1:02.31	5
			30.07	32.24
13 Brezinski, Maggie	9	SHP	1:02.82	4
			30.68	32.14
14 Tobias, Liz	10	PRES	1:03.79	3
			30.80	32.99
15 Proceviat, Laina	9	SF	1:04.14	2
			30.77	33.37
16 Darby, Sally	10	SF	1:05.00	1
			31.45	33.55

Event 26 Boys 100 Yard Freestyle Frosh-Soph

WCAL Record: 47.79 * 2004 Nick Buonfiglio-Bells

Name	Yr	School	Finals Time	
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Championship Final

1 Talbott, Patrick	9	BCP	49.23	20
			23.85	25.38
2 Zappel, Jase	10	BCP	50.57	17
			24.26	26.31
3 Louie, Jason	9	BCP	51.40	16
			24.37	27.03
4 Schmidt, Brian	9	BCP	51.75	15
			24.86	26.89
5 Broom, Conor	10	SF	52.89	14
			26.65	26.24
6 Zakula, Nick	10	SERRA	53.25	13
			25.27	27.98
7 Raisch, Mitchell	10	AMHS	53.95	12
			26.35	27.60
8 Kolenda, David	10	SI	54.26	11
			26.52	27.74

Consolation Final

9 Bickham, Travis	10	SF	54.89	9
			26.91	27.98
10 Guslani, Ryan	9	SF	54.96	7
			26.97	27.99
11 Nicholas, Denzel	9	SI	55.33	6
			27.35	27.98
12 Hendrickson, Tim	10	SF	56.50	5
			27.04	29.46
13 Magat, Charles	10	SERRA	56.66	4
			26.69	29.97
14 McEnery, Ryan	10	SERRA	57.98	3
			28.04	29.94
15 Duhn, Christopher	9	SI	58.43	2
			28.28	30.15

16 Lenihan, Aidan	9	VC	1:00.10	1
			28.60	31.50

Event 27 Girls 100 Yard Freestyle Varsity

WCAL Record: 52.45 * 2004 Michelle Liu-Mitty

Name	Yr	School	Finals Time	
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Championship Final

1 Clarke, Emily	10	PRES	52.67	20
			25.65	27.02
2 Shilling, Christina	11	VC	53.89	17
			25.82	28.07
3 Lollini, Francesca	12	SI	54.24	16
			25.38	28.86
4 Campbell, MacKenzie	10	SI	54.35	15
			26.04	28.31
5 Cisar, Jamie	10	AMHS	55.11	14
			26.51	28.60
6 Dellaria, Lyndsie	9	SI	56.60	13
			26.75	29.85
7 Gunderson, Jenna	10	SF	56.88	12
			27.75	29.13
8 Gamlen, Victoria	9	SF	57.31	11
			27.27	30.04

Consolation Final

9 Cutler, Lauren	9	VC	55.51	9
			26.99	28.52
10 Campbell, Darcie	10	SI	56.28	7
			27.10	29.18
11 Collins, Sara	10	AMHS	56.37	6
			27.33	29.04
12 Stephens, Hannah	9	SHP	57.41	5
			28.03	29.38
13 Culpán, Kim	10	SHP	57.45	4
			27.71	29.74
14 Weber, Mattie	10	SF	57.59	3
			27.86	29.73
15 Jollymour, Lauren	11	SHP	58.59	2
			27.63	30.96
16 Menon, Pallavi	9	SHP	58.72	1
			28.43	30.29

Event 28 Boys 100 Yard Freestyle Varsity

WCAL Record: 46.54 * 1998 Leffie Crawford-Serra

Name	Yr	School	Finals Time	
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Championship Final

1 Weltz, Scott	12	BCP	48.67	20
			24.18	24.49
2 MacDonell, Andrew	12	BCP	48.73	17
			23.95	24.78
3 Schmidt, Kevin	11	BCP	48.90	16
			23.95	24.95
4 MacDonell, John Paul	11	BCP	49.05	15
			23.52	25.53
5 Bruno, John	11	SI	49.91	14
			23.70	26.21
6 Ang, Randy	11	SHP	49.97	13
			24.00	25.97
7 Cawley, Ryan	11	SI	49.98	12
			24.17	25.81

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Championship Final ... (Event 28 Boys 100 Yard Freestyle Var

Name	Yr	School	Finals Time	
8 Hermansen, David	11	SERRA	50.29	11
			23.91	26.38

Consolation Final

9 Brown, Evan	11	AMHS	49.92	9
			24.43	25.49
10 Kristofferson, Jun	10	SHP	51.01	6
			24.64	26.37
10 Benedetti, Brian	11	SF	51.01	6
			24.91	26.10
10 Browne, Campbell	11	SHP	51.01	6
			24.61	26.40
13 Grizzle, Mike	12	VC	51.14	4
			24.45	26.69
14 Afjei, Aria	10	SERRA	51.39	3
			24.44	26.95
15 Marino, Michael	11	SHP	52.03	2
			25.14	26.89
16 Young, Jacob	12	VC	52.31	1
			24.79	27.52

Event 29 Girls 500 Yard Freestyle Junior Varsity

WCAL Record: 5:44.91 * 2003 **Tori Riess- Mitty**

Name	Yr	School	Finals Time	
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Championship Final

1 Roddy, Loretta	11	SI	5:45.80	20
			31.00	34.01
			35.65	36.02
			34.62	33.17
2 Smith, Kim	9	SF	5:46.54	17
			32.38	35.02
			35.92	35.03
			34.27	32.29
3 Riess, Tori	11	AMHS	5:51.35	16
			31.36	34.90
			36.69	35.74
			35.78	34.51
4 Kirchessuer, Kristina	11	SI	5:55.66	15
			31.90	35.85
			35.92	36.00
			36.58	35.55
5 Vogt, Adriana	10	SHP	5:58.59	14
			30.60	33.69
			36.14	36.68
			38.04	36.79
6 Allen, Katie	10	VC	6:00.14	13
			31.23	35.19
			37.46	37.97
			36.55	33.15
7 Shapero, Sara	9	PRES	6:05.43	12
			32.81	36.45
			36.81	36.96
			37.63	35.74
8 Urban, Edie	11	SHP	6:07.18	11
			32.49	35.80
			37.31	36.73
			38.17	36.72

Consolation Final

9 Malkovich, Kristen	11	PRES	5:59.98	9
			32.15	36.35
			37.11	37.23
			36.12	34.44
10 Gallagher, Cassandra	9	SI	6:02.55	7
			31.53	35.03
			37.17	37.26
			37.22	36.38
11 Villeneuve, Nicole	10	SHP	6:06.80	6
			32.14	35.11
			37.57	37.40
			37.98	36.82
12 Fisher, Kelsey	10	PRES	6:07.64	5
			33.09	35.56
			37.23	37.40
			37.98	37.20
13 Lorion, Marisa	10	PRES	6:10.77	4
			32.45	36.08
			38.18	37.82
			37.42	37.22
14 Needham, Kim	11	AMHS	6:14.67	3
			32.97	35.40
			38.07	38.71
			38.66	37.72
15 Kidd, Natalie	10	AMHS	6:21.88	2
			33.21	36.80
			39.75	39.95
			39.54	36.52
16 Kilbourn, Kathryn	10	AMHS	6:24.21	1
			33.69	36.87
			39.28	39.31
			39.84	37.92

