

SAINT IGNATIUS ATHLETICS

Saint Ignatius College Preparatory ★ 2001 37th Avenue ★ San Francisco, California 94116 ★ Phone (415) 731-7500 ★ Fax (415) 661-0150

2005 CROSS COUNTRY SCHEDULE

BOYS' & GIRLS'

Boys' Levels: Varsity, Junior Varsity, Sophomore, & Freshman

Girls' Levels: Varsity, Junior Varsity, & Freshman

<i>Date</i>	<i>Day</i>	<i>Opponent</i>	<i>Place</i>	<i>Time</i>
August 27	Saturday	TIME TRIAL	Lindley Meadow, G.G.P.	9:00 A.M.
September 3	Saturday	GRADY INVITATIONAL RELAYS	Lindley Meadow, G.G.P.	9:00 A.M.
September 10	Saturday	EARLY BIRD INVITATIONAL	North Monterey, Castroville	9:00 A.M.
September 17	Saturday	LOWELL INVITATIONAL	Lindley Meadow, G.G.P.	8:00 A.M.
September 24	Saturday	STANFORD INVITATIONAL (Varsity)	Stanford	12:00 Noon
		WESTMOOR INVITATIONAL	Westmoor	9:00 A.M.
October 5	Wednesday	W.C.A.L. LEAGUE MEET #1	Polo Field, Golden Gate Park	2:00 P.M.
October 8	Saturday	CLOVIS INVITATIONAL (Varsity)	Woodward Park, Fresno	T.B.A.
		CRYSTAL SPRINGS INVITATIONAL	Crystal Springs	9:00 A.M.
October 19	Wednesday	W.C.A.L. LEAGUE MEET #2	Shoreline Park	2:00 P.M.
October 27	Thursday	CENTER MEET #3	Crystal Springs	3:30 P.M.
November 2	Wednesday	W.C.A.L. LEAGUE MEET #3	Crystal Springs, Belmont	2:00 P.M.
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November 12	Saturday	C.C.S. CHAMPIONSHIP	Crystal Springs, Belmont	1:15 PM - Boys 1:45 PM - Girls
November 26	Saturday	C.I.F. STATE CHAMPIONSHIP	Woodward, Fresno	T.B.A.

West Catholic Athletic League Meets are in bold face.

CHAD EVANS, Head Boys' Coach
 AL BERRIN, Head Distance Coach
 DAN LANG, Assistant Boys' Coach
 ELIZABETH REGALIA, Head Girls' Coach
 TRICIA KENNEDY, Assistant Girls' Coach
 ANNE STRICHERZ, Assistant Girls' Coach
 ROBERT VERGARA, Director of Athletics
 JOHN MULKERRINS, Associate Athletic Director
 CHARLIE DULLEA, Principal