Event 30 Boys 500 Yard Freestyle Frosh-Soph

WCAL Record: 4:42.04 * 2004 **Taylor Smith-Bells**

Name	Yr	School	Finals Time	
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Championship Final

1 Kuo, David	9	SF	4:51.75	20
			27.04	29.25
			29.43	29.44
			29.09	28.28
2 Shields, Matt	10	BCP	4:55.52	17
			26.74	29.48
			29.59	29.71
			30.46	30.19
3 Partin, Chris	10	BCP	5:07.83	16
			26.87	30.35
			31.65	31.46
			31.79	30.58
4 Yen, Adam	9	BCP	5:21.12	15
			28.91	31.83
			33.37	32.61
			32.33	31.46
5 Orlando, Brian	9	BCP	5:22.43	14
			28.37	31.43
			32.93	33.19
			33.49	31.25

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Championship Final ... (Event 30 Boys 500 Yard Freestyle Fro				
Name	Yr	School	Finals Time	
6 Krautkramer, Tristan	10	SHP	5:24.64	13
			29.83 32.36 32.99 33.66	
			33.12 33.15 32.94 33.14	
			32.39 31.06	
7 Petromilli, Matt	9	SF	5:34.81	12
			30.02 32.90 33.37 34.13	
			34.33 34.54 34.86 34.26	
			33.84 32.56	
8 Hosking, Doug	10	SHP	5:38.64	11
			30.10 32.96 33.80 34.86	
			34.98 34.90 35.11 34.92	
			34.60 32.41	
Consolation Final				
9 Wang, Kevin	10	AMHS	5:33.03	9
			29.45 32.07 33.20 33.44	
			33.91 34.29 34.68 34.48	
			34.36 33.15	
10 Yam, Johnny	10	SI	5:39.73	7
			31.20 33.84 34.85 34.16	
			34.03 34.99 35.15 33.52	
			34.27 33.72	
11 Kirmse, Matt	10	AMHS	5:39.80	6
			29.58 32.29 33.67 33.87	
			35.06 35.71 35.72 36.20	
			35.75 31.95	
12 Wedig, John	10	SF	5:39.94	5
			30.82 33.84 34.30 34.61	
			35.02 35.06 34.61 34.53	
			34.55 32.60	
13 Mahoney, Brendan	10	SI	5:40.73	4
			29.92 32.61 33.29 33.92	
			34.45 35.04 35.91 35.30	
			35.46 34.83	
14 Johnson, Alexander	10	SI	5:49.76	3
			30.79 34.24 34.98 34.51	
			35.08 35.98 36.33 36.48	
			35.91 35.46	
15 Grizzle, Jonathan	9	VC	5:58.95	2
			31.08 36.23 37.32 37.00	
			37.44 36.29 37.01 36.94	
			36.21 33.43	
16 McCavitt, Kit	9	SHP	6:03.07	1
			31.80 35.53 35.85 37.00	
			37.63 37.55 37.33 37.57	
			37.47 35.34	

Event 31 Girls 500 Yard Freestyle Varsity				
WCAL Record: 5:08.29 * 2004 Jennifer Gong-Pres				
Name	Yr	School	Finals Time	
Championship Final				
1 Gong, Danielle	9	PRES	5:10.07	20
			29.27 31.69 31.67 31.57	
			31.55 31.23 31.12 31.17	
			30.61 30.19	

2 Ryan, Mallory	9	SI	5:12.23	17
			28.72 30.89 31.42 31.51	
			31.55 31.59 31.82 31.72	
			31.86 31.15	
3 Simonds, Shannon	12	AMHS	5:14.90	16
			28.84 30.94 31.22 31.83	
			31.78 31.65 32.02 32.30	
			32.51 31.81	
4 Wells, Alex	9	VC	5:18.58	15
			29.20 31.36 31.72 32.09	
			32.30 32.00 32.52 32.40	
			33.00 31.99	
5 Still, Julia	9	PRES	5:18.98	14
			29.23 31.68 32.13 32.34	
			32.39 32.48 32.58 32.38	
			32.65 31.12	
6 Power, Kyla	11	VC	5:22.58	13
			29.46 32.26 32.23 32.38	
			32.47 32.46 32.59 33.20	
			33.18 32.35	
7 Sutherland, Katie	10	SHP	5:25.53	12
			29.41 32.18 32.78 32.95	
			33.26 33.41 33.35 33.55	
			33.06 31.58	
8 Bacon, Ruth	11	SHP	5:37.73	11
			31.08 33.05 33.67 34.24	
			34.40 34.49 34.31 34.88	
			34.85 32.76	
Consolation Final				
9 Smith, Helen	12	PRES	5:32.90	9
			30.28 33.16 32.80 33.58	
			33.90 33.93 34.12 33.98	
			34.12 33.03	
10 Thomas, Emily	10	AMHS	5:36.71	7
			30.68 33.56 33.93 34.21	
			34.28 34.38 34.51 34.38	
			33.99 32.79	
11 Micotti, Kristina	9	VC	5:42.88	6
			30.61 33.44 33.49 34.21	
			34.86 35.13 35.42 35.72	
			35.31 34.69	
12 Enriquez, Nicolyna	10	SF	5:44.67	5
			30.45 33.56 34.49 35.26	
			35.36 35.44 35.41 35.58	
			35.06 34.06	
13 Shorrock, Micaela	11	SI	5:46.92	4
			30.50 34.31 34.88 35.19	
			35.22 35.64 35.54 35.93	
			35.72 33.99	
14 Alderette, Jenn	12	VC	5:47.33	3
			31.46 33.88 34.81 35.48	
			35.37 35.93 35.51 35.96	
			35.67 33.26	
15 Smith, Danielle	9	AMHS	6:05.73	2
			32.24 35.95 37.20 36.43	
			37.74 37.84 37.59 37.73	
			37.88 35.13	

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Consolation Final ... (Event 31 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Finals Time	
16 Hoag, Stephanie	10	NDB	6:08.53	1
			31.01	35.78
			37.92	38.23
			37.64	36.02
			37.55	38.31
			37.99	38.08

Event 32 Boys 500 Yard Freestyle Varsity
WCAL Record: 4:33.11 * 2004 Chris Talbott-Bells

Name	Yr	School	Finals Time
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Championship Final

1 Smith, Taylor	10	BCP	4:34.18	20
			25.38	26.96
			27.95	27.93
			27.80	26.65
2 Lynch, Eric	12	BCP	4:35.01	17
			25.76	27.18
			27.81	27.85
			28.21	27.45
3 Navarro, Alex	9	SHP	4:42.43	16
			25.11	27.02
			28.53	29.61
			28.69	27.67
4 Vo, Cory	11	SF	4:44.02	15
			25.72	27.99
			29.03	28.90
			29.09	27.74
5 Kubalski, Artur	12	BCP	4:48.75	14
			25.60	28.26
			29.37	29.37
			29.60	28.58
6 Mix, Zach	11	BCP	4:51.19	13
			26.28	28.62
			29.63	29.83
			29.86	28.89
7 Coetsee, Abram	11	VC	4:58.75	12
			26.03	28.20
			30.57	31.04
			31.05	29.09
8 McKernan, Kent	12	AMHS	5:06.75	11
			27.77	30.50
			31.07	31.33
			31.21	29.66

Consolation Final

9 Smith, Matt	10	VC	5:06.95	9
			27.92	30.89
			30.98	31.10
			31.25	29.70
10 Dunlevie, Alex	11	SHP	5:10.77	7
			27.86	30.68
			31.94	32.11
			30.54	29.89
11 Hendler, Steven	12	SI	5:12.29	6
			26.72	30.08
			32.20	31.72
			32.42	31.46
			31.37	30.38
			31.55	31.81
			31.91	32.14
			32.20	31.50
			31.44	32.14
			31.63	32.48

12 Schultz, Nick	11	SF	5:14.80	5
			27.50	30.87
			32.10	32.32
			32.43	30.70
13 Snell, Jason	11	SI	5:15.25	4
			27.79	30.61
			32.06	32.29
			32.62	31.58
14 Lai, Matt	12	SI	5:19.26	3
			28.28	30.81
			31.75	32.49
			33.82	33.66
15 Yam, Robert	11	SI	5:20.30	2
			28.66	31.68
			31.97	32.64
			33.44	32.21
16 Woodward, Ryan	11	AMHS	5:30.62	1
			28.66	31.69
			33.89	33.64
			33.89	33.40
			31.40	32.19
			32.71	32.58
			31.07	32.01
			32.39	32.83
			31.00	31.41
			32.84	33.20
			31.51	31.93
			32.89	33.37
			32.93	33.65
			34.41	34.46

Event 33 Girls 200 Yard Freestyle Relay Junior Varsity
WCAL Record: 1:48.11 * 2003 Archbishop Mitty High School
K Slugocki, K DeBarr, A Malabranche, J Hyrne

Team	Relay	Finals Time
1 SI	A	1:46.25* 40
	1) Lohrey, Sasza 9	2) Herrerias, Michelle 10
	3) Conley, Kelly 10	4) Dayao, Raquel 11
	25.83	27.17
2 AMHS	A	1:49.66 34
	1) Pedersen, Megan 9	2) Silveria, Marilee 10
	3) Baum, Natalie 9	4) Ericksen, Kelsea 9
	27.62	27.62
3 PRES	A	1:52.30 32
	1) LaValle, Ali 10	2) Knapp, Lizzie 10
	3) Hays, Heather 11	4) Lorion, Marisa 10
	28.15	28.46
4 SF	A	1:52.71 30
	1) Mansfield, Roxanne 9	2) Darby, Sally 10
	3) Bunzel, Breeana 10	4) Silver, Allison 9
	28.04	28.81
5 SHP	A	1:53.90 28
	1) Wishart, Carmen-Rosa 11	2) Vogt, Adriana 10
	3) Stephens, Kimi 11	4) Child, Laura 9
	29.14	28.24
6 NDB	A	2:06.45 24
	1) McTaggart, Megan 9	2) Guntren, Kelsey 10
	3) Slotnick, Jenny 10	4) Celeya, Shayna 9
	33.17	31.13
7 SHCP	A	2:09.78 22
	1) Mah, Katherine 11	2) Yu, Vivian 9
	3) Platzer, Rosie 10	4) Chan, Christina 11
	31.35	31.29
--- SHP	B	X1:56.88
	28.79	28.78
--- SF	B	X2:05.48
	30.77	30.40
--- VC	B	X2:09.61
	34.35	30.39
	35.81	31.33
	29.61	29.70
	34.64	29.67
	34.19	30.68

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(Event 33 Girls 200 Yard Freestyle Relay Junior Varsity)

Team	Relay	Finals Time
--- NDB	B	X2:19.48
1) Schafer, Lorraine 10	2) Martinez, Marissa 10	
3) Razzak, Zaireen 10	4) Goulet, Elizabeth 9	
35.79 36.89	33.20 33.60	
--- SHCP	B	X2:26.25
36.70 37.35	38.77 33.43	
--- VC	A	DQ 26
1) Slavich, Beki 9	2) Yaccarine, Alexandra 9	
3) Santiesteban, Mimi 10	4) Tencati, Megan 10	
30.05 32.18	30.72 29.54	
--- SI	B	XDQ
1) Martin, Maria 11		
30.03 28.84	28.85 28.43	
--- PRES	B	XDQ
29.98 28.99	28.42 28.57	

Event 34 Boys 200 Yard Freestyle Relay Frosh-Soph

WCAL Record: 1:30.41 * 2004 Bellarmine College Prep.

J MacDonell, K Schmidt, B McCoid, N Buonfiglio

Team	Relay	Finals Time
1 BCP	A	1:32.24 40
1) McCoid, Bryan 10	2) Schmidt, Brian 9	
3) Louie, Jason 9	4) Talbott, Patrick 9	
22.54 23.55	23.58 22.57	
2 SF	A	1:37.06 34
1) Healey, Zach 9	2) Guslani, Ryan 9	
3) Bickham, Travis 10	4) Broom, Conor 10	
24.12 25.17	24.32 23.45	
3 SERRA	A	1:41.53 32
1) Zakula, Nick 10	2) Magat, Charles 10	
3) Marymee, Tim 9	4) Urich, Will 10	
23.95 25.05	25.28 27.25	
4 SI	A	1:42.56 30
1) Kim, Evan 9	2) O'Dea, Ryan 10	
3) Kutzscher, Michael 9	4) Nicholas, Denzel 9	
26.04 26.98	24.47 25.07	
5 SHP	A	1:44.24 28
1) Hosking, Doug 10	2) Krautkramer, Tristan 10	
3) Chang, Colin 9	4) McFarland, Kevin 10	
25.59 25.42	27.13 26.10	
6 AMHS	A	1:44.59 26
1) Arellano, ED	2) Fleming, Michael 10	
3) Andersen, Mark 9	4) Munoz, Robbie 10	
26.77 25.77	26.19 25.86	
7 VC	A	1:46.37 24
1) Able, Brian 10	2) Shemeta, Josh 9	
3) Gallau, Tyler 9	4) Lenihan, Aidan 9	
26.86 26.15	25.78 27.58	
8 RIOR	A	2:05.91 22
1) Yap, Justin 10	2) Ngo, Martin 10	
3) Villegas, Nate 10	4) Javier, Marvin 9	
30.80 31.53	31.65 31.93	
--- BCP	B	X1:34.55
1) Sonu, James 9	2) Pollard, Spencer 10	
3) Zappel, Jase 10	4) Partin, Chris 10	
23.67 22.70	23.85 24.33	

--- SF	B	X1:44.21
25.92 27.28	25.45 25.56	
--- AMHS	B	X1:49.22
28.49 27.86	27.27 25.60	
--- SERRA	B	X1:49.59
1) Greco, Travis 9	2) Empey, Tyler 9	
3) Gomes, Alex 9	4) Lazzaro, Mark 9	
26.93 28.83	27.09 26.74	
--- SHP	B	X1:50.52
28.45 27.59	26.43 28.05	
--- VC	B	X1:50.67
27.92 27.93	27.55 27.27	
--- SI	B	X1:51.86
26.94 28.93	27.83 28.16	
--- RIOR	B	X2:24.97
37.24 36.80	36.87 34.06	

Event 35 Girls 200 Yard Freestyle Relay Varsity

WCAL Record: 1:39.54 * 2004 Archbishop Mitty High School

L Knott, M Liu, M Janitski, S Simonds

Team	Relay	Finals Time
1 AMHS	A	1:39.49* 40
1) Liu, Michelle 11	2) Cisar, Jamie 10	
3) Hyrne, Julie 12	4) Simonds, Shannon 12	
23.93 25.21	25.78 24.57	
2 SI	A	1:39.85 34
1) Schwab, Natalie 12	2) Lollini, Francesca 12	
3) Ryan, Mallory 9	4) Campbell, MacKenzie 10	
25.34 24.62	25.11 24.78	
3 VC	A	1:43.93 32
1) Power, Kyla 11	2) Yoshida, Kaylee 10	
3) Okuda, Kelsi 11	4) Cutler, Lauren 9	
26.20 25.92	25.97 25.84	
4 SHP	A	1:44.51 30
1) Stephens, Hannah 9	2) Mordell, Melissa 10	
3) Jollymour, Lauren 11	4) Culpán, Kim 10	
27.35 25.31	26.00 25.85	
5 SF	A	1:46.11 28
1) Gamlen, Victoria 9	2) Gunderson, Jenna 10	
3) Weber, Mattie 10	4) Billiet, Jen 10	
26.62 26.05	26.21 27.23	
6 PRES	A	1:48.50 26
1) Oreglia, Julie 12	2) Still, Julia 9	
3) Miller, Melissa 10	4) Gause, Kelley 10	
27.22 26.91	27.47 26.90	
7 NDB	A	1:50.92 24
1) Wilkins, Christine 11	2) Hoag, Stephanie 10	
3) Wargo, Toni 11	4) Zakula, Katie 9	
26.49 29.08	27.76 27.59	
--- SHP	B	X1:47.34
27.09 26.77	26.61 26.87	
--- VC	B	X1:48.87
27.17 26.36	27.31 28.03	
--- PRES	B	X1:51.15
27.43 28.00	28.07 27.65	
--- SI	B	X1:53.10
1) Campbell, Darcie 10		
29.03 28.17	28.00 27.90	

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(Event 35 Girls 200 Yard Freestyle Relay Varsity)

Team	Relay		Finals Time	
--- SF	B		X1:55.54	
	29.59	28.14	30.33	27.48
--- NDB	B		X2:03.37	
	29.26	32.03	31.11	30.97

Event 36 Boys 200 Yard Freestyle Relay Varsity
WCAL Record: 1:27.21 * 2004 Bellarmine College Prep.
C Cashin, T Watts, J Pollard, R Reinhardt

Team	Relay		Finals Time	
1 BCP	A		1:26.63* 40	
	1) MacDonell, Andrew 12	2) Watts, Tim 12		
	3) Weltz, Scott 12	4) Buonfiglio, Nick 11		
	22.06	21.29	21.64	21.64
2 SERRA	A		1:30.81 34	
	1) Griffin, Robert 11	2) Chhokar, Aaron 10		
	3) Poggetti, Nick 10	4) Hermansen, David 11		
	23.15	22.34	22.66	22.66
3 VC	A		1:30.98 32	
	1) Maher, Colin 12	2) Grizzle, Mike 12		
	3) Young, Jacob 12	4) Kikuta, Andrew 11		
	23.25	23.20	22.93	21.60
4 SI	A		1:31.20 30	
	1) Cawley, Ryan 11	2) Hendler, Steven 12		
	3) Albinder, Boris 12	4) Yee, Mike 12		
	22.70	22.59	23.06	22.85
5 SHP	A		1:33.40 28	
	1) Browne, Campbell 11	2) Wigley, Douglas 12		
	3) Kristofferson, Jun 10	4) Marino, Michael 11		
	23.10	23.69	23.49	23.12
6 SF	A		1:33.95 26	
	1) Benedetti, Brian 11	2) Vo, Cory 11		
	3) Soares, Mark 11	4) Gunderson, Matt 12		
	23.82	23.44	23.75	22.94
7 RIOR	A		1:41.58 24	
	1) Wu, Alan 11	2) Courey, Mark 9		
	3) Lau, Nelson 11	4) Ngai, Nathan 12		
	26.09	25.08	25.62	24.79
--- BCP	B		X1:30.68	
	1) Schmidt, Kevin 11	2) Wall, Jack 12		
	3) MacDonell, John Paul 11	4) McCoid, Scott 12		
	22.79	22.68	22.68	22.53
--- VC	B		X1:37.79	
	23.79	24.65	24.96	24.39
--- SF	B		X1:39.80	
	24.13	25.53	25.39	24.75
--- AMHS	B		X1:39.82	
	25.35	23.80	25.32	25.35
--- SHP	B		X1:40.13	
	24.40	24.57	25.61	25.55
--- SI	B		X1:41.02	
	23.52	25.16	27.44	24.90
--- RIOR	B		X1:57.41	
	28.17	27.37	33.22	28.65
--- AMHS	A		DQ	
	1) Brown, Ryan 9	2) Wolf, Nate 12		
	3) Ridder, Steve 11	4) McKernan, Kent 12		

Event 37 Girls 100 Yard Backstroke Junior Varsity

WCAL Record: 1:03.92 * 2004 Jessica Garcia-Mitty

Name	Yr	School	Finals Time	
Championship Final				
1 Lohrey, Sasza	9	SI	1:04.87	20
			31.91	32.96
2 Gallagher, Cassandra	9	SI	1:07.19	17
			32.50	34.69
3 Schwartz, Emily	10	SI	1:08.72	16
			34.26	34.46
4 LaValle, Ali	10	PRES	1:09.31	15
			33.49	35.82
5 Rogers, Allison	9	SI	1:10.55	14
			34.59	35.96
6 Grosso, Julie	10	SF	1:12.17	13
			35.19	36.98
7 Silver, Allison	9	SF	1:13.08	12
			34.97	38.11
8 Tarantino, Diana	11	SHP	1:14.57	11
			36.30	38.27
Consolation Final				
9 Ceremsak, Kate	9	SHP	1:11.93	9
			34.50	37.43
10 Stephens, Kimi	11	SHP	1:12.55	7
			35.28	37.27
11 Roe, Jenna	10	PRES	1:12.63	6
			35.63	37.00
12 Kearney, Christina	9	AMHS	1:13.83	5
			36.68	37.15
13 Sell, Caitlin	9	SF	1:14.67	4
			36.04	38.63
14 Henderson, Hannah	9	SHP	1:15.69	3
			37.09	38.60
15 Resch, Lauren	11	AMHS	1:17.07	2
			37.14	39.93
16 Covarrubias, Casey	10	PRES	1:17.11	1

Event 38 Boys 100 Yard Backstroke Frosh-Soph

WCAL Record: 53.55 * 2004 Scott Jackson-Bells

Name	Yr	School	Finals Time	
Championship Final				
1 Garcia, Ryan	9	BCP	55.19	20
			27.01	28.18
2 Vu, Matt	10	BCP	1:00.41	17
			29.79	30.62
3 Zappel, Jase	10	BCP	1:01.38	16
			30.26	31.12
4 Madigan, Fred	10	SI	1:02.80	15
			30.01	32.79
5 Slugocki, Andy	9	AMHS	1:03.32	14
			30.89	32.43
6 McMillan, Ernie	9	SF	1:03.81	13
			30.76	33.05
7 Samuels, Elliott	9	SHP	1:03.82	12
			31.42	32.40
8 Dawkin, Kevin	9	SF	1:04.61	11
			31.53	33.08

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Consolation Final ... (Event 38 Boys 100 Yard Backstroke Fros
Name Yr School Finals Time

Consolation Final				
Name	Yr	School	Finals Time	
9 Jackson, Steven	9	BCP	1:03.83	9
30.20	33.63			
10 Hofstetter, Doug	9	AMHS	1:04.33	7
30.86	33.47			
11 Kutzscher, Michael	9	SI	1:05.33	6
32.03	33.30			
12 McEnery, Ryan	10	SERRA	1:06.18	5
32.71	33.47			
13 Bausback, Michael	9	SHP	1:07.00	4
32.39	34.61			
14 Stanley, John	10	SI	1:07.69	3
32.97	34.72			
15 Higginson, Sean	9	AMHS	1:09.84	2
32.75	37.09			
16 Johnson, Alexander	10	SI	1:12.49	1
35.96	36.53			

Event 39 Girls 100 Yard Backstroke Varsity
WCAL Record: 57.66 * 2004 Michelle Liu-Mitty
Name Yr School Finals Time

Championship Final				
Name	Yr	School	Finals Time	
1 Liu, Michelle	11	AMHS	57.48*	20
28.08	29.40			
2 Dimagmaliw, Ruthie	9	SI	1:01.90	17
30.43	31.47			
3 Yim, Tiffany	10	SHP	1:01.98	16
30.52	31.46			
4 Mar, Lauren	12	SHCP	1:02.22	15
30.36	31.86			
5 Peirona, Tessa	9	SI	1:03.16	14
30.98	32.18			
6 Yoshida, Kaylee	10	VC	1:03.33	13
30.65	32.68			
7 Still, Julia	9	PRES	1:03.65	12
31.72	31.93			
8 Canonica, Kandis	10	SI	1:03.86	11
31.41	32.45			

Consolation Final				
Name	Yr	School	Finals Time	
9 Syres, Amy	12	VC	1:04.59	9
31.04	33.55			
10 Gong, Sheryl	12	SI	1:04.90	7
31.44	33.46			
11 Garcia, Jessica	11	AMHS	1:06.57	6
32.19	34.38			
12 Law, Nicole	11	SHCP	1:06.95	5
32.90	34.05			
13 Bone, Jennifer	9	SF	1:07.09	4
33.34	33.75			
14 Smith, Helen	12	PRES	1:08.11	3
33.42	34.69			
15 Gause, Kelley	10	PRES	1:08.32	2
33.06	35.26			
16 O'Connor, Karen	12	AMHS	1:11.13	1
34.98	36.15			

Event 40 Boys 100 Yard Backstroke Varsity
WCAL Record: 51.72 * 2004 Tim Watts-Bells
Name Yr School Finals Time

Championship Final				
Name	Yr	School	Finals Time	
1 Watts, Tim	12	BCP	51.45*	20
25.41	26.04			
2 Jackson, Scott	11	BCP	51.61*	17
25.51	26.10			
3 Parizi, Kevin	9	VC	54.84	16
26.88	27.96			
4 McCoid, Scott	12	BCP	55.29	15
27.04	28.25			
5 Wong, Stephen	12	SERRA	56.69	14
27.24	29.45			
6 Ostler, Jack	9	SI	58.50	13
28.30	30.20			
7 Chhokar, Aaron	10	SERRA	58.79	12
28.62	30.17			
8 Bugaski, Alex	11	AMHS	59.40	11
28.57	30.83			

Consolation Final				
Name	Yr	School	Finals Time	
9 Theisner, Matthew	12	VC	58.32	9
28.94	29.38			
10 Snell, Jason	11	SI	59.12	7
28.91	30.21			
11 Bausback, Ian	12	SHP	59.18	6
28.56	30.62			
12 Chee, Alan	12	SI	1:01.17	5
29.05	32.12			
13 Doyle, Kevin	12	VC	1:01.29	4
30.04	31.25			
14 Hvidt, Scott	11	SF	1:01.47	3
29.92	31.55			
15 Stibbe, Jason	12	BCP	1:01.48	2
29.55	31.93			
16 Wengert, Dylan	11	SHP	1:01.96	1
29.59	32.37			

Event 41 Girls 100 Yard Breaststroke Junior Varsity
WCAL Record: 1:14.53 * 2003 Vickie Whitehill-Mitty
Name Yr School Finals Time

Championship Final				
Name	Yr	School	Finals Time	
1 Simonds, Kristen	9	AMHS	1:17.89	20
36.67	41.22			
2 Hannon, Leah	11	SI	1:17.96	17
36.97	40.99			
3 Riess, Tori	11	AMHS	1:18.51	16
37.52	40.99			
4 Ho, Jessica	9	SF	1:18.64	15
37.07	41.57			
5 Landefeld, Clare	9	SI	1:19.37	14
37.30	42.07			
6 Comey, Barbara	11	PRES	1:19.43	13
37.61	41.82			
7 Garner, Mary Catherine	10	SF	1:19.51	12
38.53	40.98			
8 Porter, Vicki	10	SHCP	1:21.44	11
38.32	43.12			

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Consolation Final ... (Event 41 Girls 100 Yard Breaststroke Ju
Name Yr School Finals Time

Consolation Final				
Name	Yr	School	Finals Time	
9 Dennis, Madison	9	VC	1:18.12	9
36.67	41.45			
10 Curtis, Ashley	10	AMHS	1:21.07	7
38.38	42.69			
11 Tran, Jenny	11	PRES	1:21.19	6
38.69	42.50			
12 Weller, Emily	9	PRES	1:21.33	5
38.74	42.59			
13 Neagle, Mia	9	SI	1:21.65	4
37.95	43.70			
14 Child, Laura	9	SHP	1:22.18	3
39.15	43.03			
15 Richardson, Edie	9	SF	1:22.42	2
39.27	43.15			
16 Ruan, Alexandra	9	SF	1:23.44	1
39.99	43.45			

Event 42 Boys 100 Yard Breaststroke Frosh-Soph
WCAL Record: 1:01.12 * 2003 Nick Buonfiglio-Bells

Name Yr School Finals Time

Championship Final				
Name	Yr	School	Finals Time	
1 Chan, Chris	10	BCP	1:03.28	20
29.94	33.34			
2 Sonu, James	9	BCP	1:03.97	17
30.84	33.13			
3 Gustavson, Tommy	10	AMHS	1:05.30	16
30.94	34.36			
4 Soghoyan, Greg	10	AMHS	1:07.41	15
31.09	36.32			
5 Rule, Adam	10	BCP	1:07.59	14
32.12	35.47			
6 Healey, Zach	9	SF	1:08.00	13
32.67	35.33			
7 Strawbridge, Andrew	10	BCP	1:08.77	12
32.91	35.86			
8 Pollano, Michael	10	SF	1:11.28	11
33.00	38.28			

Consolation Final

9 O'Dea, Ryan	10	SI	1:10.58	9
32.88	37.70			
10 Mullin, Tyler	10	SF	1:11.23	7
33.06	38.17			
11 Meadows, Jeff	9	SF	1:12.44	6
34.68	37.76			
12 Marymee, Tim	9	SERRA	1:12.78	5
34.04	38.74			
13 Able, Brian	10	VC	1:13.48	4
33.97	39.51			
14 Bernosky, Devin	9	AMHS	1:14.66	3
34.85	39.81			
15 Runkel, Rob	9	SHP	1:15.67	2
35.32	40.35			
16 Kim, Evan	9	SI	1:17.81	1
36.33	41.48			

Event 43 Girls 100 Yard Breaststroke Varsity
WCAL Record: 1:03.21 * 2004 Erica Liu-Mitty

Name Yr School Finals Time

Championship Final				
Name	Yr	School	Finals Time	
1 Isaacs, Dory	10	AMHS	1:08.09	20
32.17	35.92			
2 Maurano, Megan	10	SHP	1:08.58	17
33.28	35.30			
3 Gong, Jennifer	11	PRES	1:09.19	16
32.81	36.38			
4 Okuda, Kayci	9	VC	1:12.32	15
34.51	37.81			
5 Tachibana, Misao	12	SI	1:12.42	14
34.39	38.03			
6 Sheppard, JC	11	SI	1:12.97	13
34.83	38.14			
7 Okuda, Kelsi	11	VC	1:13.45	12
34.54	38.91			
8 Smith, Danielle	9	AMHS	1:14.89	11
35.46	39.43			

Consolation Final

9 Miller, Melissa	10	PRES	1:14.44	8
35.03	39.41			
9 Padilla, Lauren	9	SI	1:14.44	8
35.34	39.10			
11 Mort, Allison	10	AMHS	1:14.61	6
35.44	39.17			
12 Bergis, Christina	9	PRES	1:14.70	5
35.96	38.74			
13 Peters, Jenni	11	PRES	1:14.81	4
35.22	39.59			
14 Schwab, Natalie	12	SI	1:15.20	3
35.43	39.77			
15 Holden, Marissa	9	SHCP	1:15.96	2
36.31	39.65			
16 Ericksen, Kristina	11	AMHS	1:16.92	1
36.29	40.63			

Event 44 Boys 100 Yard Breaststroke Varsity
WCAL Record: 58.78 * 1997 Rob Canales - Bells

Name Yr School Finals Time

Championship Final				
Name	Yr	School	Finals Time	
1 Flores-Maxfield, Kameror	10	SHP	59.98	20
28.17	31.81			
2 Gartner, Mike	12	BCP	1:00.33	17
28.45	31.88			
3 Wigley, Douglas	12	SHP	1:03.33	16
29.84	33.49			
4 Apolinario, Kevin	9	SI	1:04.03	15
30.36	33.67			
5 Griffin, Robert	11	SERRA	1:04.25	14
29.20	35.05			
6 Barsan, Vali	11	BCP	1:04.46	13
30.19	34.27			
7 Yee, Mike	12	SI	1:04.75	12
30.74	34.01			
8 Hussey, Ryan	11	AMHS	1:05.86	11
30.82	35.04			

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Consolation Final ... (Event 44 Boys 100 Yard Breaststroke Va				
Name	Yr	School	Finals Time	
Consolation Final				
9 Gericke, Kevin	11	BCP	1:06.02	9
31.12	34.90			
10 Montalvo, Bobby	11	SF	1:06.56	7
30.94	35.62			
11 Ingram, Tyler	11	SF	1:07.94	6
31.67	36.27			
12 Hughes, Chase	12	VC	1:09.07	5
32.57	36.50			
13 Wendell, David	11	BCP	1:09.28	4
32.34	36.94			
14 Cooper, Chris	12	VC	1:09.54	3
31.90	37.64			
15 Lee, Nico	10	SI	1:10.15	2
32.30	37.85			
16 Ngai, Nathan	12	RIOR	1:12.31	1
32.74	39.57			

Event 45 Girls 400 Yard Freestyle Relay Junior Varsity
WCAL Record: 3:57.95 * 2004 Archbishop Mitty High School
J Garcia, K Ericksen, J Gowin, J Hyrne

Team	Relay	Finals Time	
1 SI	A	3:56.41*	40
1) Roddy, Loretta 11	2) Herrerias, Michelle 10		
3) Lohrey, Sasza 9	4) Dayao, Raquel 11	28.28 58.71	28.21 1:00.11
27.77 57.81	27.84 59.78		
2 AMHS	A	4:07.47	34
1) Pedersen, Megan 9	2) Silveria, Marilee 10		
3) Riess, Tori 11	4) Ericksen, Kelsea 9	29.79 1:02.14	29.84 1:03.71
28.07 59.77	29.68 1:01.85		
3 PRES	A	4:07.99	32
1) Malkovich, Kristen 11	2) Fisher, Kelsey 10		
3) Lorion, Marisa 10	4) Ramirez, Melisa 10	29.11 1:01.55	29.91 1:03.88
15.54 1:02.73	28.41 59.83		
4 SHP	A	4:11.17	30
1) Bohannon, Sarah 9	2) Vogt, Adriana 10		
3) Henderson, Hannah 9	4) Tarantino, Diana 11	29.70 1:02.31	29.49 1:02.41
30.48 1:03.85	29.56 1:02.60		
5 SF	A	4:14.20	28
1) Mansfield, Roxanne 9	2) Proceviat, Laina 9		
3) Caine, Lindsey 9	4) Smith, Kim 9	31.13 1:03.90	30.02 1:04.11
30.84 1:04.52	29.82 1:01.67		
6 NDB	A	4:27.87	26
1) Idiart, Martine 10	2) Slotnick, Jenny 10		
3) Thayer, Brittany 10	4) Hermansen, Wendy 9	31.92 1:07.58	18.17 1:09.29
31.28 1:05.45	30.49 1:05.55		
7 VC	A	4:35.20	24
1) Dennis, Madison 9	2) Fenwick, Emily 9		
3) Sun, Jiapei 10	4) Tencati, Megan 10	31.87 1:07.33	33.38 1:09.47
32.68 1:10.67	30.48 1:07.73		

8 SHCP	A	4:36.43	22
1) Adams, Taylor 9	2) Merino, Gabby 10		
3) Lee, Annabelle 11	4) Mah, Kimberly 10	32.83 1:10.39	32.40 1:10.06
32.66 1:09.03	32.00 1:06.95		
--- SHP	B	X4:15.81	
30.69 1:03.10	30.87 1:04.43		
30.86 1:05.22	30.03 1:03.06		
--- PRES	B	X4:17.35	
31.23 1:05.33	31.22 1:05.67		
29.54 1:03.35	29.81 1:03.00		
--- SF	B	X4:31.89	
32.08 1:05.25	33.27 1:08.92		
33.96 1:10.56	32.13 1:07.16		
--- VC	B	X4:51.46	
32.86 1:08.99	36.89 1:19.16		
32.58 1:12.17	15.59 1:11.14		
--- NDB	B	X5:10.07	
1) Gluck, Abby 10	2) Wood, Jennifer 9		
3) Razzak, Zaireen 10	4) Scheierling, Suzie 9	36.01 1:17.94	36.49 1:18.48
35.29 1:18.13	35.33 1:15.52		
--- SHCP	B	X5:14.73	
35.31 1:20.25	35.42 1:26.58		
30.86 1:09.97	35.11 1:17.93		

Event 46 Boys 400 Yard Freestyle Relay Frosh-Soph
WCAL Record: 3:19.18 * 2004 Bellarmine College Prep.
J MacDonell, T Smith, K Schmidt, N Buonfiglio

Team	Relay	Finals Time	
1 BCP	A	3:20.23	40
1) McCoid, Bryan 10	2) Talbott, Patrick 9		
3) Pollard, Spencer 10	4) Garcia, Ryan 9	23.51 49.32	24.27 51.08
23.64 49.30	24.02 50.53		
2 SI	A	3:37.29	34
1) Leese, Hunter 10	2) Nicholas, Denzel 9		
3) Kolenda, David 10	4) Madigan, Fred 10	26.11 53.73	26.86 55.98
25.99 54.78	25.97 52.80		
3 AMHS	A	3:38.09	32
1) Raisch, Mitchell 10	2) Slugocki, Andy 9		
3) Gustaveson, Tommy 10	4) Soghoyan, Greg 10	25.96 53.76	26.83 55.71
25.60 55.23	25.17 53.39		
4 SF	A	3:39.79	30
1) Brochier, Tim 9	2) Bickham, Travis 10		
3) Guslani, Ryan 9	4) Kuo, David 9	26.87 56.35	26.08 55.58
26.65 56.25	24.41 51.61		
5 SERRA	A	3:51.72	28
1) Magat, Charles 10	2) Zakula, Nick 10		
3) McEnery, Ryan 10	4) Greco, Travis 9	25.51 54.46	27.06 57.51
28.10 58.51	28.09 1:01.24		

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(Event 46 Boys 400 Yard Freestyle Relay Frosh-Soph)

Team	Relay	Finals Time	
6 SHP	A	3:52.20	26
1) Krautkramer, Tristan 10	2) Hosking, Doug 10		
3) Parsons, Matt 9	4) Samuels, Elliott 9		
27.53 57.71	27.91 57.54		
27.37 58.96	27.52 57.99		
7 VC	A	4:10.94	24
1) Grizzle, Jonathan 9	2) Picone, Brandon 9		
3) Opray, Jonathan 9	4) Lenihan, Aidan 9		
29.90 1:02.83	29.10 1:03.55		
28.29 1:01.61	29.96 1:02.95		
8 RIOR	A	4:55.79	22
1) Handley, Spencer 9	2) Franks, Jimmy 9		
3) Javier, Marvin 9	4) Ngo, Martin 10		
31.89 1:09.19	30.29 1:07.55		
36.61 1:21.60	16.64 1:17.45		
--- BCP	B	X3:30.48	
1) Partin, Chris 10	2) Zappel, Jase 10		
3) Vu, Matt 10	4) Chan, Chris 10		
25.52 53.49	25.49 53.44		
24.69 51.78	24.84 51.77		
--- SF	B	X3:50.58	
27.97 58.52	27.12 57.19		
27.84 57.87	26.93 57.00		
--- AMHS	B	X4:02.35	
27.99 59.57	27.09 58.01		
29.31 1:04.66	27.56 1:00.11		
--- SI	B	X4:06.83	
30.78 1:03.35	31.15 1:05.34		
28.19 1:00.32	15.62 57.82		
--- VC	B	X4:11.14	
30.03 1:02.82	30.48 1:03.00		
31.15 1:05.09	28.50 1:00.23		
--- RIOR	B	XDQ	
34.36 1:16.89	38.66 1:26.31		
36.38 1:21.30	15.60 1:24.91		
--- SHP	B	XDQ	
30.52 1:05.06	29.09 1:00.75		
29.74 1:02.70	15.28 1:03.17		

Event 47 Girls 400 Yard Freestyle Relay Varsity

WCAL Record: 3:32.29 * 2004 Archbishop Mitty High School
E Liu, M Liu, D Isaacs, S Simonds

Team	Relay	Finals Time	
1 AMHS	A	3:37.54	40
1) Simonds, Shannon 12	2) Liu, Michelle 11		
3) Garcia, Erin 11	4) Isaacs, Dory 10		
26.50 54.73	25.44 52.48		
26.62 55.88	26.33 54.45		
2 PRES	A	3:38.59	34
1) Gong, Danielle 9	2) Still, Julia 9		
3) Gong, Jennifer 11	4) Clarke, Emily 10		
27.01 55.44	27.22 56.43		
25.37 52.98	16.82 53.74		

3 VC	A	3:40.30	32
1) Coetsee, Ciki 9	2) Power, Kyla 11		
3) Cutler, Lauren 9	4) Shilling, Christina 11		
26.48 54.37	26.41 55.72		
27.12 56.44	25.20 53.77		
4 SI	A	3:43.00	30
1) Ryan, Mallory 9	2) Lollini, Francesca 12		
3) Dellaria, Lyndsie 9	4) Campbell, MacKenzie 10		
26.93 55.97	25.88 55.32		
26.37 57.01	26.06 54.70		
5 SF	A	3:50.10	28
1) Gunderson, Jenna 10	2) Gamlen, Victoria 9		
3) Billiet, Jen 10	4) Tansuwan, Melanie 11		
28.12 58.33	26.59 56.11		
18.15 58.76	27.48 56.90		
6 SHP	A	3:51.20	26
1) Culpan, Kim 10	2) Stephens, Hannah 9		
3) Mordell, Melissa 10	4) Yim, Tiffany 10		
28.13 57.61	28.07 59.97		
25.61 57.08	15.64 56.54		
7 SHCP	A	4:04.82	24
1) Law, Nicole 11	2) Holden, Marissa 9		
3) Mar, Lauren 12	4) Fong, Natalie 9		
29.80 1:00.89	18.18 1:04.62		
29.30 1:01.06	16.04 58.25		
8 NDB	A	4:34.95	22
1) Lawson, Shannon 12	2) Stalder, Julia 12		
3) Hoag, Stephanie 10	4) Nielson, Megan 10		
32.73 1:08.21	32.85 1:09.58		
33.22 1:11.39	30.69 1:05.77		
--- VC	B	X3:56.21	
28.37 59.04	28.30 59.04		
28.60 59.97	27.83 58.16		
--- PRES	B	X3:58.53	
28.51 57.82	27.37 57.34		
28.91 1:01.24	29.08 1:02.13		
--- SHP	B	X4:00.06	
28.98 59.36	28.73 1:00.10		
28.78 59.64	29.81 1:00.96		
--- SF	B	X4:01.34	
28.58 58.49	29.36 1:00.73		
29.40 1:01.28	29.49 1:00.84		
--- NDB	B	X4:52.37	
1:17.50 1:50.46	38.33		
19.45 1:12.81	33.12 1:10.77		

Event 48 Boys 400 Yard Freestyle Relay Varsity

WCAL Record: 3:12.10 * 1974 Serra

Team	Relay	Finals Time	
1 BCP	A	3:11.53*	40
1) Buonfiglio, Nick 11	2) Watts, Tim 12		
3) MacDonell, Andrew 12	4) Weltz, Scott 12		
23.97 48.25	22.69 47.30		
23.55 48.82	22.67 47.16		

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(Event 48 Boys 400 Yard Freestyle Relay Varsity)				
Team	Relay		Finals Time	
2 SHP	A		3:20.36	34
1) Flores-Maxfield, Kameron 1	2) Navarro, Alex 9			
3) Ang, Randy 11	4) Browne, Campbell 11			
24.14 50.78	24.81 49.65			
23.27 49.91	23.53 50.02			
3 SI	A		3:21.48	32
1) Hendler, Steven 12	2) Ostler, Jack 9			
3) Albinder, Boris 12	4) Cawley, Ryan 11			
23.75 50.68	23.79 50.92			
24.10 51.15	22.90 48.73			
4 SERRA	A		3:25.14	30
1) Poggetti, Nick 10	2) Hermansen, David 11			
3) Yarranton, Chis 9	4) Afjei, Aria 10			
23.87 49.80	24.47 51.86			
24.31 52.02	23.96 51.46			
5 AMHS	A		3:26.77	28
1) McKernan, Kent 12	2) DelRio, Joe 9			
3) Bugaski, Alex 11	4) Brown, Evan 11			
24.69 50.56	24.66 52.75			
24.98 52.91	23.85 50.55			
6 VC	A		3:27.48	26
1) Grizzle, Mike 12	2) Young, Jacob 12			
3) Smith, Matt 10	4) Parizi, Kevin 9			
24.77 51.74	16.09 52.09			
25.42 53.54	24.36 50.11			
7 SF	A		3:28.61	24
1) Vo, Cory 11	2) Benedetti, Brian 11			
3) Hvidt, Scott 11	4) Montalvo, Bobby 11			
25.45 53.68	24.62 52.54			
24.20 50.88	24.99 51.51			
8 RIOR	A		4:31.70	22
1) Martin, Andrew 11	2) Pham, Phillip 12			
3) Robleto, Lorenzo 11	4) Fong, Michael 11			
30.92 1:09.87	30.13 1:06.44			
28.61 1:02.78	33.76 1:12.61			
--- BCP	B		X3:23.42	
1) Mix, Zach 11	2) Smith, Taylor 10			
3) Kubalski, Artur 12	4) Lynch, Eric 12			
24.11 49.98	23.49 49.05			
24.31 50.55	25.69 53.84			
--- AMHS	B		X3:35.79	
25.45 54.08	26.25 55.87			
24.80 53.20	25.11 52.64			
--- SHP	B		X3:42.88	
23.64 58.13	24.28 51.23			
15.32 55.65	27.83 57.87			
--- SF	B		X3:43.67	
26.29 54.70	25.42 54.07			
27.25 56.26	28.33 58.64			
--- SI	B		X3:47.94	
25.20 55.01	27.08 57.57			
28.44 1:02.29	24.59 53.07			
--- SERRA	B		X3:57.70	
1) Moore, Devin 12	2) Harms, Aaron 12			
3) Li, Leo 11	4) Solis, Chris 12			
26.86 55.78	28.75 1:01.33			
26.23 57.10	28.71 1:03.49			

--- RIOR	B	X5:27.97
36.58 1:19.58	35.49 1:15.04	
39.79 1:33.67	35.69 1:19.68	

Women - Varsity - Team Rankings - Through Event 48

1. St. Ignatius College Prep.	430
2. Valley Christian High School	386
3. Archbishop Mitty High School	359
4. Presentation High School	310
5. St. Francis High School	224
6. Sacred Heart Prep.	199
7. Sacred Heart Cathedral Prep.	87
8. Notre Dame High School	71

Men - Varsity - Team Rankings - Through Event 48

1. Bellarmine College Prep High	610
2. Valley Christian High School	271
3. St. Ignatius College Prep.	263
4. Sacred Heart Prep.	244
5. Junipero Serra High school	218
6. St. Francis High School	185
7. Archbishop Mitty High School	136
8. Archbishop Riordan High School	81

Women - Junior Varsity - Team Rankings - Through Event 48

1. St. Ignatius College Prep.	572
2. St. Francis High School	354
3. Archbishop Mitty High School	319
4. Presentation High School	286
5. Sacred Heart Prep.	272
6. Valley Christian High School	125
7. Notre Dame High School	80
8. Sacred Heart Cathedral Prep.	77

Men - Frosh-Soph - Team Rankings - Through Event 48

1. Bellarmine College Prep High	638
2. St. Francis High School	409.5
3. St. Ignatius College Prep.	252.5
4. Archbishop Mitty High School	249
5. Sacred Heart Prep.	167
6. Junipero Serra High school	133
7. Valley Christian High School	86
8. Archbishop Riordan High School	44